

MID LOES BENEFICE

Ashfield-cum-Thorpe, Charsfield with Debach
Cretingham, Dallinhoo, Earl Soham,
Hoo, Letheringham and Monewden

August 2018

From The Rector

Dear Friends

There was recently a service in Westminster Abbey to celebrate the 70th anniversary of the National Health Service at which the key-note speaker was Simon Stevens, chief executive of NHS England. At the risk of name-dropping, I knew Simon Stevens when he was a pupil at the school in Newbury where I taught RE for a few years prior to training for ordination. His father, Lawrence, was my closest colleague on the staff, also teaching RE. As a result I got to know Lawrence's family quite well, occasionally joining them for Sunday lunch. Afterwards we would go to the local park where Simon and his two younger brothers liked to play cricket. I have kept in touch with Lawrence ever since. Simon was always a bright lad, and I was delighted to hear that all these years later he is running the NHS. Lawrence, in addition to being a teacher, was a scholarly Baptist minister, so I know that Simon comes from a family with a strong moral compass, which it seems to me is important in a job like that. He certainly gave up a salary several times higher working in America to come and work for the NHS here, because he believes in it.

I don't know of anyone who doesn't appreciate the NHS, and certainly when I visit people in hospital they always speak gratefully of the care they have received. Of course there will be occasional horror stories or even just general niggles, and there will never be enough resources to do all that we would wish, but it seems to me that, in addition to our personal responsibility to care for those in any kind of need, the NHS collectively embodies our Christian responsibility to look after the sick. Long may it continue.

Best wishes
Stephen

BENEFICE BIBLE STUDY

This month's bible study is on Tuesday 21st August, 7:30pm in Monewden Village Hall. Everyone is welcome and no previous knowledge is required.

SB



HYMNS IN THE GARDEN

'Hymns in the Garden' - open to anyone who likes singing hymns: 3pm, Thursday 2 August at Firs Farm, Monewden. If you would like to join us for a sing song, followed by coffee and cake but you do not have transport, this can be arranged by calling Kathleen on 01473 737285.

THANK YOU

I would like to say a big thank you to all who prayed and sent their best wishes for my ordination on 30th June. I am sure it helped to calm my nerves. It was a wonderful service at the cathedral. Look forward to meeting you all in my new role.

*Love and prayers
From your Curate
Kathleen*

The march of the unicorns

Is there a unicorn in your home? If you have children (or even if you do not?!), there is bound to be one prancing towards you. From cupcakes to stationery, bagels to inflatable plastic pool toys, headbands to slippers, t-shirts and even the new Kellogg's Froot Loops cereal, glittery rainbow coloured unicorns have taken the country by storm. They are expected to head up the Christmas present wish-list this year.

It is all a far cry from the ancient Greek myth of a pure white unicorn whose touch brought you a lifetime of happiness and joy. Or is it? 'They represent every happy dream that we've ever clasped our little hands together and tried to wish into reality', says one poetic internet forum user.



TEAMBUILDERS

HOLIDAY CLUB BACK AGAIN THIS YEAR

The Teambuilders will be at Charsfield Primary School



August 13th, 14th
and 15th

9.30 am to 1.30pm



The local churches invite all primary school age children to join the holiday club.

£3 per day for first child £1 each for extra siblings

Get in touch with one of us NOW so you don't miss out on three days of fun. You are welcome to come for 1, 2 or all 3 days

Mary Vellacott 685423 Heather Runacres 685736
Jo Reed 685794 Jackie Clark 723623 Mary Baker 685807

EARL SOHAM NOTES

Rota for the Altar and Roll of Honour Flowers and Brasses-St. Mary's		
AUGUST	Mrs Haines	
SEPTEMBER	Mrs Kerridge	Mrs Roberts
Any problems phone Lyn—685278		

THANK YOU

On behalf of St Mary's Earl Soham PCC may I thank all of you who have responded to the recent appeal towards church funds either through donations or standing orders. I should also like to take this opportunity to thank those who have for many years supported the church financially through collections, donations and regular giving.

Christopher Pratt
Treasurer



EARL SOHAM FETE

SATURDAY 4th AUGUST

2 – 4.15 on the Village Green

THE VILLAGE EVENT

STALLS AND GAMES including

Steam Train Rides, Cakes, Plants & Produce, Toys, Jewellery, Nearly New & Vintage, Books, Grand Draw, Bric a Brac, Tombola, Face

Painting, Skittles,

Tin Can Alley, Coconut Shy, Teas, BBQ, Ice Cream
and lots more for the whole family

Tug of War at 4pm

IN AID OF ST MARY'S CHURCH FABRIC FUND

EARL SOHAM BOWLS CLUB



Annual Tournament Saturday, 1st September at 1.00 pm

Spectators will be most welcome at our popular tournament. Play will be continuous throughout the afternoon and tea & biscuits will be available.

DRAW

Generously sponsored, once again, by Longstaff Transport, Redwood, Earl Soham (01728 685770), suppliers of all aggregates and equestrian surfaces



Suffolk Churches Ride and Stride Saturday 8 September 2018 9am to 5pm

Come rain or shine it's a great day out for all! A gentle ride around our beautiful countryside and raising much needed funds to help maintain our churches and chapels. 50% of your sponsorship money goes to St Mary's, Earl Soham and 50% to The Historic Churches Trust. *Please can we have some riders from Earl Soham!* Sponsorship forms are available from me and in the church.

Mary Patterson "Sunnyside", Earl Soham, 01728 685362

EARL SOHAM MUSIC AND DANCING **NIGHT** **In the Village Hall**



Featuring

The Everly Brothers Tribute Band
And Tricks of the Trade

Saturday 15th September 2018
7:30 for 8:00

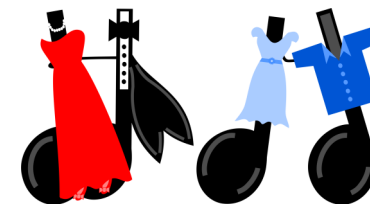
"Not to be Missed"
"A Night to Remember"

Book Your Tickets Early as not to Disappoint!

£10 pp, Bar, Refreshments available and Raffle.

Contact Neil:- 01728 684816
Alison Davis:- alisondavis@live.co.uk

Further Information to follow



EARL SOHAM FILM NIGHT

NO FILM BEING SHOWN IN AUGUST

SATURDAY 1ST SEPTEMBER
7.00 FOR 7.30 IN THE VILLAGE HALL

PADDINGTON 2



The much anticipated sequel, with the original cast joined by Hugh Grant and Brendan Gleeson.

EARL SOHAM COMMUNITY PRIMARY SCHOOL

We are a small, friendly and active village Primary School with the feel of a large family, supportive of each other. Working with a theme based creative curriculum our theme for next term is 'Journeys Through the Centuries'. The children have a strong voice within the school and the school council suggests and helps plan projects. We have had an interesting summer term with mini tennis, quick cricket, rounders, a whole school trip to Rendlesham Forest, the fantastic and entertaining school production co-written and co-produced by the children themselves with all the children taking part, a visit to the Latitude Festival and a year 6 residential trip to Belsey Bridge with Helmingham Community Primary School and Bedfield Church of England V.C. Primary School.

DATES: Fri 7 Sept start of term for students. w/c 22 Oct half term. Mon 29 Oct PD day. Wed 19 Dec last day of term.

We send our very best wishes to year 6 as they move on to Thomas Mills, Debenham and other High Schools and extend a warm welcome to all our new students who will be joining us in September. **We hope you all enjoy your summer holiday!**



...firstly, thank you whoever it was who put two buttons in the collection plate last week - they turned out to be early Victorian, and I've just sold them on 'ebay' for £800 each!

LEATHERINGHAM NOTES

As I mentioned in an earlier magazine, Letheringham Church now has no PCC or churchwardens, and its future looks uncertain. Reluctantly, we have now decided to suspend services there as from the end of August, at least for the time being. For any church to function, there have to be people 'on the spot' and that is sadly no longer the case. If there are any folk in Letheringham who would be interested in re-constituting a PCC or becoming officers, please do get in touch.
SFB

Mental health services – Have your say!

People living in east and west Suffolk are being urged to have their say about local mental health services as part of a unique engagement opportunity.

The NHS Ipswich & East Suffolk and NHS West Suffolk clinical commissioning groups (CCGs) want to transform the way mental health provision is delivered across the county.

In order to do that, they first need to find out how effective the people who deliver and receive the current services think they are.

Commissioners want to hear from people who currently use or have previously used mental health services, those who care for them and the staff who deliver those services.

All three groups are being asked to input their feedback via three surveys that 'go live' from this morning (Monday 2nd July).

The surveys are part of a much larger engagement exercise that aims to help create a new model for east and west Suffolk that will bring mental and physical health services much closer together.

In a break from usual practice, the CCGs have commissioned four local voluntary sector organisations to engage with local people under the banner "The future of mental health – a very different conversation".

Suffolk Family Carers, Suffolk User Forum and Suffolk Parent Carer Network will co-ordinate a whole host of mental health workshops and events to gather feedback on the current services.

Healthwatch Suffolk will then gather and analyse the feedback before preparing a report making a case for change for the CCGs' governing body meetings in November.

To respond to one of the surveys please use one of the links below:

People who use, or have previously used mental health services, should respond

https://www.surveymonkey.co.uk/r/MHTransform_Plan_Service_Users_Public

Carers of people who use, or have previously used mental health services, should respond

https://www.surveymonkey.co.uk/r/MHTransform_Plan_Carers

Professionals who work in mental health services or support people with mental health needs should respond

https://www.surveymonkey.co.uk/r/MHTransform_Plan_Professionals_Staff

Jenny Dewey – Information Services Officer

Healthwatch Suffolk

CHARSFIELD WITH DEBACH NOTES

Church Rotas

Date	Readers	Sides person
August 5 th 10am Benefice Holy Communion Earl Soham	All Welcome	
August 19 th 6.30pm Evening Prayer	Roger Margaret	Margaret
August 26 th 10am Holy Communion	Cherry Pauline	Pauline

Cleaning Rota for August

Aug 4th	11th	18th	25th	Sept 1st
No Cleaning	Gill Beverley	Sarah	Ros Lucy	No Cleaning

Flower Rota for August

August 4th & 11th	18th & 25th	1st & 8th Sept
Lucy Fox	Maureen Arbon	Pauline Llewellyn

CHARSFIELD RECREATION GROUND

Don't forget our next fund raisers –The Autumn Fish and Chip Quiz on Friday 14th September and The Big Breakfast on Sunday 14th October. Further details from Janpedgrift@btinternet.com or 01473 737701

Jan Pedgrift

Church Fabric Fund

Following the successful Coffee Morning at Hill Farm, additional funds have been raised from the BIG RAFFLE at Charfest on 26 May. Altogether the two events raised almost £600 - a significant sum which will help maintain the St Peter's church building and the church yard. The PCC would like to thank everyone who bought tickets, those who donated such wonderful prizes and gave such generous donations. Thank you all.

And now we have another date for your diaries: **Harvest Supper** on Saturday 13 October in the Village Hall. Please keep the date and note that Harvest Festival in the church will follow on Sunday 14 October.

Tickets for the Harvest Supper will be £10 and proceeds will be split equally between the St Peter's Fabric Fund and the Addington Fund. The inspiration for the Addington Fund came from Canon Richard Addington, a former incumbent of St Peter's, as a result of the hardship caused to farmers by the Foot and Mouth outbreak in 2001. The Fund continues its vital work and today its prime focus is to provide homes for farming families in England and Wales who for no fault of their own have had to leave the industry and in doing so, lose their home. Do look at the website www.addingtonfund.org.uk for more information.

Charsfield Baptist Chapel

Sunday services

11am each week

Coffee Pot

Every Tuesday from 10-12

At the chapel hall



There is a warm welcome for all. We hope you can join us.

Further information available from:

Mary Rowe on 01473 747384

HOO NOTES

OPEN GARDENS

We had a very hot day for the open garden and a nice lot of visitors who said what a lovely garden. The concert was once again enjoyed by a lot of people, the church was full. We thank Mr Nick-olson for having us and making it such an enjoyable afternoon. Thanks also go to Clive & Jocelyn Arbon and their band of helpers, Peter, for being on the gate and everyone who made cakes and gave raffle prizes.

PATRICK LOWIN

It was with sadness we heard that Patrick had passed away. We send our love and prayers to Ena and the family. Patrick did so much for us at Hoo, he was our treasurer for many years and advised us in so many ways, God bless him.



HELP NEEDED PLEASE

If there is anyone in the village who could help us to deliver the monthly magazine we would be most grateful. There are 24 houses, I will still be doing Chimers Lane, if anyone could please help give a Perry a ring on 737483.

SHCT CYCLE RIDE

The cycle ride this year is on September 8th, 9am - 5pm. If anyone would like a sponsor form, if they feel like cycling or walking should get in touch with Perry.

God Bless
Margaret Doe

SUMMER SMILE!

Mr Brown is building himself a shed in the garden. He goes to the local hardware shop and says, "Hello there, could I have some bolts please?"

The man behind the counter says, "Well, how long do you want them?"

Mr Brown replies, "To tell you the truth, I was really wanting to keep them."



FIRST AID COURSE

First Aid Course being run by the Cretingham, Monewden and Hoo parish council - it will be on the 8th September and there are a few spaces left so if anyone else in the three villages would be interested that would be good. People can contact me for details - 01473 277146 or saxbies@hotmail.com



DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

Suffolk is a wonderful place to live, work and visit, with low rates of crime, but recently our County Town has seen an alarming increase in knife crimes, together with other violent crimes, over the course of the last few years. While many towns and cities further afield have experienced increasing knife crime, there are growing concerns specifically about knife-related violence in Ipswich. Sadly, in recent weeks, Tavis Spencer-Aitkens – aged just 17, was tragically killed in a knife attack in the town in broad daylight.

Over the 13 months to March 31st this year, some 404 separate incidents, involving weapons such as knives and other blades, were recorded in Suffolk – a third more than in the previous year. Given the serious nature of knife crime and this recent escalation, action needs to be taken to tackle this now. That's why I have called on the Government's Policing Minister, the Rt. Hon. Nick Hurd, MP to visit Ipswich urgently and meet with local Leaders and Suffolk Police to tackle the issue of rising knife crime in our county town and to see for himself the challenges faced by the Ipswich communities.

Ipswich remains a wonderful town – it is a great place to live and do business, and a safe and vibrant place to visit, but we do need, urgently, to work together to tackle the growing concerns about violent crime in the town. There are deep-seated problems behind this recent growth in violent crime and I know that there are a great many dedicated people working tirelessly in our public services and in our communities to help discourage our young people from a life of violence and crime. But they can't do this alone. Our Police, Councils and communities in Suffolk share a collective responsibility to stop this dreadful violence and that's why I have asked the Government to fulfil its share of this collective responsibility, and to help us to tackle the scourge of knife crime head on.

In recognising that Suffolk is a predominantly rural county, I am delighted to learn that the National Farmers' Union has recently launched its Rural Crime Reporting line, in association with Crimestoppers. The cost of rural crime is rising significantly, causing anxiety for farmers and people living in the countryside. This brand new service, with call handlers specifically trained in rural crime, allows farmers, rural businesses and the public to anonymously issue, please either call 0800 783 0137, or visit www.ruralcrimereportingline.uk to anonymously give information about four rural crimes – fly-tipping, hare coursing, livestock or machinery theft.

report rural crimes and help to rid our countryside of this serious issue. To report an It is vital to ensure that Suffolk remains a safe place to live, work and visit, for all of us to feel safe in our day to day lives.

DALLINGHOO NOTES

Church Rotas

Date	Service/Readers	Sides people
Aug 5th 10am	BENEFICE HOLY COMMUNION SERVICE, 10AM, AT EARL SOHAM. ALL WELCOME.	
6.30pm 12th	Evening Prayer & Holy Communion Mr Peter Taylor Mrs Primrose Turner	Primrose Turner Betty Cole
10am 19th	Family Service TBA	Dawn Gill Tina Love

Flower and Cleaning Rota for August

25th July - 10th Aug - Di Turner/Barbara

11th - 24th - Primrose & Di Turner

25th - 7th Sept - Linda Barry

Church Opening and Closing

23rd July - 4th Aug - Primrose Turner

6th - 18th - Linda Barry

20th - 1st Sept - Jenny Blyth

PATRICK LOWIN

We would just like to send our condolences to Ena on the passing of Patrick, our love, thoughts and prayers are with you at this sad time - from everyone in Dallinghoo.



GET WELL WISHES

We also wish Primrose a quick recovery after her small operation last month!

SAVE THE DATE:

October 21st.

Harvest Lunch!!

This year we will be holding a lunchtime gathering 12pm for 12.30pm in the Jubilee Hall, Dallinghoo. More details in the September magazine.

RIDE AND STRIDE

The sponsored cycle ride will be the 8th September to raise money for Suffolk Historic Churches Trust. The money raised will be split equally between your local church and the churches trust.

Sponsorship forms available from Charlotte Sullivan on 07967743006, if anyone feeling less energetic you can volunteer for an hour or so to act as a recorder for those cyclists visiting our church.



BIRTHDAY CELEBRATION

We would just like to say "Happy Birthday" to Peter Taylor who has just celebrated another year with all his family and friends.

CONGRATULATIONS

The people of Dallinghoo would like to congratulate Kathleen on her ordination as a Deacon. We wish her well in her future ministry.

ROTAS AND NOTES

As of now:- Myself, Mrs Di Turner will be relieving Charlotte from all the Dallinghoo Rotas and the notes for the parish magazine. I would ask anyone who wishes to have anything put in the magazine to let me have it by the end of the first week of the month so I can let Alison have them in time, if not the Dallinghoo page will be blank again!!

You can contact me on 01473 737637 or email: specialladle@aol.com

PS If anyone in the village would be able to join in any of our Rotas, please let me know.

Di Turner

RECYCLING PLASTIC FILM AND WRAPPING

As a trial, the Wickham Market Co-Op now accepts clean plastic film and wrappings for re-cycling. They seem to want the trial to fail, however, as they have put out no notice and have the unmarked collecting box in the far corner behind the tills. They have a legal obligation to do this; the Solar at Framlingham has long done so and still does.

Please help show that this service is wanted by bagging up your clean plastic film and wrappings and asking the Co-Op to take them.

Regards

Bridgett & Jeremy

SUDOKU

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8		1	5					
	3			8			6	
			2			1		6
	6						7	
5		4			1			
	9			7			2	
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6				9				

News from High Suffolk Rotary *See Facebook for more!*

Rotary Club of High Suffolk 4th Annual charity

Ceilidh!

(Barn Dance!) with **INERTIA REEL** Folk Band including a **2-course meal**

Friday 12th October 7pm
Debenham Leisure Centre

Tickets £17.50 - in advance from
events@highsuffolkrotary.org
or phone 01728 685 522

 All proceeds to the charity 'Village Water'

Get your dancing shoes ready...

October isn't far away, and the Rotary Club of High Suffolk is already planning its 4th annual **Ceilidh** at **Debenham Leisure Centre**. Once again, local band **Inertia Reel** will be providing the music and calling the dances. The event includes a full bar and a two-course meal.

As usual, the event is an opportunity to help raise money for a deserving cause. This year, the club has decided to support the charity **Village Water**, who work in Zambia to provide safe water and to support hygiene training and sanitation training.



For those who don't know what it is...

Originally the word Ceilidh (kay-lee) descended from the Gaelic word for 'gathering' or 'party'. At a Ceilidh/Barn Dance, participants attempt to dance (or at least move!) through a set pattern, usually involving weaving in and out. A 'caller' organises the groups and gives instructions, so even complete beginners with two left feet can take part and have fun.

You don't need to have any previous experience, to be good at dancing, or to be an Olympic gymnast. **You do need** to be willing to have a good laugh, make new friends, and help Rotary raise a few pounds in support of one of our favourite causes.

COME ALONG AND TRY IT... MONEY BACK IF NOT COMPLETELY SATISFIED!

Tickets from events@highsuffolkrotary.org or by phoning 01728 685 522



Don't just sit there...

You could be part of this, as a Member, Associate or Friend! Get in touch...



info@highsuffolkrotary.org



www.highsuffolkrotary.org



[highsuffolkrotary](https://www.facebook.com/highsuffolkrotary)

Join Rotary
Make friends
Have fun
Help others

Rotary is a not-for-profit organisation. All funds raised go to charity. For more information, contact your local club or the Rotary International website.

ASHFIELD NOTES

SHCT CYCLE RIDE 2018.



This annual event takes place on Saturday 8th September between 9am and 5pm. If you would like to take part there are sponsorship forms at the back of the church or they are available from me at Corner View.

I would very much like to get out riding to visit some more of Suffolk's amazing churches myself so if there is anyone who could spend some time sitting in Ashfield Church to welcome visiting cyclists that would be very helpful. Please let me know in good time so that I can put together a rota.

HARVEST SUPPER 29TH SEPTEMBER 2018.

Residents of Ashfield will receive a flier about this in their magazine.

If anyone from outside the parish is interested please contact Jane Davidson at Ashfield Hall, 01728 685332. Thanks.

RG.

Dangerously addictive Fortnite

Fortnite is one of the most successful – and most addictive – games ever. Thousands of worried parents worry that the game is taking over their children's life. One father found his primary school aged daughter sitting on a urine-soaked cushion - after a non-stop ten-hour gaming session.

And so, in desperation, parents pull plugs, lock bedroom doors, or try other methods to get their offspring off line. Endless family rows erupt over how much time the kids are now spending on Fortnite, instead of schoolwork, their friends, or even eating and drinking. One parent says that before Fortnite came along, 'our family life wasn't The Walton's, but it wasn't the war zone of today – with perpetual negotiation, confrontation and disappointment.'

Therapist Sally Bakers, who counsels gaming addicts, explains: 'It is sensory overload. The games create unnatural highs and compelling behaviour. Children don't have the mental capacity to deal with that situation. It's toxic.... Remember, manufacturers in Silicon Valley won't let their kids play, because when they're gaming, ...they are becoming robotic and hyper-charged.'

Meanwhile, one mother confesses, 'thousands of parents are, like us, bumping along with not enough control, along with a gnawing anxiety that gaming will soon replace real life.'

Parish Pump

ASHFIELD PARISH COUNCIL

PUBLIC MEETING

THURSDAY 6th SEPTEMBER 2018

In the Village Hall from 7:30pm

Ashfield Parish Council has received requests from some members of the electorate to acquire items for the benefit of the village and its residents, as follows:-

Defibrillator to be mounted on a wall of the village hall (estimated cost about £1,500)

Vehicle speed display (estimated cost about £3,500)

Bin for dog faeces (estimated cost about £150)

The PC is happy to undertake these purchases if that is the wish of the electorate; however, the necessary funding would need to be found. In principle, the PC would seek grants where such are available, but it is very likely that some, if not all, of the cost would have to be found via a short-term increased precept.

[The precept is a proportion of everyone's council tax bill allocated by Mid-Suffolk District Council to the PC, and ultimately comes from all council tax payers – currently about £30 -£50 per annum for households in our village – and is administered by the Parish Council]

These purchases will affect everyone in the village, not only in the usefulness of the facility provided, but also in the cost of their council tax bill. All residents are therefore warmly invited to attend.



SERVICES FOR AUGUST 2018

Church	Aug 5 Trinity 10 Proper 13 <i>Green</i>	Aug 12 Trinity 11 Proper 14 <i>Green</i>	Aug 19 Trinity 12 Proper 15 <i>Green</i>	Aug 26th Trinity 13 Proper 16 <i>Green</i>
Ashfield-cum-Thorpe	↓	6.30pm Evening Prayer	6.30pm Holy Communion	————
Charsfield w. Debach	↓	————	6.30pm Evening Prayer	10am Holy Communion
Cretingham	↓	————	10am Morning Prayer	6.30pm Evening Prayer & Holy Communion
Dallinghoo	↓	6.30pm Evening Prayer & Communion	10am Family Service	————
Earl Soham	10am Benefice Holy Communion	10am Morning Prayer	10am Holy Communion	8am Holy Communion 10am Family Service
Hoo	↑	8.30am Holy Communion Wed 8th 6.30pm Evening Prayer	————	8.30am Morning Prayer
Letheringham	↑	10am Morning Prayer	8.30am Holy Communion	————
Monewden	↑	10am Holy Communion	————	10am Family Service

READINGS FOR AUGUST 2018



	Holy Communion	MP or EP	Psalm
Aug 5	Ephesians Ch 4 vs 1-16 John Ch 6 vs 24-35		
Aug 12	Ephesians Ch 4 v 25 - CH 5 v 2 John Ch 6 vs 35, 41-51	1 Kings Ch 19 vs 4-8 John Ch 6 vs 35, 41-51	Psalm 34 vs 1-8
Aug 19	Ephesians Ch 5 vs 15-20 John Ch 6 vs 51-58	Proverbs Ch 9 vs 1-6 John Ch 6 vs 51-58	Psalm 34 vs 9-14
Aug 26	Ephesians Ch 6 vs 10-20 John Ch 6 vs 56-69	Joshua Ch 24 vs 1-2a, 14-18 John Ch 6 vs 56-69	Psalm 34 vs 15-end
Sept 2	James Ch 1 vs 17-end Mark Ch 7 vs 1-8, 14, 15, 21-23		

**THE BENEFICE COMMUNION ON
SUNDAY 2ND SEPTEMBER,
at 10am will be hosted by ,
St Mary's, Monewden**

ALL WELCOME!

CRETINGHAM NOTES

Flower and Cleaning Rota

Month	Altar Flowers	Cleaning
August	Mrs Runacres	Mr & Mrs Runacres
September	Mrs Pinner	Mr & Mrs Gourlay

Cretingham Primary School aged Children (also those going up in September) – **have you booked for the TEAM BUILDERS HOLIDAY**

CLUB? This is a Benefice Church Holiday Club 9.30 – 1.30 on Mon – Wed the 13th-15th August. Venue is Charsfield Primary School. Lots of fun activities plus bring a packed lunch. £3 per day for first child - £1 each for each siblings.

Cretingham rep is Heather Runacres 01728 685736 email heather.runacres@hotmail.co.uk – if you missed our other notices and would like to come along then please do contact me.



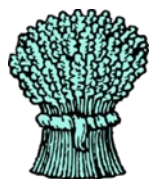
Involved in our FETE ? Perhaps it was manning a stall, putting up a tent, coming along and taking part then **THANK YOU THANK YOU THANK YOU** You helped us raise £1,241 on the

afternoon. We must thank Pauline Cobley who pulled the whole event together. Come and see us again next year and spread the word. Winner this year of the Rose Bowl for the amount of potatoes from one plant was TIM HINCHLIFFE - well done.

Services for August in St. Peters are –

19th August 10 am Morning Prayer when we welcome Veda Berriman.

26th August 6.30 pm Evening Prayer with Holy Communion



Cretingham **HARVEST SUPPER** Saturday 8th
September 2018

in Home Farm Barn starting at 7 pm. £10
Adults / £5 Children which includes supper and live
music from **BRISTOL FASHION.**

Contact either Pauline 01473 737317 or Alister Gourlay 01728 685335

Traditional **HARVEST FESTIVAL** Service 10 am on Sunday
9th September 2018

Variety of produce / flowers taken up to the Altar
and singing of

***'We plough the fields and scatter the good seed
on the land'***



Come and help us raise the roof with our singing.

PRAYER FOR HEALING

A small group meets every month and if you
would like prayer for yourself or someone close
who is ill or in any kind of need
please get in touch with any of the following:

Stephen Brian - 01728 685 308

Kathleen Martin - 01473 737 285

Pauline Cobley - 01473 737 317

Kath Bamford - 01473 737 414

Your call will be treated in the strictest confidence .

Stuart Barber 1928 – 2018 RIP.

At Stuart's Thanksgiving Service on 15th June his family gave moving tributes to a loving brother, husband, father, grandfather and friend. The text that follows was also read out but – uniquely – it was written by Stuart himself as a way of introducing himself to the parishioners at St John's, Waterloo when he joined that worshipping community.

Those locally who knew Stuart will recognise his voice in these words:

I was born some 86 years ago at an address on Knights Hill in West Norwood - anyone passing the spot on their way home will not see any blue plaque or other notice of the event placed there.

About half a mile to the east, in West Dulwich, I was baptized some two months later by the Reverend A. D. Mackenzie. He recorded in the bible that he gave me (it is open before me) that the reason for the gift was that I was "the first child baptized by his minister, A. D. Mackenzie." The comma saves ambiguity.

In my late teens, my father, who was saintly, took on the organ at Roupell Park Methodist Church. I followed him there, became a member of the Methodist Church and effected various minor repairs to the organ. The organ, so repaired, was soon destroyed by enemy action, but we managed in the church hall for the rest of the war. At home, we suffered no more than the loss of a few windows. At school in Dulwich, the swimming pool and the science-block were both bombed and shell-splinters had to be "weeded" – by us – from any pitch we were to play on. I was the only Captain of Swimming who had to drop himself from the team. Some scoundrel, who could swim faster than I could, came forward.

I got a decent 'Higher Cert.' (Pure Maths, Applied Maths and Physics), failed to get to university, was conscripted (it was just before National Service in 1947), and served in Germany for a year. I had a platoon of staff-cars (Humber Snipes) and could check the oil-levels in 5 back-axes before breakfast. We 'swanned around' the British Zone at week-ends and once accompanied 10 tons of Welsh Steam Coal, in a clapped-out US Sky master, to Templehof.

A brother officer gave me a job at Ryman's the stationers, where I became company secretary (later, FCIS) and, later, a director. I moved to Coulsdon, attended Coulsdon Methodist Church in the days of Neville Ward, sang in the London Philharmonic Choir with my father, married Marion (who was another 'Junior Church' teacher) and begot a son and a daughter. Each of them is better-looking and generally nicer than other people's children.

We moved to Croydon to get nearer to schools, worshipped at Shirley Methodist Church. Burton's took us over and appointed me their Deputy Company Secretary in Leeds. We moved to Harrogate and worshipped with the Methodists there for five years – and sang with the Leeds Festival Chorus.

I thought it prudent to prepare for other employment, read for the Bar – mostly in my spare time – was called by Middle Temple and got a place in chambers in Lincoln's Inn. That was in 1981 and started quite the best twenty years of my working life. I got a 'gong' (MBE) for 20 odd years' service at the Waterloo Legal Advice Service and made a small Windsor chair for each of my grandsons.

On moving back to London in 1980, we first worshipped at Lambeth Mission, where I was confirmed by the Bishop of Kingston. Following the sad failure of the Methodist-Anglican 'Conversations' it had become respectable to adopt 'dual-nationality' (I call myself a Methican). Also, at school during the war, at Chapel each Wednesday and at daily hymns and prayers, we used the Prayer Book and the English Hymnal. So I was at home in each tradition. The attraction of a 150 yard journey from home to church was strong. So here I am at St John's.

In Cretingham, Stuart was the inspiration and a founder-member of the Friends of St Peter's besides being a loyal member of our congregation. He found a common bond with virtually everyone he met and was an interesting and interested conversationalist. He brought dead wood to life with his wood-turning and joinery and, among many "out of the limelight" acts of Christian faith, in retirement he became a Prison Visitor. We miss his keen intellect, his dry wit and his willingness to listen to others.

Stuart – may you rest in peace and rise in glory.

A.G.

Millennials see a bleak future

Millennials have the most negative outlook on the future. A quarter of them believe that depression is normal in older age, and two in five of them believe that dementia is inevitable. A survey by the Royal Society for Public Health (RSPH) has also found that half of women and a quarter of men say they feel pressure to stay looking young.

Parish Pump

Bellringing Taster Days

At Cretingham Church

It is planned to have sessions lasting approximately 1 hour during each morning.

The session will include:

- ✚ An introduction to Campanology
- ✚ An optional trip up to the bell chamber to see the bells in situ
- ✚ Demonstrations
- ✚ The opportunity to try the elementary stages of learning to ring a church bell

Sessions will start at 9.00am, 10.30am and 12noon on Saturday 28th July and Saturday 11th August

To book your place please email caric24@outlook.com stating preferred DAY and TIME or phone 01728 685520 (we have a call guardian, you just have to say your name)

MONNEWDEN NOTES

Church Rotas

Date	Flowers & Brasses	Cleaning	Sides person	Coffee
Aug 5th	F Watts		BENEFICE SERVICE , 10 AM, AT EARL SOHAM, ALL WELCOME	
12th	J Crisp	W Heath	B Martin	A Pearce
19th	S Kingston			
26th	M Gibson	M Skeet L Grier	D Grier	M Skeet

READERS

Aug. 12: Brian, Caroline. Aug 26: Family, Children

COFFEE MORNING: The date for the August coffee morning will be Saturday 18th from 10 a.m. onwards in the village hall. Do come along for a bacon roll, a cup of tea or coffee and a chat. The 100 Club draw will take place at this event.



100 CLUB WINNERS:

June: 1 £75 W. Crompton. 2 £50 A. Hamilton. 3 £25 D. Grier.

ADVANCE NOTICES

MONNEWDEN LOCAL HISTORY SOCIETY. Our first meeting of the 2018/19 session, which will be on September 12, will consist of a short AGM followed by Roy Tricker '103 not out, how Suffolk got its own Bishop and Cathedral'. All meetings will, as usual, take place at Monewden Village Hall at 7.30 p.m.

HARVEST SUPPER this year will be held on Friday, October 5 in the village hall. Book this date.

SPONSORED CYCLE RIDE in aid of Suffolk Historic Churches Trust will take place on Saturday, September 8, from 9 a.m. to 5 p.m. If you would like to cycle and help raise some money for Monewden Church and S.H.C.T. sponsorship forms will be available from Kathleen Martin, 01473 737285. Wendy Heath will organise the church sitting rota for which volunteers would be much appreciated.



THE VILLAGE BBQ

Many thanks to everyone who helped behind the scenes and on the afternoon to make the recent Monewden Village BBQ a success. The weather was favourable and all had an enjoyable time, whilst enjoying the delicious cakes, burgers and beer! Overall around £200 was raised.

HYMNS IN THE GARDEN

A big thank you goes to Margaret and Neville Skeet who hosted the Hymns in the Garden for July in their beautiful garden.. 'Hymns in the Garden' - open to anyone who likes singing hymns: 3pm, Thursday 2 August at Firs Farm, Monewden. If you would like to join us for a sing song, followed by coffee and cake but you do not have transport, this can be arranged by calling Kathleen on 01473 737285.

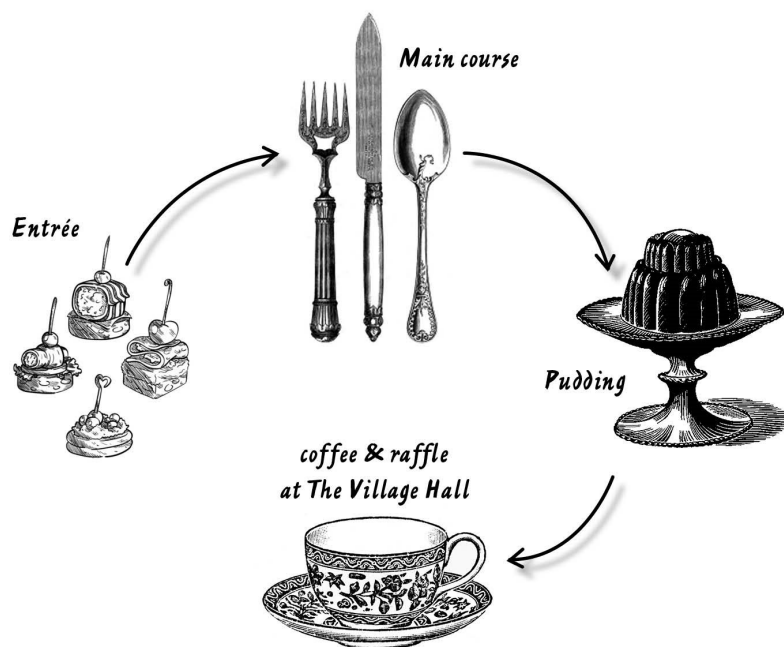


LOOKING FOR RELAXING 'ME' TIME

Then join us at our monthly stitching session on **Friday 3rd August & Friday 7th September** in Monewden Village Hall 10am —12noon. We are a group of likeminded people sewing under the guidance of Alison Pearce who has over 25 years experience of Patchwork, Quilting, Applique and X-stitch. Whether you are experienced or a complete beginner you will be more than welcome to join us. Bring your own projects to work on or start from scratch. There will be a £5 charge per person per session. Some equipment/materials will be available at extra cost or bring your own. Please call Alison on 01473 737155 to book your place or email Alison.pearce1970@yahoo.co.uk, if you are a regular member and are unable to attend, it would be appreciated if you could call or email and let me know. Refreshments will be provided. Call for more information. Look forward to sewing with you soon. **HAPPY STITCHING!**

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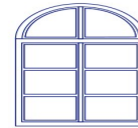
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"	WI Secretary	Mrs Rosalin Baley	01473 737171
"	Rec. Ground Com	Mrs Jan Pedgrift	01473 737 701
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"	Village Hall	Pam Hembra committee@charsfieldvillagehall.org.uk	
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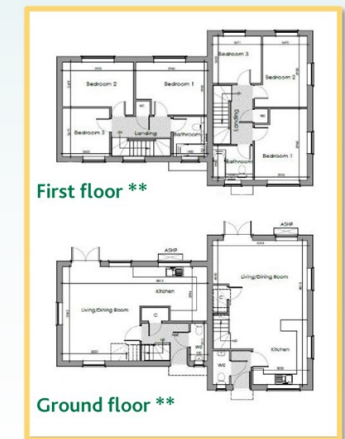
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