

## MID LOES BENEFICE

Ashfield-cum-Thorpe, Charsfield with Debach  
Cretingham, Dallinhoo, Earl Soham,  
Hoo, Letheringham and Monewden

November 2018

### From The Rector

Dear Friends

G. K. Chesterton famously said, “When people stop believing in God, that doesn’t mean they believe in nothing, it means they will believe in anything.”

A fascinating program on the radio recently surveyed people who say that they are atheists but at the same time are happy to talk about their experiences of angels and ghosts. When young people in particular ticked the “no religion” box in a recent national survey, that seemed to indicate a rejection of institutional religion (usually experienced as rather judgemental and repressive) but those same young people were happy to construct all kinds of beliefs in the supernatural, and some spoke quite literally of their freedom to make up beliefs - often involving ghosts and spirits - which they found comforting.

It reminded me of those who claim to be “spiritual but not religious”, which can be rather self-indulgent, without any ethical demands. I am free to construct my own religion (which mustn’t be called that) which suits my own desires.

I suppose one might ask, “Well what’s the harm?” But for me, it raises three issues.

Firstly, the experiences or perceptions of institutional religion which these youngsters have is very negative. This is hardly surprisingly, when any character in any TV drama who professes any kind of Christian belief is usually portrayed as hopelessly naive or a bigot. No wonder this is rejected. It seems we have a real job of work to do to counteract these stereotypes.

Secondly, this kind of made-up religion usually makes no ethical demands on the individual, and is simply self-indulgent. Then our ethics have to come from somewhere else.

Thirdly, whatever happened to the quest for truth at the heart of all religion? All that seems to matter now is whether it works for me. I may be deluded, but at least I’m happy - for now.

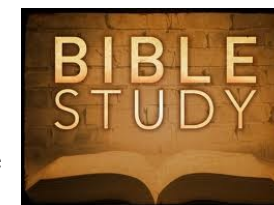
If I believe that my deceased relative is literally still sitting in his chair in the living room, or my child who died is literally communicating with me through a robin in my garden, I can’t help wondering how sustainable this is and whether the grief it conceals will at some point erupt. Is it all part of our reluctance to face the reality of death and of loss?

In my experience, most people come to church not to be told what to believe, but to find meaning and purpose in their lives. We can tap into centuries of experience of wrestling with the ultimate questions without having to reinvent the wheel or to make it up as we go along. The church has long experience of facing the reality of death and has developed liturgies to help people through the process of grief and bereavement. That is why at times of national outpourings of grief at some terrible atrocity (or national celebrations at a time of great joy) people turn to the church - often one of our great cathedrals - and the church handles it in ways born of long experience and deep understanding. The same is true of every service in a local church. It is a pity if people feel the only resource they have is something much shallower and insubstantial, or think they have to make something up themselves. We owe it to our young people to accentuate the positive or they will continue to tick the ‘no religion’ box and turn to those only too ready to exploit their ignorance.

With best wishes  
Stephen

### **BENEFICE BIBLE STUDY**

This month’s Bible Study will be on Tuesday 20th November, 7:30pm at Monewden Village Hall. All are welcome to join this friendly group. We dig deep into the text, but there is always laughter and plenty of chocolate biscuits.



### They shall not grow old

*They shall grow not old as we that are left grow old: age shall not weary them, nor the years condemn. At the going down of the sun and in the morning, we will remember them.*



About 20 years ago I had been to the local war memorial on Remembrance Sunday and had been thinking about the names which had been read out. Our memorial just lists names and initials. So, I set out to discover more information about these men.

There are other memorials in the village including a roll of names in the church porch and these had more detail such as which unit the men served in. I published an appeal for information and people came forward with photographs, memories and letters. I also read local newspapers and found articles on the village and notices about the men.

The Commonwealth Graves Commission has a lot of information on the casualties. I searched under the name of the local village. Sometimes it was difficult, as some surnames are commoner than others. In those days you had to pay a fee and send a request by letter but now the database is simple to use online.

Some of the local men had emigrated to the Empire before the war and had enlisted there. The war records held in Canada, Australia and New Zealand are much better preserved and accessible than in this country.

I enjoyed visiting people who proudly showed off their family treasures of medals, letters and memories. 20 years ago, there were people who remembered casualties from the Second World War and even someone who recalled a man who had been gassed in the First World War. A special shed was built for him, which rotated so he had access to fresh air.

What was special for me was putting first names to men only known previously by an initial and then guessing they were known as Bill or Fred rather than William or Frederick.

In the time leading up to Remembrance Sunday why not visit your local memorial? If it is well looked after and free of litter and weeds, then why not write to whoever looks after it and thank them? If not, then find out who is responsible and ask some questions.

*Parish Pump*

### EARL SOHAM NOTES

Rota for the Altar and Roll of Honour Flowers and Brasses-St. Mary's		
NOVEMBER	Mrs Patterson	Mrs Tinkler
DECEMBER	Mrs Pratt	Mrs Lancaster
Any problems phone Lyn—685278		

**REMEMBRANCE WEEKEND**  
**SATURDAY 10<sup>TH</sup> NOVEMBER 2018**

**ST MARY'S CHURCH 1030 – 1230**  
**COFFEE & REFRESHMENTS**

**DISPLAY GIVING INDIVIDUAL MILITARY HISTORIES OF EARL SOHAM'S CASUALTIES OF THE TWO WORLD WARS**

**BACKGROUND MUSIC, READINGS & POETRY FROM WORLD WAR 1 TO AFGHANISTAN**

**SUNDAY 11<sup>TH</sup> NOVEMBER 2018**  
**REMEMBRANCE SERVICE**  
**ST MARY'S CHURCH 1050 FOLLOWED BY LAYING OF THE WREATH**

# COFFEE MORNING

WITH A CHRISTMAS THEME

## SATURDAY

## 24<sup>th</sup> NOVEMBER

EARL SOHAM VILLAGE HALL

10.30am - 12.30pm

## COFFEE AND MINCE PIES

**Come and make a Christingle**

**BOOKS - Cakes - Preserves - TOM-  
BOLA - CHRISTMAS ITEMS  
..... and more**

PROCEEDS TO ST MARYS EARL SOHAM

EARL SOHAM BOWLS CLUB



## BEETLE DRIVE

Saturday, 24th November at 7.30 pm

in

EARL SOHAM VILLAGE HALL

Tickets £6 (Juniors £4)

to include Ploughman's Supper & Coffee/Tea  
available from

01728 685519 (Pam Sykes) or

01728 685681 (Rachel Carter)

*Please bring your own drinks & glasses*

RAFFLE

In aid of Bowls Club Funds

### Earl Soham Music and Dancing Night 15<sup>th</sup> September.

It is a shame so few turned up for a fantastic evening put on by Terry and Mike.

A big thanks to all that attended, they all said they had a great evening and the dance floor was never empty.

The Village Hall needs a lot of improvements to get it to a good standard and keep it usable.

If fund raising is not supported the hall will become unsafe to use and have to close.

Let's cover day to day running not improvements.

New Toilets, store room, Insulation, new doors, internal and external decoration and finishing surfacing the car park are just a few things that need doing.

We can get grants to help but we need to raise money to get these. People..... Support the Hall or lose it.

Neil Warden Chairman Earl Soham Village Hall.

### Teaching Languages at Earl Soham Primary School

Our motto at Earl Soham Primary School is “A community, learning together supporting each other and celebrating success”. We talk about what this means on a regular basis but more importantly, we put it into practice all the time. The children drum roll on their legs in the weekly sharing assembly while waiting in anticipation for the announcement of each classes’ “Stars of the Week”. Yesterday in yellow class the children broke into a spontaneous round of applause for a classmate who wanted to sing a song in French, a brave move by anyone’s standards! Our older children have welcomed and played with the new reception children with real affection and care and I felt at home the moment I arrived in September 2015.

We talk a lot about our school community but we also recognise that, as small and beautifully tucked away as we are, we are also part of a wider national and global society. It is with this in mind that when I arrived I started to teach French in Yellow Class (Years 3 and 4) on a weekly basis. I was also motivated by my love of France and all things French. Modern foreign languages is so often a subject that has to be squeezed in the primary curriculum with the result that many children arrive at high school with little or no exposure to a different language or culture. The result is often that they do not see a further language qualification as a viable choice at GCSE. We want the children who come to Earl Soham to feel that this is an entirely possible choice. We are happy to have strong links with the language department at Thomas Mills High school and have welcomed pupils from year nine who have taught excellent and exciting lessons to our children on several occasions.

Last year we gained the Bronze Linguamarque certificate and hope to start working towards the silver this year. Each child has a language portfolio that goes with them through the school. We focus on conversation, singing, playing games and integrating other languages into our daily routines. Last year we answered the register in a different language each month as well as learning some basic phrases and will be starting this again after half term. While there is an obvious focus on language skills including speaking, listening and pronunciation the children are also exposed to the cultures and traditions of other countries (with food being everyone’s favourite way of immersing themselves!). With this in mind, we are hoping to take blue class on a visit to The Lemon Tree in Framlingham in order for them to practise their ordering skills with a native French speaker – the next best thing to a trip to France.

If you or someone you know has a love of or experience of living in another country and would like to come and speak to the children, we would love to hear from you.

Charlie Fielder

Class Teacher – Yellow Class

### EARL SOHAM FILM NIGHT

SATURDAY 3<sup>RD</sup> NOVEMBER

7.00 – 7.30PM IN THE VILLAGE HALL

#### THE DARKEST HOUR



#### SATURDAY 1<sup>ST</sup> DECEMBER – THE GREATEST SHOWMAN



## Earl Soham Village Hall

We have a vacancy for a treasurer with immediate effect, Also we will be looking for a secretary from early in the New Year.

Help will be given to assist in taking over these positions.

Anyone interested in either of these positions please contact:

Neil Warden Earl Soham Village Hall Chairman on

01728 684816 or Email  
neilbwarden@btinternet.com

### PRAYER FOR HEALING

A small group meets every month and if you would like prayer for yourself or someone close who is ill or in any kind of need please get in touch with any of the following:

Stephen Brian - 01728 685 308  
Kathleen Martin - 01473 737 285  
Pauline Cobley - 01473 737 317  
Kath Bamford - 01473 737 414

Your call will be treated in the strictest confidence .

## CHARSFIELD WITH DEBACH NOTES

### Church Rotas

Date	Readers	Sides person
Nov 4 <sup>th</sup> 10am Benefice Holy Communion Dallinghoo	All Welcome	
Nov 11 <sup>th</sup> 10.45am Remembrance Service Charsfield  Nov 11 <sup>th</sup> 3.00pm Remembrance Service Debach	TBA	TBA
Nov 18 <sup>th</sup> 6.30pm Evening Prayer	Pam Stephanie	Stephanie
Nov 25 <sup>th</sup> 10am Holy Communion	Cherry Margaret	Margaret

### Cleaning Rota for October

Oct 6th	13th	20th	27th	Nov 3rd
No Cleaning	Angela Joyce	Sheila Pauline	Stephanie Margaret	Lucy

### Flower Rota for October

6th Oct	13th & 20th	29th Sept
Gill Winkworth	HARVEST Everyone Please	Gill Winkworth





## ***Harvest Supper***

A big thank you to everyone who supported the St Peter's Harvest Supper on 13 October. It was a truly happy evening attended by almost 50 people; we raised just over £500 which will be split equally between the St Peter's Fabric Fund and the Addington Fund [www.addingtonfund.org.uk](http://www.addingtonfund.org.uk). It was a great opportunity for us to celebrate the enormous contribution to our lives of our farmers and growers.

Of course, our particular thanks go to Sheila Green for taking on the lion's share of the organisation and to her team of willing helpers who provided us with a delicious three course meal. Everyone worked so hard and we are grateful to all those who donated food, raffle prizes and gave other gifts.

## **Charsfield Baptist Chapel**

### **Sunday services**

**11am each week**

### **Coffee Pot**

**Every Tuesday from 10-12**

**At the chapel hall**



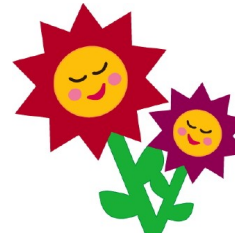
**There is a warm welcome for all. We hope you can join us.**

**Further information available from:**

**Mary Rowe on 01728 582243**

**SINGALONG EVENING** held in the chapel hall on the first Friday of the month from 6.30pm - 9pm which includes an hour of interest, varies in form, followed by buffet supper and ending in singalong, All Welcome,

*Jean Catchpole*



### **Charsfield Flower Show AGM**

**Friday 16th November 2018 at 7.30pm at the Charsfield Village Hall,  
Committee Room**

Are you interested in helping us keep this historic village event going? Would you be willing to stand on the committee? Could you be our treasurer or secretary? Only 4 or 5 meetings are held a year plus the show itself so the time commitment is not massive but more hands make light work so we are keen to expand our committee if possible. For more info please email Di Alexander at [dialexander100@gmail.com](mailto:dialexander100@gmail.com).

All welcome to the AGM. Hopefully see you there.

### **CHARSFIELD RECREATION GROUND**

Date for next year's diary: CHARSFEST 2019 will be held on Saturday 1<sup>st</sup> June.

*Jan Pedgrift*

*Charsfield Recreation Ground*

**Our Hospice Coffee Morning will be held on  
Saturday November 24th from 10am to 12noon.**

Please come along and support this very worthwhile cause. It's a very friendly occasion, lots of chat and laughter, plus wonderful cakes and coffee. There will be the usual seasonal raffle. Crafts and cards for sale. If you have anything that you have made, to donate to the stall, please let me know. We look forward to seeing you all as we start the run up to Christmas.

As on previous occasions the Coffee Morning will be held at The Three Horseshoes, Charsfield, by kind permission of Jerry & Sharon Joyce and Dave Whitley

01473 737549

"Beech Trees" Church Road.

Charsfield  
CEVCP School



We would love you to join us at our  
**Open Morning at**  
**Charsfield CE Primary School on**  
**Thursday 15th November**  
**Between 9.30am – 11.30am**

*Come and see what a small school can offer.*  
*"Learning together, helping*  
*each other"*

Tel no: 01473 737347

Website: [www.greatsmallschools.co.uk](http://www.greatsmallschools.co.uk)



Charsfield Tennis Club are holding  
their AGM

On

Monday 19th November 2018

from 7.30pm

In

Charsfield Village Hall

We look forward to seeing you there.



## DALLINGHOO NOTES

### Church Rotas

Date	Service/Readers	Sides people
Nov 4th 10am	BENEFICE HOLY COMMUNION SERVICE, 10AM, ALL WELCOME.	
11.45am 11th	Remembrance Service	
10am 18th	Family Service TBA	Dawn Gill Tina Love

### Flower and Cleaning Rota for September

4th - 25th November - Mrs Roz Gay & Mrs Sheila West

26th Nov - 16th Dec - Sue Truman

### Church Opening and Closing

12th - 24th Nov - Tina Love

26th Nov - 8th Dec - Di Turner

### THANK YOU'S

We would like thank Linda and John Barry for the wonderful job they have made of the hedges around the church, it puts the finishing touch to the church.

Also a big thank you to Chris Pennington for cutting the grass and tidying the churchyard it look so much better now after a very dry hot summer.



### CAROL SERVICE

This year's carol service will be on Sunday 23rd December at 3.30pm, and will take the same format as last year. More information next month. All welcome.

### **LEN & SUE ARBON**

I (Len) came to the village as a two year old and with brothers and sister joined with young friends in the village (and mischief!) The choir, youth club, whist drives, fete etc we made our entertainment. Worship and work at the church was enjoyed, later, nearly 30 years of care of the churchyard and church, Sue with her years as Churchwarden we took pride in our work.

Now age and poor health brings big changes as we move on to live at Ufford near our youngest son and for the help and support of all our family who are wonderful.

We were very surprised with a wonderful presentation from friends within the Church, of flowers and a money token to purchase something for our new home, we are so grateful, it was a wonderful evening.

We would love friends to call when we get settled. Our love and thanks to everyone.

Len and Sue Arbon  
The Stables  
1, Forge House  
High Street,  
Ufford  
01394 461120



### **CARPET BOWLS**

Carpet bowls meetings for November will be 7th, & 21st. at 7.30pm in Dallinghoo Jubilee Hall. Everyone welcome, especially beginners, good fun, gentle exercise. Contact Cliff Green on 01473 737421 for more information.

### **Yummy honey**

Honey is far more likely to do you good than antibiotics if you have a cold and cough this autumn. That is the recent new guidance from the NHS. Research has found that honey significantly reduces the frequency and severity of coughs.

The National Institute for Health and Care Excellence (NICE) and Public Health England (PHE) are urging us to buy 'self-care' products such as honey, herbal remedies and cough medicines instead of asking our doctors for antibiotics. Only if coughs get very bad and prolonged, or if you feel really unwell and breathless should you consider antibiotics. PP

# **DALLINGHOO FIREWORK NIGHT**

**FRIDAY 2nd NOVEMBER**

**GATES OPEN 6.30pm**

**FIRE LIGHTS 7pm**

**FIREWORKS 7.15pm APPROX**

**FOOD AND DRINKS (Hot&Cold)**

**FREE ENTRY, DONATIONS WOULD BE GRATEFULLY RECEIVED**

**RAFFLE** - Donations would be much appreciated







DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

04 October 2018

I think it fair to say that autumn has certainly arrived – although we have been enjoying mainly mild and sunny days, the evening temperatures are noticeably cooler and the shorter days herald the arrival of longer, darker nights.

But it's easy to see why the arrival of autumn and winter, for some, can mean more prolonged periods of loneliness and isolation. One of the things that makes me particularly proud to represent this area of the country is that we are so lucky here in Suffolk to have such a strong sense of community spirit and inclusion. I especially enjoy meeting so many dedicated volunteers and visitors at the regular coffee mornings and social events that take place throughout Central Suffolk and North Ipswich. Community events such as these provide a vital life-line for those living in a rural county like Suffolk, bringing together like minded friends and ensuring that local communities stay connected and in touch with one another.

Loneliness and isolation can often be associated with poor mental health; Wednesday 10<sup>th</sup> October was World Mental Health Day and I was encouraged to learn about *Time to Change's* simple but effective "Ask Twice" initiative. The initiative is aiming to change the way we all think and act about mental health problems and although attitudes and behaviour are slowly changing towards mental ill health, there is much more to be done to break down the stigma so often attached. None of us think twice about seeking medical advice or help for a physical illness or injury, but with mental ill health, many people are still too proud to seek help, or don't consider mental health to be relevant to them.

When most of us ask a friend, colleague or loved one "How are you?", the usual and expected response is "Fine, thanks." But the reality is that we can all be guilty of saying we're fine when we're not. With one in four people experiencing a mental health problem this year alone, it seems pretty clear that many of us are saying we're fine when we're not. That's why the "Ask Twice" campaign is encouraging us to simply ask our friends, colleagues and loved ones twice if they are ok. Leading such busy lives, time is often at a premium, but the simple act of asking twice shows that we really are willing to listen.

Whilst it's clear to see that much has been achieved so far in raising awareness of mental ill health and the stigma that surrounds it, there is also much more to be done and I will continue to do all that I can to fight for more money for better mental health services here in Suffolk.

## MONNEWDEN NOTES

### Church Rotas

Date	Flowers & Brasses	Cleaning	Sides person	Coffee
Nov 4th	S Kingston	F Watts C Saxby		
11th	M Gibson		M Skeet	W.Heath
18th	M Skeet	K Martin J Vonberg		
25th	J Coe		L Grier	A Pearce

## READERS

Nov. 4 Benefice. Nov. 11 Remembrance. Nov. 25 Family.

**CHURCHES RIDE AND STRIDE:** The PCC would like to thank anybody who cycled or church sat for this event, 50 per cent of their sponsorship is returned directly to their church, for which I am sure our treasurer will be most grateful.

**HARVEST SUPPER:** Once again the assembled company, of about 40, enjoyed a splendid meal prepared by the ladies of the village, the deserts as usual were outstanding. The meal was followed by varied entertainment. The event realised a surplus of £174 which the PCC have decided to donate to Ipswich Night Shelter

**REMEMBRANCE SERVICE:** This service will be held in St. Mary's, Monewden on Sunday, November 11 at 10.45 a.m. The service will be taken by Reverend Wendy Gourlay of Cretingham and the collection will be for the Royal British Legion.

Our next **COFFEE MORNING** will be on Saturday, Nov. 17th, from 10 a.m. onwards. Coffee, tea and bacon rolls will be served. Come and join us, this monthly event is now very popular. The 100 Club draw prizes will be drawn at this event.

**LOCAL HISTORY:** Our October meeting was a very interesting talk by Linda Sexton on the Ipswich riots which occurred on the mid 1800s, their cause and the formation of the Borough Police Force. Our November meeting on the 14th at 7.30 in the village hall, is entitled 'Reflections on a visit to Flanders Fields' by Geoffrey Robinson. New members or guests will be made most welcome.



**WINE TASTING:** This much awaited annual event will be held in the village hall on Friday, November 30<sup>th</sup> at 7.30 p.m. in aid of Monewden Church Appeal Fund. As in previous years Jonathan Williamson from Wines of Interest will be talking us through a tasting session of ten wines, delivered in his usual entertaining and informative style. Tickets will be £12, including buffet, and can be obtained from David Grier on 737298 or Brian Martin on 737285.

**CMS BOXES:** Will all the people who have Church Mission Society collecting boxes endeavour to return them to Margaret Skeet some time in late November so that the donations go in this year's accounts.

### DATES FOR YOUR DAIRY

**COMBINED TOY SERVICE:** The joint Toy Service, where we join with our friends from Dallinghoo, will take place on Sunday, December 9 at 10 a.m. at Monewden Church. Please bring gift wrapped presents for children, including teenagers, labelled suitably for gender and age ranges. As in previous years the gifts, and collection, will be sent to Lighthouse in Ipswich, where they are always gratefully received



**CAROL SERVICE:** Monewden Carol Service this year will be held in the church on Friday, December 21st at 7 p.m., followed by supper in the village hall. More details next month.

**Answers**  
ACROSS: 1, Hopefulness. 9, Hitting. 10, du Pre. 11, Ere. 13, Ozni. 16, Wait. 17, Climbs. 18, Obey. 20, Joni. 21, Cuckoo. 22, In it. 23, Yaws. 25, Elm. 28, Alarm. 29, Epistle. 30, Whitsuntide.  
DOWN: 2, Often. 3, Exit. 4, Urge. 5, Node. 6, Soprano. 7, Theological. 8, Westminster. 12, Rebuke. 14, Icy. 15, Ritual. 19, Epitaph. 20, Joy. 24, Acted. 25, Emit. 26, Menu. 27, Gift.

### SERVICES FOR NOVEMBER 2018

Church	Nov 4 4th Before Advent <i>Green</i>	Nov 11 3rd Before Advent Remembrance <i>Red/Green</i>	Nov 18 2nd Before Advent <i>Green</i>	Nov 25 Christ the King <i>White</i>
Ashfield-cum - Thorpe	↓	6.30pm Evening Prayer & Remembrance	6.30pm Holy Communion	—
Chars field w. Debach	↓	10.45am Remembrance 3pm Debach	6.30pm Evening Prayer	10am Holy Communion
Cretingham	↓	10.50am Remembrance	10am Morning Prayer	4pm Evening Prayer
Dallinghoo	10am Benefice Holy Communion	10.45am Remembrance	10am Family Service	—
Earl Soham	↑	10.50am Remembrance	10am Holy Communion	8am Holy Communion 10am Family Service
Hoo	↑	8.30am Holy Communion & Remembrance	—	8.30am Morning Prayer
Monewden	↑	10.45am Holy Communion & Remembrance	—	10am Family Service Harvest

## READINGS FOR NOVEMBER 2018



	Holy Communion	MP or EP	Psalm
Nov 4	Hebrews Ch 9 vs 11-14 Mark Ch 12 vs 28-34		
Nov 11	Readings for Remembrance Sunday	Readings for Remembrance Sunday	
Nov 18	Hebrews Ch 10 vs 11-25 Mark Ch 13 vs 1-8	Daniel Ch 12 vs 1-3 Mark Ch 13 vs 1-8	Psalm 16
Nov 25	Revelation Ch 1 vs 4b-8 John Ch 18 vs 33-37	Daniel Ch 7 vs 9-10, 13-14 John Ch 18 vs 33-37	Psalm 93
Dec 2	1 Thessalonians Ch 3 vs 9-end Luke Ch 21 vs 25-36		

**THE BENEFICE COMMUNION ON  
SUNDAY 2ND DECEMBER,  
at 10am will be hosted by ,  
ST PETER'S, CRETINGHAM  
ALL WELCOME!**

## ASHFIELD NOTES

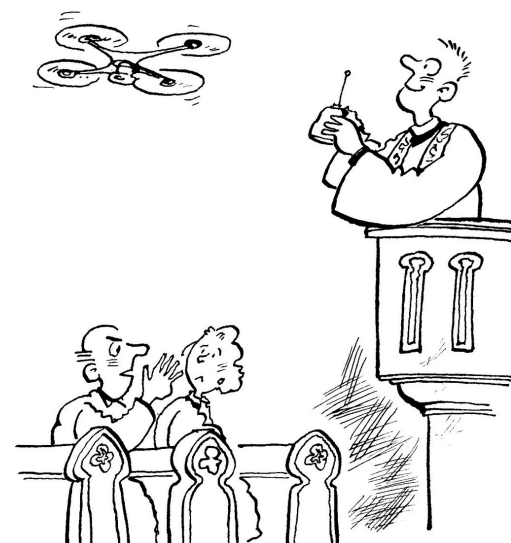
### HARVEST SUPPER.

A big thank you to everyone who helped with or came along to the Harvest Supper. After a delicious meal the larger than usual audience were entertained in true style by Peter Holloway. The evening was a great success and raised some much needed funds for Ashfield Church.

### REMEMBRANCE SUNDAY.

A short Act of Remembrance will take place around the war memorial in St Mary's at the end of Evening Prayer on Sunday 11th November. The service starts at 6.30pm. If anyone wishes to join us exclusively for the Act of Remembrance please be at the back of the church for 7pm ready to assemble by the memorial.

RG.



*...his constant droning from the pulpit  
is really getting on my nerves!*

## News from High Suffolk Rotary See Facebook for more!

The Rotary Club of High Suffolk presents

# MUSIC AT CHRISTMAS

**SATURDAY  
8TH DECEMBER  
AT 7:30 PM  
ST MARY'S CHURCH  
DEBENHAM**

A fabulous evening of live music  
from pop to classical  
and everything in between

Including Christmas carols and  
excerpts from the music of  
Gilbert and Sullivan

Tickets £10 (children free) from  
**R & G Webster newsagents  
50 High Street, Debenham**  
or from  
**01728 861409  
diceyjb@btinternet.com**

All proceeds in aid of the Indonesian tsunami appeal  
and other charities supported by Rotary

IPSWICH  
Gilbert &  
Sullivan  
SOCIETY  
Rotary  
High Suffolk  
[info@highsuffolkrotary.org](mailto:info@highsuffolkrotary.org)

It feels like we've only just finished with Summer... but believe it or not, Christmas is approaching fast.

For the first time this year, we're hosting a Christmas concert. The Ipswich Gilbert and Sullivan Society will be entertaining us with a selection of music for Christmas (including popular works, carols, and the music of G&S themselves).



And of course...  
**Santa is  
polishing up  
his sleigh!**

Once again, Santa will be visiting Debenham, Framlingham, Stradbroke, and Eye. Look out for the posters!

## CRETINGHAM NOTES

### Flower and Cleaning Rota

Month	Altar Flowers	Cleaning
November	Mrs McBride	Mrs Oliver
December	Mrs Defoe	Mrs Runacres



Don't miss ....

### our QUIZ NIGHT on Saturday evening 24<sup>th</sup> November

Book your places now for a home cooked hot supper and bar in Kettleburgh Village Hall.

Sat 24<sup>th</sup> November at 7 pm. £10 Adults/£5 Children

Let Pauline or Heather know if you are coming so we can make sure there is plenty of food to go round. Pauline 01473 737317 or Heather 01728 685736 or email [heather.runacres@hotmail.co.uk](mailto:heather.runacres@hotmail.co.uk).

### Services for November in St. Peters Church.

**REMEMBRANCE SUNDAY** is on 11<sup>th</sup> November led by The Right Rev. Dr. Mike Harrison, Bishop of Dunwich including dedication of the Peace Bell.



**MORNING PRAYER** on 18<sup>th</sup> November at 10 am when we welcome Graham and Mary Vellacott who are taking the service.

**EVENING PRAYER** will now be at 4 pm due to the evenings getting very dark and thinking of the safety of our congregation. This months Evening Prayer with Holy Communion will be on 25<sup>th</sup> November.



**WE NEED  
YOU  
TO JOIN  
OUR  
CREW**

**Don't just sit there...**  
You could be part of this, as a Member, Associate or Friend! Please... get in touch...

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## Don't forget to put the Christmas dates in your diary ...

**Christmas Stalls** Saturday 10am - 12noon on 15<sup>th</sup> December with cakes, gifts, raffle and refreshments all in St. Peters Church. Also chance to be the first to see the wonderful Christmas Flower arrangements.

**Carol Singing at The Bell** Wednesday 19<sup>th</sup> December.

**Carol Service** Sunday 23<sup>rd</sup> December at 4 pm. Do please join us.

**Christmas Day** at 10 am will be an all age worship (approx.. 45 mins) with extended Communion.

**New Years Eve Compline Service** will be at 11.45 pm.

## ANNUAL GENERAL MEETING

'The Friends of St Peter's Church' Cretingham will hold their AGM on Thursday 27th November 2018 at The Bell, Cretingham at 7.30pm to be followed by a Sausage & Mash Supper.

The Parish Council of Cretingham, Monewden & Hoo seeks to employ a new Clerk to the Council on the departure of the current clerk.

There are four meetings per year and the hours are currently 2.5 per week. 21 days paid holiday a year plus bank holidays and two extra statutory days. Salary is paid according to national guidelines and experience.

Please contact either the Chairman, Brian Martin on 01473 737285/  
b.a.martin@btinternet.com

## HOO NOTES

### **HARVEST FESTIVAL**

The harvest festival went very well, many thanks to Janice for taking a lovely service and Roger for playing the organ. Once again the church looked lovely, thanks to all who helped decorate and gave fruit, flowers and vegetables. Gay very kindly took everything to families in need in Ipswich. Thank you Gay, we were most grateful for you doing that, they were very pleased with everything.

### **THANK YOU...**

Thank you Monewden for a very nice harvest supper. Once again we enjoyed good food, good company and good entertainment, that was thoroughly enjoyed by all.

*Margaret Doe*



### **KEEPING MUM OVER TODDLER'S TANTRUM...**

The screaming got louder, and louder;  
Her lungs were fit to burst, but screaming from this  
three year old was going to get far worse.

Her mother said; 'Now, Monica, you really must calm down'  
They were shopping in the supermarket on the edge of  
town.

Then going down the chocolate aisle, more screams began  
to grow. 'There, there, Monica' her mother said, 'Just two  
more aisles to go'.

At the check-out another tantrum, but her mother did not  
snap. She just said 'Monica, we'll be home soon, you then  
can have a nap.'

The check-out assistant was impressed, she looked at the  
mother and smiled. The way she'd remained very calm with  
such an unruly child.

'you have been such patience with Monica' she said, 'I'd  
have gone insane'. The mother said; 'I'm Monica; my daughters  
name is Jane.'





## FANCY SOME TIME FOR YOURSELF IN THE RUN UP TO CHRISTMAS?.....

Then join us for our annual Christmas stitching day on **Saturday 10 November** from 10 - 4 in Monewden Village Hall. You can come along and complete a project for Christmas in a day. The cost will be £25 for the day which will include all the materials you will need to complete your project. We will be making felt tree decorations with sequin and beadwork, or a wall hanging or Christmas gift bags, using a number of techniques. If you would like to join please let me know on 01473 737155 or email: Alison.pearce1970@yahoo.co.uk and if you could let me have a £5 deposit by the 3rd November it would be much appreciated. Look forward to sewing with you just bring a packed lunch and I will provide the cakes!

Please note there will be no monthly stitching session in November. Our normal monthly session will resume again on the first Friday in December from 10 - 4.

### Spider time of day

Are you afraid of the big spiders that come into your house each autumn? Then avoid wandering around your house at about 7.35pm each evening.

It seems that that is the peak time for creepy crawlies to scuttle around your house, looking for a mate. An entomologist at the University of Gloucestershire adds: 'We think that while people are more likely to be sat down and able to view spiders at 7.30pm, the pattern of sightings in rooms other than living rooms suggests that it is not just people driving the pattern - so we think it probably does reflect some spider ecology too.'

No one is sure why spiders feel frisky at 7.30pm, but the good news is that the vast majority of UK spiders are harmless to people, and excellent pest controllers. 'So we should really celebrate the spider season.' As long as the spider is NOT running around on the couch with you.

## Crossword Clues

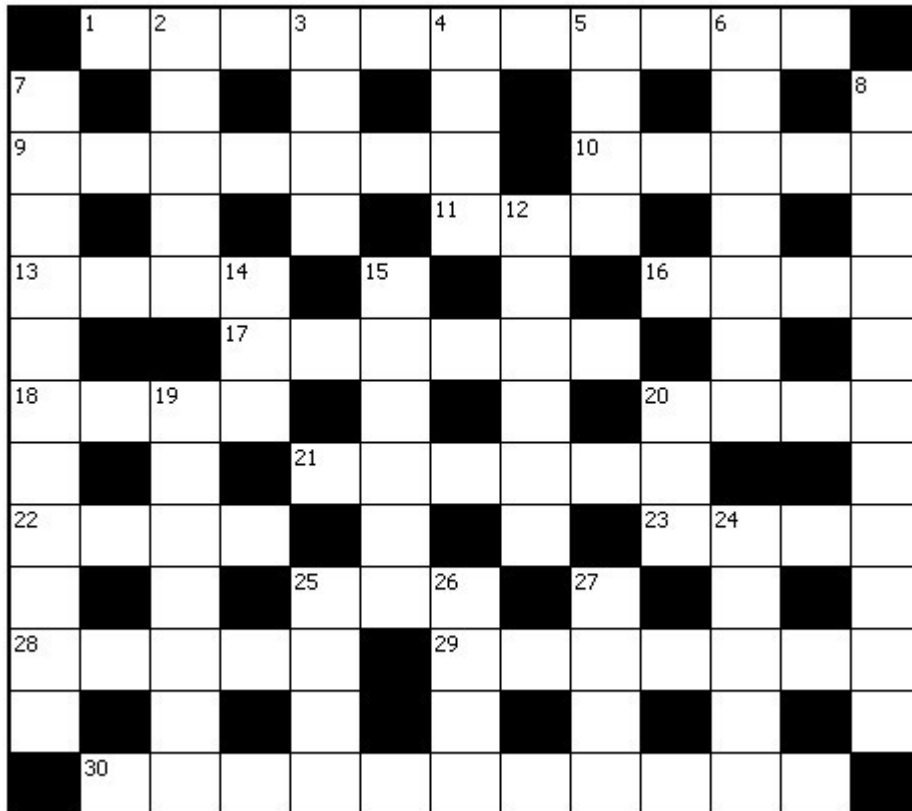
### Across

- 1 and 20 Down Lord of all ..., Lord of all..., whose trust, ever child-like, no cares could destroy (11,3)  
 9 Moses' question to a fighting Hebrew labourer: Why are you ... your fellow Hebrew? (Exodus 2:13) (7)  
 10 Acclaimed cellist who contracted multiple sclerosis at the height of her fame, Jacqueline ... (2,3)  
 11 At even ... the sun was set, the sick, O Lord, around thee lay (3)  
 13 A descendant of Gad (Numbers 26:16) (4)  
 16 Do not leave Jerusalem, but ... for the gift my Father promised (Acts 1:4) (4)  
 17 Clambers (Jeremiah 48:44) (6)  
 18 Peter's response to questioning by the Sanhedrin: We must ... God rather than men! (Acts 5:29) (4)  
 20 Christian paraplegic author, artist and campaigner, ... Eareckson Tada (4)  
 21 Bird partial to the nests of other birds (6)  
 22 Such large crowds gathered round him that he got into a boat and sat ... (Matthew 13:2) (2,2)  
 23 Infectious tropical disease (4)  
 25 Tree (3)  
 28 No fear of me should ... you, nor should my hand be heavy upon you (Job 33:7) (5)  
 29 For example, to Titus, Timothy or Philemon (7)  
 30 Week beginning with Pentecost Sunday, according to the Church's calendar (11)

### Down

- 2 O Jerusalem, how ... I have longed to gather your children together (Matthew 23:37) (5)  
 3 Way out (4)  
 4 Exhort (Romans 12:1) (4)  
 5 Done (anag.) (4)  
 6 Highest of the four voice-parts in a choir (7)  
 7 Concerning the study of God (11)  
 8 Uniquely, it has Abbey, Cathedral and Chapel (11)  
 12 Admonish (Matthew 16:22) (6)  
 14 Frozen (3)  
 15 Established form of religious ceremony (6)  
 19 Inscription often found on gravestones (7)  
 20 See 1 Across  
 24 Behaved (Joshua 7:1) (5)  
 25 Time (anag.) (4)  
 26 Lists choice of meals (4)  
 27 For the wages of sin is death, but the ... of God is eternal life in Christ Jesus (Romans 6:23) (4)

# RELAX



# AND ENJOY!

(Answers at the bottom of page 19)

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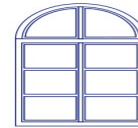
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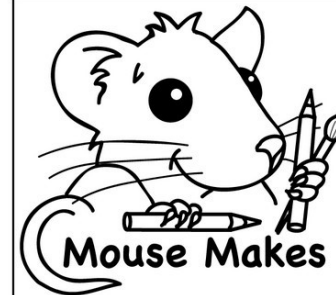
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"	WI Secretary	Mrs Daphne Dale	01728 621 292
"	Village Hall Com.	Anne Pratt	01728 685 745
"	100 Club	Mr. R. Tinkler	01728 685 278
"	Tennis Club	Mrs Mary Patterson	01728 685 362
"	Bowls Club	Mrs Pam Sykes	01728 685 519
"	Scouts/Cubs/Beavers	Mrs J. Lovett	01728 723 712
"	Carpet Bowls Club	Chris Pratt	01728 685745
"	Allotment/Gardeners Association	Mrs Mavis Kerridge Mr. John Stark	01728 685 700 01728 684 385
MONEWDEN	Local History Society	Mr. Peter Driver	01728 724 951

## Young Readers Page



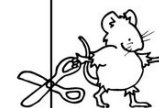
**Remember  
all the  
commandments  
of the Lord  
and obey them**

*Colossians 3:25*

**Jesus said:  
"No one can have  
greater love than  
to give his life for  
his friends."**



*John 15:13*



Cut out, colour and keep  
these cards to help  
you to remember  
God's words to us.



**Remember the words Jesus said:  
"It is more blessed to give  
than to receive."**

*Colossians 3:25*

**Jesus took bread,  
gave thanks,  
broke it and said,  
"This is my body  
which I am giving  
for you, do this to  
remember me."**

*Luke 22:19*

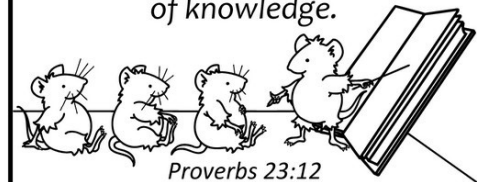


**Remember to keep  
the Sabbath day Holy**

*Exodus 20:8*



**Remember what you are taught,  
and listen carefully to words  
of knowledge.**



*Proverbs 23:12*