

MID LOES BENEFICE

Ashfield-cum-Thorpe, Charsfield with Debach
Cretingham, Dallinghoo, Earl Soham,
Hoo, Letheringham and Monewden

August 2019

From The Rector

Dear friends

We e-bikers are a much maligned species. We get accused of cheating - usually by car drivers. This is very odd. The thinking seems to be that if you are going to cycle you should suffer or else stick to a good honest car. Better to chuck out diesel particulates from a 4x4 than risk being mistaken for a 'genuine' cyclist. But we don't mind - we know that in the climate change debate we have the moral high ground! Except, of course, when we're driving our cars, and I am as guilty as anyone else. We are all compromised, and we don't always think or behave rationally. We are, however, urged to do our bit and our best to save the planet, and who could fail to be moved by the sight of sea creatures and birds ingesting our plastic waste? Whether the solution lay in international policy, changes in the laws of the land, the behaviour of individuals, or a combination of all three, I do not know. Everyone will have their own views and it's possibly best not to point the finger, but we do know that this is God's world and we are stewards of his creation. For Christian folk, that surely has to be the starting point.

Best wishes
Stephen



STUDY LEAVE (SABBATICAL)

I shall be on Study Leave (formerly known as 'Sabbatical') from Thursday 26th December 2019 until Thursday 19th March 2020. This is something all clergy are entitled to take every ten years but which I have never taken before, simply because it has been too difficult to organise. Hence, Bishop Martin has been very supportive of me taking it now. He himself will be on Study Leave for the last three months of this year. I have chosen a period which avoids any major festivals or other possible complications. The Revd Kathleen Martin, as our Assistant Curate, will take temporary responsibility for all matters regarding worship, funerals and other issues which may arise in the benefice. I will say more about this nearer the time, but if any potential difficulties do spring to mind please have a word with me as soon as you can.

BENEFICE BIBLE STUDY

This month's bible study will be on Tuesday 20th August 2019, 7:30pm at Monewden Village Hall. Whether you are new or a regular, you will be very welcome. *SB*

HYMNS IN THE GARDEN

Many thanks to Margaret and Neville Skeet for hosting our July hymns in the garden at Marke Cottage, it was well supported by people from all over the benefice. The next one will be at 3pm on Thursday 1st August at Firs Farm, Monewden. If you like singing hymns please come and join us for singing followed by tea and cake. If you do not have transport this can be arranged by calling Kathleen on 01473 737285. We look forward to seeing you.



BENEFICE COMMUNION

The Benefice service on August 4th will be at St. Mary's, Monewden at **11am**. Please come along, I will be presiding at my first Holy Communion. There will be a Ploughman's lunch followed by puddings in the village hall after the service to celebrate. Please join us, all are invited.

Please note the later time!

MID-WEEK MORNING PRAYER

I am going to hold a mid-week Common Worship Morning Prayer service on the second and fourth Wednesday's at 10am in each church in the Benefice during the summer months. It will be said Morning Prayer followed by tea or coffee and a chat. I would love it if you could join me. The first one will be at Ashfield on 14th August followed by Charsfield on 28th August.

Kathleen



Unfortunately, the vicar's idea to save on the cost of incense by allowing vaping in church proved to be impractical

EARL SOHAM NOTES

Rota for the Altar and Roll of Honour Flowers and Brasses-St. Mary's		
AUGUST	Mrs Patterson	Mrs Denton
SEPTEMBER	Mrs Kerridge	Mrs Roberts
Any problems phone Lyn—685278		

ST MARY'S EARL SOHAM HARVEST SUPPER

The Earl Soham Harvest Supper is a great tradition and we would love it to continue but regrettably neither Irene nor I are able to continue to organize it. This year it is scheduled to be held on Saturday October 12th and if one or two people would be willing to take it on, we would love to hear from you by the end of August. If we have no volunteers, I am afraid the Harvest Supper will be cancelled.

Irene Elmore 685814
Mavis Kerridge. 685700



ST. MARY'S EARL SOHAM

FETE

**SATURDAY
AUGUST 3RD**

2 – 4.15 PM

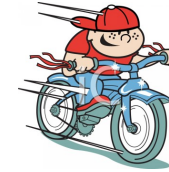
**TRADITIONAL EVENT
ON THE VILLAGE GREEN**

FREE PARKING ADJACENT

STALLS AND GAMES including

Steam Train Rides, Cakes, Plants & Produce, Toys, Grand Draw, Tombola, Face painting, Bric a Brac, Books, BBQ, Teas, Pimms & Beer, Coconut Shy, Human Fruit Machine and much much more

IN AID OF ST MARY'S CHURCH FABRIC FUND



**SUFFOLK HISTORIC CHURCHES TRUST
RIDE AND STRIDE**

**SATURDAY 14^H SEPTEMBER 2019
9am to 5 pm**

We attracted further cyclists last year. Please may we have even more support this year to help raise much needed funds both for St Mary's, Earl Soham and the Suffolk Historic Churches Trust.

Sponsorship forms are available from me and in the church.

**Mary Patterson "Sunnyside", Earl Soham,
01728 685362**

EARL SOHAM BOWLS CLUB



Annual Tournament
Saturday, 7th September at 1.00 pm

Spectators will be most welcome at our popular tournament. Play will be continuous throughout the afternoon and tea & biscuits will be available.

DRAW

Generously sponsored, once again, by Longstaff Transport, Redwood, Earl Soham (01728 685770), suppliers of all aggregates and equestrian surfaces

EARL SOHAM COMMUNITY PRIMARY SCHOOL

From the joint leaders of the School Council – Faith Pearce and Sophie Last

How we were elected.

Sophie and I have always wanted to be school council representatives and we have worked so hard to be where we are. We had been planning for over a year and were very confident that we would be good, supportive, school council leaders. So when the time came to run for school council leaders we needed a manifesto, so we wrote one. We explained what we were going to do and what our ideas were. Sophie and I were extremely excited about the voting but also very nervous, as we weren't the only ones running. When the time came to vote we were not only anxious but eager to see who won. We were so happy when we found out we won. We couldn't believe it. We were so thankful to everyone who voted for us.

Faith Pearce

Pudsey Day (BBC Children in Need)

For Pudsey Day we did some fun activities that even involved some of the teachers. These were: face painting, a treasure hunt and a photo booth. For the face painting we drew Pudsey on peoples' faces and even the teachers had their faces painted and for the treasure hunt we did a challenge where the children had to find the Pudsey Bears hidden in the school grounds. Finally we did a photo booth where the children dressed up in funny outfits.

Sophie Last

The children raised over £80 for Children in Need and are currently (this is written in July) organising a whole-school trip to Duxford to take place towards the end of the summer term.

Dates:

Wednesday September 4th : first day of the Autumn term for children.

Best wishes and good luck to all students who are leaving us this July and a huge welcome to any students who will be joining us for the first time in September.

CHARSFIELD WITH DEBACH NOTES
Church Rotas

Date	Readers	Sides person
August 4 th 11am Benefice Holy Communion Monewden	Benefice Holy Communion at Monewden All Welcome	
August 18 th 6.30pm Evening Prayer	Roger Stephanie	Stephanie
August 25 th 10am Holy Communion	Cherry Pam	Pam

Cleaning Rota for August

3rd	10th	17th	24th	31st
No Cleaning	Ros Lucy	Angela Joyce	Sheila Pauline	Stephanie Margaret

Flower Rota for August

3rd	10th&17th	24th&31st
Lucy Fox	Joyce Whitley	Angela Farmer

Thank you to everyone who helped with Charsfest and came along on the day. We had glorious weather and a good time was enjoyed by all.

This year we made £661 for the maintenance fund.

Keep a watch out for our next fund raising events: The Fish and Chip quiz on 27th September and The Big Breakfast on 20th October

Jan Pedgrift

Secretary, Charsfield Recreation Ground Committee

Charsfield Baptist Chapel



Sunday services

11am each week

Coffee Pot

Every Tuesday from 10-12
At the chapel hall



There is a warm welcome for all. We hope you can join us.

Further information available from:

Mary Rowe on 01728 582243

Personal prayer The chapel is open each morning, Monday - Saturday for personal prayer between 9.30 and 10.30am.

Singalong Suppers

Friday 2nd August

Held once a month in the Chapel hall. We start each evening at 6.30pm with something of general interest for half an hour. We then enjoy a buffet meal together. This is followed by a 'singalong' of hymns and songs at 8pm, finishing at 9pm. Do come and join us - you will be most welcome.

Morals

A new vicar had arrived, to replace the one who always ended his lengthy sermons with: "Now the moral of all this is..."

A few weeks later the Bishop ran into one of the churchwardens and asked how things were going with the new vicar. He got an enthusiastic replay: "Oh Bishop, the new vicar is just great, he hasn't any morals at all!"
Parish Pump

CRETINGHAM NOTES

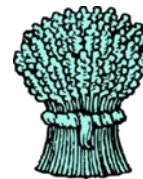
Flower and Cleaning Rota

	Altar Flowers	Cleaning
August	Mrs Walker	Mr & Mrs Gourlay
September	Mrs Chenery	Mr & Mrs Runacres

Services for August in St. Peters are –

18th August 10 am Family Service with Benefice Holiday Club children.

25th August 6.30 pm Evening Prayer with Holy Communion.



Cretingham **HARVEST SUPPER**

Saturday 14th September 2019

in Home Farm Barn starting at 7 pm.

£10 Adults / £5 Children which includes supper and music.

Contact either Pauline 01473 737317 or

Heather Runacres 01728 685736/

heather.runacres@hotmail.co.uk

Traditional **HARVEST FESTIVAL** Service 10 am on Sunday 15th September 2019

Variety of produce / flowers taken up to the Altar and singing of



'We plough the fields and scatter the good seed on the land'

Come and help us raise the roof with our singing.

Church Fete 2019. We were blessed with fine weather for this year's Fete which brought a good number of folk to Oak Corner to listen to the Ipswich Wind Band - delightful, as ever - and enjoy the sideshows, competitions and stalls. Takings were a little down on last year but a healthy £1101.07 has been added to Church funds.

Thank you to everyone who helped organise the event; thank you to everyone who helped on the day behind stalls and sideshows; thank you to everyone who donated prizes, bottles, tombola prizes, books, cakes, etc; and thank you to those who helped tidy away in order to leave Oak Corner looking clean and cared-for.

AG.

Fete Competition. Our Rose Bowl competition in 2019 was to compose a Limerick featuring some words about Cretingham. There were some excellent entries - all showing great imagination and flair. By popular vote on the afternoon the winning entry was judged to be from Alan Davidson and goes as follows:

There was a young lady from Cretingham
Whose passion was squirrels and petting 'em
Her love for them paled
When house-training failed
And they spoiled all her carpets by wetting 'em!

100 Club - relaunch. After a pause of seven or so years we have relaunched our 100 Club with the opportunity to win monthly prizes of £25 and £15 (Mega-draws in July and December for £50 and £30).

Your unique number is entered in every monthly draw for an annual stake of £24.00 and there is no limit on the number of numbers an individual may hold - although only 100 tickets will issued.

Over 40 of the numbers have already been allocated and we are actively canvassing to sell the remaining 50+. Please contact Alister Gourlay on 01728 685335 if you would like to participate.

The first draw will take place at September's Harvest Supper and on the first Friday of each month thereafter in The Cretingham Bell (July's draw will be made at the Fete).

DALLINGHOO NOTES

Church Rotas

Date	Service/Readers	Sides people
Aug 4th 11am	BENEFICE HOLY COMMUNION, 11AM, AT MONEWDEN, FOLLOWED BY PLOUGHMAN'S LUNCH . ALL WELCOME	
6.30pm	11th Evening Prayer & Holy Communion C Sullivan A Brown	C Sullivan
10am	18th Morning Prayer Readers TBC	D Gill T Love

Flower and Cleaning Rota

3rd August - Roz & Sheila

10th & 17th - Di

24th & 31st - Linda

7th & 14th September - Barbara

Church Opening and Closing

5th - 12th August - Di

2nd - 9th September - Annie

CYCLE RIDE 2019

The annual churches cycle ride takes place on Saturday 14th September - if anyone is able to cycle for St Mary's , Dallinghoo or to sit in the church to welcome visiting cyclists please let Charlotte Sullivan know. Sponsor forms will be in the church vestry.



THE COFFEE MORNINGS!!

May I just start by saying the 1st coffee morning in June raised £85.80 not £5.80 so that sounds a bit better! (Apologies for the typo - Editor)

The 2nd one on 13th July was once again a success. We all had a nice chat to catch up with many of the villagers and we raised £81.60 so, many thanks to all the helpers and to everyone who came, every little helps towards the repair appeal to St Mary's.

The 3rd one will take place Saturday 10th August 10-12pm, in the vestry, all welcome.

POO!POO!POO!POO!

Once again it has been brought up about the amount of dog fouling, on the playing field, on the side of the roads around the village and in the churchyard! PLEASE, PLEASE, if you walk your dogs and your dog does what dogs do! (Poo) please pick it up and dispose of it properly. You may see the new signs appear around the village. There is a fine of £1000 if you are caught. We are aware of a few who are doing this so instead of naming you please do the decent thing and PICK IT UP!!



PRAYER FOR HEALING

A small group meets every month and if you would like prayer for yourself or someone close who is ill or in any kind of need please get in touch with any of the following:

Stephen Brian - 01728 685 308
Kathleen Martin - 01473 737 285
Pauline Cobley - 01473 737 317
Kath Bamford - 01473 737 414

Your call will be treated in the strictest confidence .

Dallinghoo Historic Church Repair Appeal

Fundraising Barn Dance

31st August 2019 7-11pm

at Bredfield Village Hall



Dancing to

The Metric Foot
Barn Dance Band



*Bring a group of
family or friends
to join the fun!*

**Tickets on sale
from**

1st July

Price: only £12.50

(£10 for 10-16 yr olds)

**to include a
delicious home-
made supper.**

Licensed bar
serving Aldnam's real ale,
lager, wine, cider
and soft drinks

For more information email helen.tye@gmail.com

Buy your tickets
from

the Quinlans at
The Old Rectory,
Dallinghoo

Tel: 01473 737700

*Be quick as tickets
are limited - cut off
date: 19th August*



DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

02 July 2018

Undoubtedly, the best part of my week is coming home to Suffolk on a Thursday evening and leaving behind all the stresses and pressures of a week in Parliament, not to mention the congestion. Returning home to Suffolk makes me really appreciate all that is special about this county – its rural character, great sense of community spirit and vibrant market towns. Indeed only a few weeks ago, we celebrated the 3rd ever Suffolk Day – showcasing all that is great about this wonderful county.

I have also enjoyed meeting so many visitors and residents taking time out to enjoy our fantastic local fetes and community events. It takes a great community effort by willing volunteers to pull these events together and on the whole, we have certainly been blessed with perfect summer weather to enjoy them. For me, it's the perfect opportunity to meet and talk to many people whilst also stocking up on local Suffolk produce.

Here in Central Suffolk and North Ipswich, we are incredibly lucky to have a number of bustling market towns, all surrounded by rolling countryside and Suffolk's famous wide-open skies. Indeed, Suffolk's natural landscape has inspired writers, artists and musicians for centuries – Constable, Munnings and Britten to name a few, and of course more recently, Framlingham's very own Ed Sheeran. With such a vibrant, growing economy, and connections to London, the Midlands and beyond, it's no wonder that so many major businesses and small rural start-ups are choosing to make Suffolk their home.

One of the reasons that so many of us choose to live in Suffolk is because of its rural heritage and our beautiful countryside, and whilst we would all agree that we need an appropriate level of small scale development and affordable homes to help support young families to continue to live and work in Suffolk, none of us wants to see our countryside destroyed by inappropriate over-development. Planning is, of course, a local matter decided by our local councils. When deciding planning policy and where there should be new businesses and homes, it's important that our local councils take an evidence based approach, and always prioritise brownfield sites over building on the countryside. That is why it is so important for our local councils to make sure they have a local development framework and land supply plan in place, to discourage inappropriate development.

I will continue to work closely with our local councillors to ensure that we protect the rural nature and integrity of Suffolk's towns and villages and will always stand up for the best interests of local residents in fighting inappropriate planning applications.

For more information, please visit my website www.drdanielpoulter.com

LEHERINGHAM NOTES

MID WEEK SERVICE

There will be a midweek evening prayer service held at St Mary's, Letheringham on Wednesday 14th August, 6.30pm. All Welcome.

Going to Uni this autumn? Or not?

This month thousands of school leavers will be anticipating with excitement the prospect of going on in October to what they insist on calling 'Uni'. School is over, exams have been taken, required grades achieved, courses chosen and now the promised land of fun and freedom and a bit of study lies ahead.

But among them is a minority who, unknown to parents or even themselves, are anxious about it all. Will I settle into a new environment? Will I make friends? Or will I desperately fail my parents and family? Do I really want this?

By the end of the first year most students have come to terms with the highly individual nature of university life. Some will find adjusting difficult. Isolation and loneliness, as we all know, are extremely stressful. If the problems persist then professional help should be sought, perhaps through the university Student Health Team. Unrecognised, or hidden, this anxiety can have serious consequences.

What can parents and family do to identify and help those potentially isolated students? We can make ourselves available on the phone or internet – a familiar voice in a new setting. We can pray for them. We can make sure, on their home visits, that they actually talk about their new life – study, friends and leisure.

Answers may not come readily, but there is one point you can make that helps to put anxieties into perspective. If they have discovered that university life is not for them let them know that they can leave. They have a choice! Many are reluctant to do this because they are aware that parents have largely financed their education, and they have let them down. Assure them that is not so – love is not like that. If 'Uni' is not for them sit down together and look at the options. There is plenty of life outside of Uni!

Parish Pump

HOO NOTES

CYCLE RIDE

Don't forget the date for the cycle ride - Saturday 14th September. Perry has the sponsor forms if anyone would like one.

GET WELL SOON

We do hope David Grier is on the mend he has had a nasty time of it we send him our love and good wishes for a speedy recovery. We also hope Andy Branton is recovering from his operation and will soon be up and about again. We send our prayers to all who have been under the weather lately,

God Bless
Margaret Doe

OUT OF THE MOUTHS OF BABES!



Attending a wedding for the first time, a little girl whispered to her mother, "Why is the bride dressed in white?" The mother replied, "Because white is the colour of happiness, and today is the happiest day of her life" The child thought about this for a moment then said, "So why is the groom wearing black?"



SERVICES FOR AUGUST 2019

Church	Aug 4th Trinity 7 Proper 13 <i>Green</i>	August 11th Trinity 8 Proper 14 <i>Green</i>	August 18th Trinity 9 Proper 15 <i>Green</i>	August 25th Trinity 10 Proper 16 <i>Green</i>
Ashfield-cum-Thorpe	↓	6.30pm Evening Prayer	6.30pm Holy Communion	----
Chars field w. Debach	↓	-----	6.30pm Evening Prayer	10.am Holy Communion
Cretingham	↓	---	10.am Family Service Holiday club	6.30pm Evening Prayer & Holy Communion
Dallinghoo	↓	6.30pm Evening Prayer & Holy Communion	10am Morning Prayer	----
Earl Soham	↓	10am Family Service	10am Holy Communion	8am Holy Communion 10.am Morning Prayer
Hoo	↓	8..30am Holy Communion	-----	8.30am Morning Prayer
Monewden	11am Benefice Holy Communion Ploughman's Lunch	10am Holy Communion	-----	10am Family Service
Letheringham	↑	---	-----	-----

Wed 14 Aug
6.30pm EP

READINGS FOR AUGUST 2019



	Holy Communion	MP or EP	Psalm
August 4th	Colossians Ch 3 vs 1-11 Luke Ch 12 vs 13-21		
August 11th	Hebrews Ch 11 vs 1-3, 8-16 Luke Ch 12 vs 32-40	Genesis Ch 15 vs 1-6 Luke Ch 12 vs 32-40	Psalm 33 vs 12-end
August 18th	Hebrews Ch 11 v 29 - Ch 12 v 2 Luke Ch 12 vs 49-56	Jeremiah Ch 23 vs 23-29 Luke Ch 12 vs 49-56	Psalm 82
August 25th	Hebrews Ch 12 vs 19-end Luke Ch 13 vs 10-17	Isaiah Ch 58 vs 9b - end Luke Ch 13 vs 10-17	Psalm 103 vs 1-8
September 1st	Hebrews Ch 13 vs 1-8, 15-16 Luke Ch 14 vs 1, 7-14		

**The Benefice Service on
Sunday 1st September
Will be hosted by
St. Mary's, Ashfield
All Welcome**

ASHFIELD NOTES

SHCT CYCLE RIDE 2019.

As mentioned in last months edition we will be looking to man Ashfield Church between 9am and 5pm on Saturday 14th September. If you are able to spare an hour or two to sit in the church and welcome visiting cyclists please let Jane Davidson or myself know and we will put you onto the rota. Sponsorship forms for those who would like to ride around churches themselves will be available in church from beginning of August.

Thank you in anticipation.
Robert Grimsey.



Thankyou

I just wanted to say a huge heartfelt thanks to our Community First Responder Belinda Handley, for going above and beyond during my husband's recent medical episode.

Sarah & Nick Dalton
Sunnyside Corner

Where do children feel most lonely?

Children who grow up in the city are nearly four times more lonely than those who grow up in the countryside.

That is the finding of a recent official study into childhood loneliness. It found that 19.5 per cent of children in cities report 'often' feeling lonely, as opposed to just five per cent in towns or rural areas.

The Office for National Statistics also found that it could be linked to the fact that in the city, parents are more hesitant about letting children go out on their own.

As one doctor explained, "Despite easier access to people via social media, that doesn't seem to be helping in terms of loneliness. It emphasises the need for face to face contact and social support in a physical way."

News from High Suffolk Rotary See Facebook for more!

	<p>Rotary... Professionals, Business people, and Community Leaders using their skills to benefit others. And having a good time doing it. We need your help - please get in touch.</p> <p>Email: info@highsuffolkrotary.org www.highsuffolkrotary.org Highsuffolkrotary</p>	
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Camels in Debenham... We had a great evening at Debenham High School on the 21st June, helping the Friends of DHS to organise a "Camel Racing" fund-raising evening. Many thanks to all who came and helped or just joined in the fun.

Garden games in Wetheringsett.... Our annual summer event for members and friends was held at the home of incoming president John Cooper and raised over £700. Many thanks to all those who came, and a special thank you to John and wife Nusia for all the hard work they did.



...and robots in Creting St Mary. Suffolk Farmhouse Cheeses is a successful local business in Creting St.Mary. On the 10th July we spent a great evening being shown around the farm by owners Jason and Katherine Salisbury. There were many surprises during the evening, not the least being the back-scratching machine and the robot which feeds, washes and milks the cows!

Happy New Year! Our garden party was also the occasion for outgoing president Rhona to hand over the care of the club to new president John, who comes with a background as a senior manager with Rolls-Royce, as well as a considerable knowledge of whisky.

Talking about Whisky... On the 9th September, John will be hosting another of his tasting events, this time entitled "Scotch Whisky and British Tapas", at the White Hart in Otley. Tickets are £26 for Whisky and Buffet (Driver tickets £14), available from **01728 861204**. Places are limited, so please get in touch as early as possible.



MONWEDEN NOTES

Church Rotas

Date	Flowers & Brasses	Cleaning	Sides person	Coffee
Aug 4th	J Vonberg	BENEFICE HOLY COMMUNION 11AM. Followed by Ploughman's lunch		
11th	C Saxby	F Watts C Saxby	B Martin	C Saxby
18th	K Martin			
25th	W Heath	K Martin J Vonberg	L Grier	M Skeet

READERS

Aug. 4 Benefice; Aug 11 Lesley; 25 Family Service.

COFFEE MORNING: The date for August Coffee Morning will be Saturday 17th from 10 a.m. onwards in the village hall. Do come along for a bacon roll, a cup of tea or coffee and a chat. The 100 Club draw will take place at this event.

ANNUAL FETE this year was on Saturday, July 6, rather earlier than usual. Unfortunately the weather was not too kind to us this year. Provisional result for the fete is £927.37. which considering the weather was not too bad. A mention must be made of the youngsters was danced in the rain for us, really well done. A big thank you to all involved, as ever there is a huge amount of work done before the day including setting up on Friday night, preparing the individual stalls etc. A really good team effort from a lot people in the village.





Open Day

Sunday 25th August 2019

All Welcome

Free BBQ 1pm to 3pm

Visiting Aircraft from 10am by PPR

Arts and Crafts for the Children

If you drive an interesting car please bring it along

Please call 01473 737486 for more information

Monewden Airfield, Clopton Road, IP13 7DF

FORTHCOMING EVENTS

MONOWDEN LOCAL HISTORY SOCIETY: The 2019/20 Session of the society commences on Wednesday, September 11 at 7.30 in the village hall. There will be a short AGM followed by the first meeting of the season which will be a talk on the History of Tea by Peter Booth-Smith. The annual subscription of £14 covers the eight meetings of the year, or guests are welcome at £2.50 per meeting. For further information about the society please contact Dave Steward on 07858 752179 or Peter Keeble on 01473 737406.

HYMNS IN THE GARDEN

Many thanks to Margaret and Neville Skeet for hosting our July hymns in the garden at Marke Cottage, it was well supported by people from all over the benefice. The next one will be at 3pm on Thursday 1st August at Firs Farm, Monewden. If you like singing hymns please come and join us for singing followed by tea and cake. If you do not have transport this can be arranged by calling Kathleen on 01473 737285. We look forward to seeing you.

MONTHLY STITCHING SESSION.....

Join us for our monthly stitching session on **Friday 2 August 2019**



then 6 September 2019 from 10 - 12 in Monewden Village Hall. We are a small friendly group from beginners to advanced stitchers, sewing under the guidance of Alison Pearce who has almost 30 years of experience in hand sewing, patchwork, quilting, applique and cross

stitch. Bring your own projects to work on or purchase all the materials you need from the session. Each session costs £5. Refreshments provided. For more information call Alison on 01473 737155

or

email: Alison.pearce1970@yahoo.co.uk.

iPads and toddlers

You may want to keep your toddler quiet and amused, but you risk damaging their mental health if you allow them to go onto social media from as young as two years old.

That is the stark warning from Barnardo's. In a recent report the charity expressed alarm that so many parents are now using iPads and iPhones to keep their toddlers "quiet".

Too much time online can delay an under-five's ability to talk, leave them with very limited social skills, and make them lose interest in other activities. Parents then believe their child has autism or learning needs when, in fact, the problem is 'lack of parental interaction'. Young children can also too easily access 'inappropriate' images and be exposed to grooming by paedophiles.

The charity report concludes: "It is evident from official statistics that we are sleepwalking into a mental health crisis." Already one in 18 two-to-four-year-olds have a mental health disorder and one in eight five-to-19-year-olds, which is equivalent to three children in every classroom.

The charity says that social media should not be allowed before the age of 13.



CHARITY CONCERT

SATURDAY 7 SEPTEMBER

3pm

ST MARY'S, DALLINGHOO

In aid of

WORRY TREE CAFÉ

Worry Tree
Café



Our Vision
'One day everyone in our
community will feel
included'

HOURLY
COMMUNITY

(Charity Reg. No.1167837)

Featuring:

JULIAN MARSHALL - PIANO

KALAM PEARCE - VOCALS

Followed by Afternoon Tea in the Vestry

FREE ADMISSION

DONATIONS GREATLY APPRECIATED

Ss. Peter & Paul, Clare*

AUGUST BANK HOLIDAY



OF AROUND

4,000

GOOD QUALITY

BOOKS

ALL SECOND-HAND, BUT MANY IN NEARLY NEW CON-
DITION, VERY REASONABLY PRICED AND ON A
WIDE RANGE OF SUBJECTS:
FICTION (OLD AND NEW), POETRY, HISTORY, EAST AN-
GLIA, GARDENING, COOKERY, BIOGRAPHY AND MANY
OTHERS.

BARGAINS FOR BOOKWORMS!

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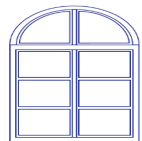
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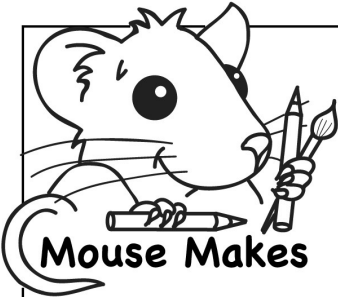
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Clerks to Parish Councils

Ashfield	Simon Ashton E-mail: actpc.clerk@gmail.com Tel: 07889935227
Charsfield	Pamela Hembra E-mail: charsfieldparishcouncil@gmail.com Tel: 01473 737655
Cretingham	Acting Clerk : Caroline Saxby E-mail: cmhparishcouncil@gmail.com Tel:
Dallinghoo	Chris Ling E-mail: all.lings@btopenworld.com Tel:
Earl Soham	Guy Harvey E-mail: gutharvey1@btinternet.com Tel: 01728 685729
Hoo	Jane Page (see Cretingham above)
Letheringham	David Allan E-mail: letheringham@btinternet.com 07411 277784
Monewden	Caroline Saxby (see Cretingham above)
Village Hall/Community Centre Booking Secretaries:	
Ashfield	Elaine Marjoram Tel: 07821189683
Charsfield	Website: www.charsfieldvillagehall.org.uk Email: enquiries@charsfieldvillagehall.org.uk Or Tel: 07935 445193
Dallinghoo	Mr Chris Pennington Tel: 01473 737 836
Earl Soham	Lorna Perkins Tel: 01728 684827 Email: esvhbookings@gmail.com
Monewden	Sian Kingston Tel: 07887606717 Email: sian@rskingston.com

Village Organisations			
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"	WI Secretary	Mrs Rosalin Baley	01473 737171
"	Rec. Ground Com	Mrs Jan Pedgrift	01473 737 701
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"	Flower Show Secretary	Mrs Pip Smith	01473 277166
"	Village Hall	Pam Hembra committee@charsfieldvillagehall.org.uk	
CRETINGHAM	100 Club	Mr. Alister Gourlay	01728 685 335
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"	Carpet Bowls Club	Mr. Cliff Green	01473 737 421
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EARL SOHAM	FO St. Mary's	Mr. John Stott	01728 861 340
"	Primary School	Mr. Lambillion-Jameson	01728 685 359
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"	Carpet Bowls Club	Chris Pratt	01728 685745
"	Allotment/Gardeners Association	Mrs Mavis Kerridge Mr. John Stark	01728 685 700 01728 684 385
MONOWDEN	Local History Society	Mr. Peter Driver	01728 724 951

Young Readers Page



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Read: Matthew 6:19-21

The LOVE of money is at the root of all sorts of what?
1 Timothy 6:9-10
What should you be on your guard against?
Luke 12:15

What did Jesus ask the rich man to do?
Read: Luke 18:22-26

What is it good to be rich in?
1 Timothy 6:18-19

What two things can't you serve at the same time?
_____ and _____
Matthew 6:24

Who supplies all your needs?
_____ of _____
Philippians 4:19
Matthew 13:4

Who has all the treasures of wisdom and knowledge?

TREASURE IN HEAVEN
How many other words can you make from...

Colossians 2:2-3

Proverbs 6:16

What is better than gold?

What is like a hidden treasure?