## **MID LOES BENEFICE**

#### Ashfield-cum-Thorpe, Charsfield with Debach Cretingham, Dallinghoo, Earl Soham, Hoo, Letheringham and Monewden

April 2018

(Arom the Rector

Dear friends

In the news recently we seem to have had quite a spate of deaths of well-known people from very different aspects of public life: Bruce Forsyth, Ken Dodd and Jim Bowen from the world of popular entertainment; Stephen Hawking a renowned scientist; and Brenda Dean, the first woman to lead a major trade union. Each of course leaves behind a bereaved family, but also each leaves a legacy. For those entertainers, they remind everyone of a certain age of the heyday of a particular kind of TV light entertainment. Most of us sense that Stephen Hawking achieved much in the field of cosmology even though the precise details of his 'black hole' discoveries may elude us, and some may even have bought his book, *A Brief History of Time* - an unusual bestseller; some may even have read it! Brenda Dean symbolises some of the huge strides that have been made in undoing gender stereotypes - though others may feel there is still a way to go.

The word 'icon' is much overused and misused these days, often in association with some particular celebrity of the day, and I sometimes feel that Microsoft should pay royalties to the Greek and Russian Orthodox Churches for pinching their idea. An icon is supposed to be a picture through which we glimpse a better world. Whether or not any of the above achieve that feat is a matter for debate. Perhaps the icons we have seen or the people we have met who have helped us to gain that insight will never achieve fame or fortune, but we should thank God for them. Could you or I be one of them?

Best wishes Stephen

#### EASTER AND ROGATION

By the time you read this we will be well into the season of Easter and the Gospel readings in church each Sunday will feature Jesus's resurrection appearances. Towards the end of the season, however, we arrive at Rogation: a significant festival in this rural benefice. Once again we will be gathering for a service outside in the glorious sunshine - this time at **Charsfield for a Benefice Holy Communion Service at 11am on Sunday 6th May**. Don't forget to bring the sun-hat, lotion and sunglasses - and a plate of food to share. SB

#### **BIBLE STUDY**

Our regular monthly bible studies start up again on **Tuesday 17th April, 7:30pm at Monewden Village Hall**. All are welcome.

#### CELEBRATION PARTY

This is probably the last call for our Benefice Party to celebrate 10 years of the Mid Loes. We have booked **Brandeston Hall** (the school), a buffet supper and bar, and the folk group *Shipshape and Bristol Fashion*. It takes place on **Sunday 7th April at 7pm**, and tickets are available from the churchwardens at all the benefice churches. It should be a very relaxed and enjoyable evening.



#### SING FOR YOUR SUPPER

You are invited to sing for your supper on Friday 20th April at 7pm in Monewden Village Hall.

We will be singing popular hymns, discov-

ering who they were written by and some of the history behind them.

Followed by a hot supper. Please bring your own drinks if you wish. Tea or coffee will be served.

Please contact Kathleen on 737285 if you wish to come or would like more details.

This is not a fundraising event, all we want is your company.

#### **Mid-Loes Benefice Holiday Club**

We are again making plans to hold our Holiday Club at Charsfield School for three mornings in August 13<sup>th</sup> 14<sup>th</sup> and 15<sup>th</sup>. If you are planning your holidays we hope that you will be able to join with us for those three days and have lots of fun with craft, sport and cooking and learning together. All Primary School children are welcome.



The open baptism policy worked, up to a point...

#### EARL SOHAM NOTES

Rota fo	Rota for the Altar and Roll of Honour Flowers and Brasses-St. Mary's					
APRIL	APRIL Mrs Crimp					
MAY	MAY Mrs Cotton Mrs Stoter					
	Any problems phone Lyn—685278					



Telephone: 01728 685519 or e-mail: pamrogsykes@aol.com

#### Cure

A Sunday School teacher asked her pupils 'Does anyone know any of the miracles that Jesus performed?' One youngster put his hand up and said 'Yes, He cured people who had leopards.'

Parish Pump

# EARL SOHAM VILLAGE HALL AGM

# SATURDAY 7<sup>TH</sup> APRIL AT 5.00 PM IN THE VIL-LAGE HALL

# TO BE FOLLOWED BY THE SHOWING OF 'LION' AT 6.30 PM



FIVE YEAR OLD SAROO GETS LOST ON A TRAIN, EVENTUALLY FINDING HIMSELF IN KOLKATA. HE FINISHES UP IN AN ORPHANAGE BEFORE BEING ADOPTED BY AN AUSTRALIAN COUPLE. YEARS LATER HE SETS OUT TO TRACE HIS LOST FAMILY.



#### Occold, Laxfield ...and every other village in between. info@highsuffolkrotary.org

Debenham, Eve, Stradbroke,

# **News from High Suffolk Rotary**

See Facebook for pictures and more!



A thank-you from Mid-Suffolk Holiday Opportunity Play Scheme. It's always great to see how what we do makes a difference...we have received a nice letter and photo from HOPS, thanking us for the donation we made out of the Christmas Collection funds

Club "scatter" to Stowmarket Rotary <u>Club</u> – Meeting other Rotarians by visiting their clubs is a Rotary tradition. This month, members of the club visited Rotary Club of Stowmarket Gipping Valley and the Rotary Club of Southwold.



#### Our "Rotary International Club" On the 18th-20th May 2018, the Rotary Club of High Suffolk will be playing host to over 80 guests from

Suffolk will be playing host to over 80 guests from France, Germany, the Netherlands, Belgium and Poland.

Rotary is an international organisation - over 1,200,000 members in more than 33,000 clubs in

200 countries, sharing one simple idea – the power of friendship making the world a better place. In 2004, the Rotary Club of High Suffolk, together with clubs from across Europe, agreed to form an association simply called the "Rotary International Club". Since then, we have held an annual get-together, taking it in turn to act as hosts for a weekend where we renew friendships and share achievements and ideas.



As part of RIC, each club also contributes to a fund, used by the host club for a project of their choosing. We have decided to partner with the **Rotary Club of Woodbridge Deben** in a project to provide modern equipment to the paediatric departments of the three hospitals in the Piatra <u>Neamt</u> area of Romania.

SIMPLY SUFFOLK

The theme we have chosen for this year's RIC event is "Simply Suffolk",

together has been a lot of work; to all the local organisations and companies who have helped, a big thank you from the Rotary Club of High Suffolk!





DR DAN POULTER MP Member of Parliament for Central Suffolk and North Ipswich

Most of us will remember those rare school days, when heavy snow meant the school was closed. The joy at having a day off stays in the mind: this time on our hands to play in the snow with our friends, have snowball fights, build a snowman, and arrive home freezing cold. We remember it because it was great fun. As we grow up, perspectives change, and we see things differently: the inconvenience; the treacherous conditions; the accidents – on the roads, pavements and elsewhere; the risks of cold to vulnerable people; the dangers of being cut off. It becomes a cause for frustration, or concern.

The recent, heavy snowfall brought all those issues and emotions to the fore . The newspaper pictures alternated between children sledging in the park and cars stuck on snow-covered roads.

What doesn't get the attention is the silent, less photogenic story, of elderly, or vulnerable, people, stuck in their homes. Often they are struggling with the cold, sometimes they are cut off from visitors, or from the shops – stepping out on to icy pavements can be a terrifying prospect. In other cases, they may be reliant on a carer who can't get through.

We all have neighbours, and many will know frail, elderly or vulnerable people, either in our family or living nearby. Even as the snow has now thawed, the value of paying them a visit, or giving them a call, remains beyond calculation. It may save a life. And even if it is not that serious, it could make their day.

Meanwhile, many of us who were able to get out and about were thwarted, with trains cancelled and roads blocked. Not making it in to the office can be frustrating, but for our emergency services, it can have serious consequences. While parts of the country shivered under snow, our emergency services continued working 24/7, responding to calls, reaching people in trouble, and, generally,

doing the same exemplary, committed job they do every day.

Getting someone safely to hospital in good time, or reaching those involved in an accident, can be literally a life-and-death issue. We are so fortunate in this country to have such wonderful, committed people working across our emergency services: not letting bad weather stop them from serving the public and saving lives. We owe them a great deal.

#### CHARSFIELD WITH DEBACH NOTES

**Church Rotas** 

Date	Readers	Sides person
April 1 <sup>st</sup> 10am Holy Communion	Roger Margaret	Margaret
April 15 <sup>th</sup> 6.30pm Evening Prayer	Antony Ros	Ros
April 22 <sup>nd</sup> 10am Holy Communion	Michael Pam	Pam
April 29 <sup>th</sup> 10am Morning Prayer	Pauline Sheila	Sheila
May 6 <sup>th</sup> 11am Benefice Holy Communion	n Benefice Holy Communion (Rogation) All Welcome	

#### **Cleaning Rota for April**

Apr 8tl	15	th 2	2nd	29th	May 6th
No	Sar	ah	Ros	Angela	No
Cleanin	g	l	Lucy	Joyce	Cleaning

#### Flower Rota for April

April 14th & 21st	28th & May 5th	
Margaret Salter	Sheila Green	

#### MAGAZINE DONATIONS

Many thanks for the magazine donations received. They are very welcome and help towards the cost of providing the magazines to all households in the parish. Grateful thanks also to the band of helpers who deliver the magazine.

## St Peter's Church, Charsfield - Dates for your Diary

#### Friday 11th May

1000-1200 The ever-popular **Coffee Morning** at Hill Farm. Everyone welcome.

If you have plants, books, bric a brac, raffle prizes or cakes, we would love to have them for our stalls.

Contact Margaret Salter on 01473 737182. We will gladly collect items.

#### Saturday 26th May

Great prizes to be won at St Peter's Big Raffle at Charfest

#### Plus

Watch this space for details of St Peter's **Harvest** Supper in the Village Hall

#### NEWS FROM CHARSFIELD RECREATION GROUND

BARK B Q - SAVE THE DATE:  $21^{ST}$  AND  $22^{ND}$  APRIL from 10am onwards - We need you!

The bark in the children's play area has deteriorated so badly that it needs replacing. We have decided upgrade it with rubber bark chippings which have a much longer life.

So 21<sup>st</sup> and 22<sup>nd</sup> April is BARK B Q WEEKEND – to save money we need a whole army of helpers to help lay the new membrane and then wheel barrow the new bark into place. As a reward at the end of proceedings on Sunday 22<sup>nd</sup> April there will be free hot dogs and hamburgers to say thank you and celebrate the completion of the project.

Please come along and make this a whole village event – no particular skills needed but bring a wheel barrow and rake if you have one. Even if you can only spare an hour we will be very grateful for your help.

#### NEWS FROM CHARSFIELD RECREATION GROUND (cont)

CHARFEST 2018 26th May 2pm 'til LATE

Preparations for Charsfest 2018 are well under way. Are you are interested in a stall or display, either for yourself or your organisation? No pitch fees – we just ask for a 10% donation of any PROF-IT (not takings). Average footfall is 200. Bring your own table and gazebo if you wish.

We are also collecting bric a brac, old chipped crockery, donations of bottles of wine and items for the tombola.

Charsfield Recreation Ground 01473 737701 <u>Janpedgrift@btinternet.com</u>

#### Ann Youngman.

Ann was born on 17 June 1928 in Edgbaston and died peacefully on 9 Feb 2018.

She was a nurse before she married Tony Youngman in 1951 and moved to Red House Farm Charsfield where she brought up Sally, Richard, Carol and Andrew.

Eastern Harriers Pony Club was a big part of her life and she also ran the East Suffolk Riding for the disabled at Swilland for over 30 years. Latterly she volunteered at St Elisabeth Hospice until poor health and mobility meant she spent much of her time at home.

She had six grandchildren and three great grandchildren.

We celebrated her life in Charsfield Church on 16 March 2018 and she will be sadly missed particularly by her loving family.



#### **Charsfield Flower Show**

It's time to get growing and planning!

The show will take place on Saturday 14th July at 2pm

There will be classes for flowers, vegetables, fruit, floral art, baking/cooking/preserving, photography and children's sections.

## All Welcome

Schedules to go out locally early May but if you wish an electronic copy or have any enquiries contact: dialexander@gmail.com

# Our Coffee pot @ Charsfield

What: VILLAGE COFFEE MORNING Coffee (& Tea), Cookies, Cake 'n' Chat @ Charsfield



- When: Tuesdays between 10-12
- Where: @ Baptist Chapel Hall, The Street, Charsfield
- Who: All are welcome to drop in and encourage one another along life's way.... whether you're local or passing through....



We hope you can join us. We look forward to meeting you on Tuesdays.

Further information available from: Bruce or Mary Francis on 01473 277182 or email: bruceinphp@yahoo.com

# THE MAKING OF HENSTEAD EXOTIC GARDEN A TALK BY ITS CREATOR: ANDREW BROGAN



MONDAY 9<sup>TH</sup> APRIL 2018 AT 7.45PM DALLINGHOOO VILLAGE HALL

Admission £3.50 (includes tea and biscuits) Home made cakes for sale To book a place contact Ros Bayley 01473 737171 ros.bayley@googlemail.com





# **Charsfield Tennis Club**

Are you interested in joining Charsfield Tennis Club?

From 1st April 2018 - 31st March 2019 there is a new:

# **Household Membership Scheme**



# Join every member of your household for just £25\* (so long as one member of the household is a British Tennis Member)

Your **£25**, one off, annual payment, gives your household **unlimited access** to the tennis courts on the Recreation Ground.

Visitors to the household, who are not lo cal, may play for free with a member up to 2 times a year

## Why not come along to a taster on a Monday club night?

## We look forward to welcoming new members in 2018.

\*Household fee increases to £30 for non British Tennis Members - becoming a BTM is free and allows you to be entered into the club's draw for Wimbledon 2018 tickets - in the past, as a club, we have had at least 2 pairs of tickets for the tournament.

For more information or to join as a household contact: Sian Kingston - sian@rskingston.com John Fox - foxdial@btinternet.com

#### **MONEWDEN NOTES**

**Church Rotas** 

Date	Flowers & Brasses	Cleaning	Sides person	Coffee
April 1st	M Skeet		B Martin	L Grier
8th	W Heath	K Martin J Vonberg	D Grier	W Heath
15th	A Hamilton			
22nd L Grier		W Heath	P Keeble	M Skeet
29th	J Vonberg		M Skeet	C Saxby

**READERS** Apr. 1 Caroline, Brian; Apr. 8 Kalam, Alison; Apr. 22 Family Service, Children; Apr. 29 David, Lesley

**COFFEE MORNING:** Our next Coffee Morning will be held on Saturday, April 21st from 10 a.m. onwards. Do come along for a bacon roll, a cup of tea or coffee and a good chat, as these events are well supported. The 100 Club draw will also take place during the morning.

#### **100 CLUB WINNERS:**

February: £25 G. Crellin; £15 B. Chamberlain. £10 D. Thrun. March: £25 S. Rose, £15 S. Green, £10 G. Western.

**CHURCH CLEANING** this year will take place on Saturday, April 14, from 10 a.m. onwards. We really could do with a few more helpers this year!

LOCAL HISTORY:. The March meeting was held on Wednesday 14, when Dr. Helen Geake spoke with great authority about archaeological finds in this part of the country including the Monewden Dragon which was discovered close to Monewden church and of which hardly anybody was aware. Our April, and final meeting of this session, will be on April 11 when Dr. Kate Jewell will talk about 'Cakes, Ale & Partying, Feasting & Fundraising.



**MONEWDEN SPRING SALE** this year will be held on Saturday, April 28th, at 10.30 a.m. to mid-day. in the village hall. There will be numerous stalls and refreshments. You will also be able to buy bedding plants and tomato plants from us at bargain prices!

**CHURCHYARD CLEAR-UP:** The annual clear-up this year will be on Saturday, May 5, from 10 a.m. Anyone who can turn up on the day for a couple of hours with a strimmer will be most welcome.

#### LIFE IN MONEWDEN IN THE 1950'S - 60'S

In Monewden village hall on Friday 13th April @ 7pm Peter Driver and Brian Martin will be talking about Monewden in the 1950's and 60's - did you know that there was no mains water or electricity here until the mid 50's?

Soup and cakes will be served at half time. Please bring your own drinks. Tickets are £6.00. For more details please contact Brian on 737285. In aid of Village Hall funds.

#### SING FOR YOUR SUPPER

You are invited to sing for your supper on Friday 20th April at 7pm in Monewden Village Hall.

We will be singing popular hymns, discovering who they were written by and some of the history behind them.

Followed by a hot supper. Please bring your own drinks if you wish. Tea or coffee will be served.

Please contact Kathleen on 737285 if you wish to come or would like more details.

This is not a fundraising event, all we want is your company.

#### **CRETINGHAM NOTES**

#### Flower and Cleaning Rota

Month	Altar Flowers	Cleaning
April	Mrs Mayhew	Mr & Mrs Defoe
Мау	Mrs Kemp	Mr & Mrs Runacres

#### **CELEBRATING EASTER AT ST. PETERS CRETINGHAM:**

Easter Sunday Holy Communication service on 1<sup>st</sup> April starts at 10 am (by extension).



# EASTER STALL in CHURCH

Saturday 31<sup>st</sup> March 2018 10 am to 12 noon

Join us to browse the stalls, have a chat and taste the delicious refreshments on offer. Also –

Raffle for Easter Egg and other prizes

Coffee & Teas and freshly baked hot refreshments

Homemade pastries, jams and cake stall Books / Bric-a-bra / Gifts / Plants



# EASTER FLOWERS in Church

Combine your visit with the opportunity to view the marvellous flower displays in each window and on each ledge decorated in the colours of Easter.

'because you have seen me, you have believed; blessed are those who have not seen and yet have believed' (John Ch20 v29)

St. Peters Church Cretingham's <u>Annual Parochial Church Meeting</u> is on 5<sup>th</sup> April 2018 commencing at 7.30 in Monewden Village Hall.. This is a joint meeting with other churches in our benefice i.e. Ashfield & Monewden. Rev. Stephen Brian will officiate. If you are unable to attend but have something you want to say please let your Churchwardens know.

#### **APRIL CHURCH SERVICES in St. Peters Cretingham**

- 1<sup>st</sup> Holy Communion 10am
- 15<sup>th</sup> Morning Prayer 10am.
- 22<sup>nd</sup> Evening Prayer 6.30 pm
- 29<sup>th</sup> Holy Communion 10am

<u>CHURCHYARD GRASS CUTTING</u> - we are very lucky to have a dedicated team of volunteer grass cutters who alternate with a contractor to keep our churchyard looked after. The contractor cut has been paid for by an anonymous donor for a period of time which has now ended. If you are interested in donating towards the upkeep of our churchyard our Treasurer, Alister Gourlay, will be very glad to hear from you.



# RACE NIGHT Saturday 28<sup>th</sup> April 2018

7 pm in Kettleburgh Village Hall, HOT SUPPER and BAR

<u>Adults £10</u> <u>Children £5</u>

Lots of frantic betting and of course totally noncompetitive ... believe that and you believe anything !!

To book a place contact either Pauline on 01473 737317 or

Heather on 01728 685736 / text 07981526009 or email <u>heather.runacres@hotmail.co.uk</u>

**DIY Morning** – Saturday 26<sup>th</sup> May at St. Peters Church & Churchyard, Cretingham. 10am – 1 pm. Bring dusters, polish, brooms, trowels etc. Lots of jobs to be done inside and out – our opportunity to Spring Clean. Coffee & Tea provided.

#### **SERVICES FOR APRIL 2018**

Church	Apr 1 Easter Day <i>White</i>	Apr 8 Easter 2 <i>White</i>	Apr 15 Easter 3 <i>White</i>	Apr 22 Easter 4 <i>White</i>	Apr 29 Easter 5 White
Ashfield- cum- Thorpe	6.30pm Holy Communion	6.30pm Evening Prayer	6.30pm Holy Communion		
Charsfield w. Debach	10am Holy Communion		6.30pm Evening Prayer	10am Holy Communion	10am Morning Prayer
Cretingham	10 am Holy Com- munion by Ext		10am Morning Prayer	6.30pm Evening Prayer	10am Holy Communion
Dallinghoo	10am Holy Communion		10am Family Ser- vice		10am Morning Prayer
Earl Soham	10 am Holy Communion	10am Morning Prayer	10am Holy Communion	8am Holy Communion 10am Family	
Ноо	8.30am Holy Communion			8.30am Morning Prayer	
Lethering- ham	8.30am Holy Communion	10am Morning Prayer			
Monewden	10am Holy Communion	10am Holy Communion		10am Family Service	6.30pm Evening Prayer

#### **READINGS FOR APRIL 2018**



	Holy Communion	MP or EP	Psalm
April 1	Acts Ch 10 vs 34-43 John Ch 20 vs 1-18 or Mark Ch 16 vs 1-9		
April 8	Acts Ch Ch 4 vs 32- 35 John Ch 20 vs 19-end	Acts Ch 4 vs 32-35 John 20 vs 19-end	Psalm 133
April 15	Acts Ch 3 vs 12-19 Luke Ch 24 vs 36b- 48	Acts Ch 3 vs 12-19 Luke Ch 24 vs 36b- 48	Psalm 4
April 22	Acts Ch 4 vs 5-12 John Ch 10 vs 11-18	Acts Ch vs 5-12 John Ch 10 vs 11-18	Psalm 23
April 29	Acts Ch 8 vs 26-end John Ch 15 vs 1-8	Acts Ch 8 vs 26-end John Ch 15 vs 1-8	Psalm 22 vs 25- end
May 6	Acts Ch 10 vs 44-end John Ch 15 vs 9-17		

### THE BENEFICE SERVICE ON SUNDAY 6TH MAY, at 11am will be hosted by CHARSFIELD, For Rogation. ALL WELCOME!

#### Princess ShaSha Toptani.

It is not every village that can boast its own princess, but in Princess ShaSha Cretingham had its very own Royal resident. She came to live in the village more than 30 years ago making her home in a cosy thatched cottage at Kittles Corner. Colourful, witty, lively, she was an independent woman who brought a bohemian touch to village life.

In early years ShaSha used to ride her pony through the country lanes, more recently she had become a familiar sight riding those same lanes and footpaths on her mobility scooter - she recently acquired a cross-country model for the purpose - high viz jacket and flag flying and always accompanied by her beloved dog, Ritzy.

ShaSha fought a long, courageous battle against the cancer which finally took her life. Her fortitude and determination in the face of such pain and suffering drew admiration from all who knew her. Despite all , ShaSha was determined to live her life to the full in the cottage home she loved.

ShaSha was a real princess. She was the daughter of Prince Hizer Ilias Toptani, nephew of King Zog of Albania. In the turmoil of the Second World War he briefly held the reins -ShaSha once pointed out that to rule in Albania the ruler had to hold a machine gun across his knees - before the surviving members of the family left following the Communist take-over.

Prince Hizer moved to Argentina, where he published a book on show-jumping technique, and then to Spain, where he met ShaSha 's mother Kate, the mind behind the PGTips chimps.

It can be no wonder that such exotic parentage created a woman of so many parts. Her parents separated three years after her birth in London in 1953. She spent much of her youth away at boarding school, but came to know Suffolk when her mother moved here in the 1960's. On leaving school she attended Ipswich College to follow a foundation course in art and then went on to study for her BA in Fine Art at Leicester.

ShaSha had an extraordinarily varied career. She variously created, made and sold leather clothing and artifacts from her workshop in Framlingham; held an HGV license and roadied for The Rolling Stones; was an active member of the local Labour Party, standing in local elections a number of times, most recently last May. She worked for the local housing charity CHAG and latterly for Suffolk County Council.

In Cretingham ShaSha was an active member of The Friends of St Peter's, undertaking a term as Chair, during which time the new churchyard wall was built and memorials restored. She supported village events with enthusiasm and had her own pint mug, for tea, hanging behind the bar at the Bell.

ShaSha died on Saturday February 11th. Her courage and fortitude in her last pain -filled months drew admiration from all who knew her and her charm and zest for life will be greatly missed.  $^{20}$ 

#### VILLAGE COMPETITION

This years' competition will be "growing a potato in a container". Contact Robert Mayhew on 01728 684062 for your entry OR collect your potato from him at the Easter Stalls and Coffee Morning. Prizes to be awarded at the village Fete on 14th July.

#### Cretingham, Monewden and Hoo Parish Council

We have recently received some funding to enable us to hold a first aid course for residents of Cretingham, Monewden and Hoo. The course is likely to be on a Saturday and will be a full day certified course. At this stage we are trying to ascertain the extent of interest. Please let me know if you would be interested in attending. Depending on interest the course will either be fully funded or partially funded.

Thanks

Caroline Saxby - 01473 277146/email - saxbies@hotmail.com

#### THE BEEHIVE

On Sunday 22<sup>nd</sup> April, from 3-5pm at All Saints Church, Wickham Market, Mike Hynes, professional guitarist, will be playing classical and flamenco guitar in the first half, with a trio of double bass, percussion and guitar performing in the second half. Free entry includes half time refreshments.

Retiring collection for the Beehive, a charity set up in Nakuru, Kenya by Jane and Alan Hutt from Rendlesham. Jane and Alan settled in Nakuru in Sept 2013 and saw a need that wasn't being met to help girls, sometimes as young as nine, finding themselves pregnant and having to face choices they should never have to face: homelessness, prostitution to support their baby, or abortion.

The charity is dedicated to transforming the lives of these vulnerable young mothers, many of whom are orphans themselves, providing them with an education and teaching them life skills as well as giving their babies an education once they reach the appropriate age; all within a loving, caring and stable environment. Any money raised from the event will be used for the running of the Beehive: rent, utility bills, food, wages for staff, medical & health care, education fees and living costs for the girls and babies.

#### HOO NOTES

#### **MOTHERING SUNDAY**

We had a lovely Mothering Sunday at Dallinghoo thanks to Amber and Kathleen who had put a lot of thought into the service with tea, coffee and cakes afterwards.

#### PERCY

Percy is now out of hospital and staying at his daughter's in Ufford, lets hope he gets stronger and keeps well. He had his ninety first birthday on St. Patrick's Day. We send him our love and best wishes, we all miss him very much.

Margaret Doe

#### THANK YOU

Thank you to all the folks on tractors who worked so hard in awful conditions to keep a way open for us in the villages during the 'Beast from the East'.

Jan Wild

#### THREE BOYS

Three boys are sitting in a school playground bragging about their fathers. The first boy says, "My Dad scribbles a few words on a piece of paper, calls it a poem, and they give him  $\pounds 25$ ."

The second boy says, "That's nothing. My dad scribbles a few words on a piece of paper, calls it a song and they give him  $\pounds 50''$ 

The third boy, looking quite smug, says, "I've got you all beat. My dad scribbles a few words on a piece of paper, calls it a sermon and it takes six people to collect all the money!"

#### FANCY SOME RELAXING ME TIME? ......

Then join us at our monthly stitching session on **Friday 6 April 2018 & Friday 4th May** in Monewden Village Hall 10am —12noon. We are a group of likeminded people sewing under the guidance of Alison Pearce who has over 25 years experience of Patchwork, Quilting, Applique and Xstitch. Whether you are experienced or a complete beginner you will be more than welcome to join us. Bring your own projects to work on or start from scratch. There will be a £5 charge per person per session. Some equipment/materials will be available at extra cost or bring your own. Please call Alison on 01473 737155 to book your place or email Alison.pearce1970@yahoo.co.uk, if you are a regular member and are unable to attend, it would be appreciated if you could call or email and let me know. Refreshments will be provided. Call for more information. Look forward to sewing with you soon. HAPPY STITCHING!

#### PRAYER FOR HEALING

A small group meets every month and if you would like prayer for yourself or someone close who is ill or in any kind of need please get in touch with any of the following:

> Stephen Brian - 01728 685 308 Kathleen Martin - 01473 737 285 Pauline Cobley - 01473 737 317 Kath Bamford - 01473 737 414

Your call will be treated in the strictest confidence .

#### **DALLINGHOO NOTES**

Date	te Service/Readers		Sides people	
Aj 10am	pril 1st	Holy Communion Mr P Taylor Mrs S Arbon	Mrs C Sullivan	
10am	15th	Family Service TBC	Mrs D Gill Mrs T Love	
10am	18th	Morning Prayer Mrs S Arbon Mrs P Turner	Mr & Mrs Arbon	

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Flower and Cleaning Rota for April 1st April - Peter Taylor & Linda Barry 15th April - Sue Arbon 29th April - C Sullivan

#### **Church Opening and Closing**

As we are (hopefully) heading towards spring, the church opening and closing rota will be restarting. 2 - 14th - Primrose Turner 16 - 27th - Linda Barry 30 April - 12 May - Dawn & John Gill

#### **MOTHERING SUNDAY SERVICE**

We had a wonderful service to celebrate our Mother's in March. Thanks to Kathleen and Amber for leading a beautiful service that both young and old fully enjoyed together with lovely spring posies despite the cold weather.

#### **CHURCHYARD AND DOGS**

There have been a couple of recent instances where visitors to the churchyard have encountered fouling by dogs near to graves. While we hope these are isolated incidents please could everyone ensure that the churchyard is left clean and tidy for all visitors to enjoy.

#### **WELCOME**

We offer a warm welcome to the Holland family who have just moved into the new Black Barn.

#### THANK YOU

Just a word to say thank you to Derek Spall and helpers who cut our hedges, gives us a Christmas tree, the playing field and now cleaning the drives of all who asked when snowed in. Thank you.

#### **DALLINGHOO CARPET BOWLS**

Carpet Bowls sessions will be on Wednesday 4th & 18th April 2018. Held in Dallinghoo Jubilee Hall at 7.30pm. Gentle exercise, good fun and no previous experience necessary. Contact Cliff Green 01473 737421 email: cliffval@btinternet.com.

#### Wanted: Garden Pots for Suffolk Wildlife Plant Sale

If anyone has smallish pots they no longer need, Jeremy Quinlan in Dallinghoo would be glad of them for the Suffolk Wildlife Plant Sale in May. Please phone 01473 737700.

#### **Birthday work-outs**

There is a new kind of birthday party coming into fashion, where the after-effect is more likely to be sore muscles than a sore head. A growing number of millennials are forsaking the pubs and choosing gyms as venues for their birthday party. This leaves their guests very sweaty, but not sloshed.

The general idea is for each guest to pay  $\pounds 15 - \pounds 20$  for a themed, instructor-led workout, or aerobics routines built around a party game like pass the parcel. Some smart gyms are now even offering birthday meals for after the workout.

Meanwhile, the Office for National Statistics has announced that more than a quarter of 16-to-24-year-olds are now teetotal. As one young person put it: 'I want to feel good after a party, not sick.' Fair enough!

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#### Beware too much technology too young

How do you get a normal nine-year-old to sit perfectly still for 7.25 hours a day? Put him or her in front of a television. And, over time, watch his or her health deteriorate.

Such is the message from a recent study on children and obesity. A group of European child-health experts have found a strong link between obesity and prolonged exposure to media and technology during children's formative years.

Today's toddlers spend an hour a day watching TV, but this rises 'dramatically' to 7.25 hours by the time they reach nine, and as they become more engrossed in other types of media.

A recent study published in the journal *Acta Paediatrica*, names these trends as contributing to childhood obesity levels, which have surged at an 'alarming rate' over the past 25 years.

It is reckoned that 19 per cent of European children and adolescents are overweight.

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USEFUL CONTACTS				
Clerks to Parish Councils				
Ashfield	Simon Ashton E-mail: actcp.clerk@gmail.com Tel:			
Charsfield	Pamela Hembra E-mail: charsfieldparishcouncil@gmail.com Tel: 01473 737655			
Cretingham	Jane Page E-mail: Tel:			
Dallinghoo	Chris Ling E-mail: all.lings@btopenworld.com Tel:			
Earl Soham	Guy Harvey E-mail: gutharvey1@btinternet.com Tel: 01728 685729			
Ноо	Jane Page (see Cretingham above)			
Letheringham	David Allan E-mail: letheringham@btinternet.com 07411 277784			
Monewden	Jane Page (see Cretingham above)			
Village Ha	II/Community Centre Booking Secretaries:			
Ashfield	Malcolm and Sue Pease E-mail malcolmpease@btinternet.com Tel: 01728 685 452			
Charsfield	Website: www.charsfieldvillagehall.org.uk Email: enquiries@charsfieldvillagehall.org.uk Or <i>Tel:</i> 07935 445193			
Dallinghoo	Mr Chris Pennington Tel: 01473 737 836			
Earl Soham	Lorna McCurrach Tel: 01728 684827 Email: esvhbookings@gmail.com			
Monewden	Sian Kingston Tel: 07887606717 Email: sian@rskingston.com			

Village Organisations					
ASHFIELD	Community Council	Mr Myles Hansen	01728 685 738		
u	Ladies Group	Mrs Susan Hansen	01728 685 738		
CHARSFIELD	CEVC Primary School	Mrs Val Jones	01473 737 347		
u	WI Secretary	Mrs Rosalin Baley	01473 737171		
u	Rec. Ground Com	Mrs Jan Pedgrift	01473 737 701		
u	Tennis Club	Mrs Pauline Llewellyn	01473 737 517		
u	Flower Show Secretary	Ms Diana Alexander	01473 277190		
u	Village Hall	Pam Hembra committee@charsfieldvilla	gehall.org.uk		
CRETINGHAM	100 Club	Mr. Alister Gourlay	01728 685 335		
DALLINGHOO	Rec. Ground Com.	Mr. Derek Spall	01473 737 565		
u	Carpet Bowls Club	Mr. Cliff Green	01473 737 421		
u	Village Hall Com.	Mr. Derek Spall	01473 737 565		
EARL SOHAM	FO St. Mary's	Mr. John Stott	01728 861 340		
u	Primary School	Mr. Lambillion-Jameson	01728 685 359		
u	Neighbourhood Watch	Mrs J. Sheffield Mrs Mary Patterson	01728 685 403 01728 685 362		
u	WI Secretary	Mrs Janet Ravenscroft	01728 685346		
"	Village Hall Com.	Anne Pratt	01728 685 745		
u	100 Club	Mr. R. Tinkler	01728 685 278		
"	Tennis Club	Mrs Mary Patterson	01728 685 362		
u	Bowls Club	Mrs Pam Sykes	01728 685 519		
"	Scouts/Cubs/Beavers	Mrs J. Lovett	01728 723 712		
u	Carpet Bowls Club	Chris Pratt	01728 685745		
Allotment/Gardeners Mrs Mavis Kerridge Association Mr. John Stark			01728 685 700 01728 684 385		
MONEWDEN	Local History Society	Mr. Peter Driver	01728 724 951		

## Young Readers Page



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