MID-LOES BENEFICE MAGAZINE Ashfield-cum-Thorpe, Charsfield with Debach, Cretingham, Dallinghoo, Earl Soham, Hoo, Letheringham, Monewden

April 2024



Benefice Service Sunday 7th April 10am

St. Andrew & St. Eustachius Church, Hoo

All Welcome

WHO'S WHO IN THE BENEFICE

		•		
Rector	Revd Gary Best, The Rectory, Earl Soham (Day off Friday) Email: revgarybest@gmail.com	01728 685550 07493 072 695		
Assistant Priest	Revd Kathleen Martin, Firs Farm, Monewden Email: rev.kay@yahoo.com	01473 737285 07928 799 416		
Lay Elders	Mrs. Mary Vellacott, Stretham House, Earl Soham Miss Amber Pearce-Wright	01728 685 423		
Mag. Editor	Revd Gary Best, E-Mail: midloesmagazine@gmail.com	01728 685550		
	ASHFIELD			
Churchwardens	Robert Grimsey email: Robert@rwgrimsey.co.uk	01728 685 203		
Secretary	Robert Grimsey, as above			
Treasurer	Robert Grimsey, as above			
	CHARSFIELD			
Churchwardens	Linda Stratton	01473 737771		
	Mike Bamford			
Secretary	Beverley Gugenheim, The Cottage, The Street, Charsfield Email: bev@gugenheim.net			
Treasurer	Vacancy	01473 737667		
CRETINGHAM				
Churchwardens	Alister Gourlay, Tubric Cottage, Cretingham	01728 685 335		
	Mrs. Heather Runacres, Dove Farm Cotts. Cretingham	01728 685736		
Secretary				
Treasurer	Alister Gourlay, Tubric Cottage, Cretingham	01728 685 335		
DALLINGHOO				
Churchwardens	Mrs. Charlotte Sullivan email : charlottesullivan87@yahoo.com	07967743006		
Secretary	Tina Love, 2 Blacksmiths Cottages, Dallinghoo	01473 737653		
Treasurer	Ros Bayley, ros.bayley@googlemail.com			
	Who's Who continues on the inside back cover			

The Deadline for contributions to the MAY 2024 edition is Sunday 21st April

MID LOES BENEFICE Ashfield-cum-Thorpe, Charsfield with Debach Cretingham, Dallinghoo, Earl Soham, Hoo, Letheringham and Monewden

April 2024

From The Rectory ...

STOP! LOOK! LISTEN!

As I look out of my office window, I see a field where Rapeseed is growing, and I know that within a matter of 2-3 weeks, the field will be a beautiful blanket of yellow. Of course, the rapeseed is following on from the Snowdrops, and more recently, the Daffodils that we see growing abundantly in our gardens and in the local hedgerows. It is fair to say, that Spring is well and truly on the way.

The following words are not my own, but have been taken, with some editing, from a reflection that I read that I felt brought home the beauty and wonder of springtime being upon us, but also recognising the importance of the resurrection in connection with the beauty that surrounds us in our everyday lives.

At this time, when we are still very much in the season of Easter, Spring is a tangible way in which we see how our lives are changed by God's grace. All around us, the 'dead' is 'coming back to life,' and growing. Spring is the perfect season following on from our Easter celebrations, where we have focussed on the new life that Jesus Christ brings to us through his death and resurrection, as we see the miracle of new life all around us in this season!

As we have journeyed through Lent and Easter, the world of nature is coming alive around us, and this should be a symbol of what is to happen in our own hearts.... the dawning of springtime...

The 'resurrection' that is happening all around us in nature, during the season of spring, gives us physical reminders to celebrate Christ's resurrection! Winter is now past. The snow is gone, and the gardener prunes his trees and vines for another harvest.

Nature joyfully cries out: 'Stop, look and listen, for spring is here!'

Yes, there is a glorious resurrection in nature.

STOP! or you will tread upon the tender flowers that have just risen from the dead.

LOOK! and you will see that old tree whose branches in winter resembled the long arms of a ghost, but now the tree begins to bloom with fragrant apple blossoms.

LISTEN! and you will hear the singing bird so full of song that it seems he will burst his little throat. The earth sounds a note of joy and gladness. Everyone picks up the melody and intones the words: 'Stop, look and listen, for there is a resurrection in nature.'

While we think about the springtime and the physical resurrection of the world which points to Christ's resurrection, let us truly celebrate springtime!

We honour springtime not just for its beauty (although that is certainly worth celebrating) or for the joy that the warm sun brings (also worthy of accolades, especially after a wet and cold winter). Rather, we celebrate springtime because God uses it to remind us of the glory of resurrection.

Love and Blessings, Revd Gary



PRAYER FOR HEALING

A small group meets every month and if you would like prayer for yourself or someone close who is ill or in any kind of need please get in touch with any of the following:

Kathleen Martin - 01473 737 285

Pauline Cobley - 01473 737 317

Margaret Salter - 01473 737 182

Mary Vellacott - 01728 685423

BENEFICE CHOIR

The next service where the choir will be present, is being held at:

St. Andrew & St. Eustachius Church, Hoo

Sunday 7th April - Choir present from 9am

If you wish to join the choir or have any questions relating to the choir, please contact:

David Irlande - davidirlande@gmail.com; 07931 594 325

BENEFICE HOLY COMMUNION AND LIGHT LUNCH

Thursday 11th April from 12noon At Firs Farm, Monewden

A reflective Holy Communion service followed by a light lunch to which all are welcome.

Please let Revd Kathleen know if you are coming in order to help with planning.

b.a.martin@btconnect.com or 01473 737285

Rota for the Altar and Roll of Honour Flowers and Brasses - St. Mary's			
April	Mrs Lebus		
May	Mrs Stott		
Any problems ring Denise - 685234			

EARL SOHAM WI

A thriving, growing and friendly group. We hold interesting, informative and fun meetings. These are usually on the 4th Thursday of every month at 7.00pm at Brandeston Village Hall. New members from Earl Soham and the surrounding villages/areas are most welcome.



Next meeting:

28th Mar – 7.00pm Brandeston Village Hall

Birthday Meeting. A light hearted evening with Robin and Sue Franklin

25th April – 7.00pm Brandeston Village Hall

"The Life of Leonard Cheshire" with Barbara McElroy



Find us at www.sefwi.org.uk or contact Eleri Whitham – 01728 628614

EARL SOHAM BOWLS CLUB

Earl Soham Bowls Club members play every Saturday afternoon from 13th April until 21st September 2024 at the bowling green (opposite John Hutton Butchers) at 2.30pm.

We are looking for new members to join. No previous experience necessary so if you would like to come along one Saturday afternoon and have a go, you would be most welcome.



If you have any further questions, please contact Martin Dorey (Club Secretary) on telephone: 01728 684880, or email: martin.dorey58@btinternet.com

NELLA COTTON 1934 - 2024

Ann and Mark would like to thank everyone in the village, not only for their kind thoughts following ou dear Mums death, but also for all the visits and support she received over the last year. Earl Soham was her life and she loved being part of this special community.



April Services at St. Mary's, Earl Soham

April 7th - Benefice Service:

St. Andrew & St. Eustachius Church, Hoo

April 14th - All-Age Worship, 10am

April 21st - Holy Communion, 10am

April 28th - Morning Prayer, 10am

St Elizabeth Hospice are looking to recruit a team of warm, caring and empathetic Community Volunteers to provide support to people living in their own homes.

The support provided may include tasks such as collecting and delivering shopping, collecting medication, making a snack or drink, lighthouse work and gardening or visiting to provide carer/loved one respite, reassurance or a cup of tea and a chat.

We have many patients requesting support in their own homes, across various locations in Suffolk but in particular – Saxmundham, Ipswich, Woodbridge, Eye, Felixstowe and Stowmarket areas. Visits can sometimes be up to 4 hours, but usually would be much less.

If you have any questions regarding the role please contact the Volunteer Team on 01473 707939 or email volunteer@stelizabethhospice.org.uk

SUFFOLK PLANT MACHINERY

Your local friendly plant machinery hire company based in Brundish Nr Framlingham with 20 years experience in machinery hire and Sunward sales.



We offer a full range of diggers from micro 1-ton machines to gain access through doorways to 6-8 ton machines for larger jobs, dumpers, skid steer loaders, mini telehandlers and specialised attachments for the machines.

- Prompt friendly service at a sensible price
- We can offer self-drive or with experienced operators.
- We can offer full delivery and collection service for machines if required.
- No job too small or too big and advice given if needed.

We also have full workshop facilities for repairs and servicing of any machines.

Please call to discuss your requirements on 01379 384977. Email office@suffolkplantmachinery.co.uk



FLOWER AND CLEANING ROTA

	Altar Flowers	Cleaning
April	Mrs Runacres	Mrs Runacres
May	Mrs Chenery	Mr & Mrs Gourlay

What a fabulous turnout! soooo a Big Thank You to everyone who came and supported our Race Night fundraiser held in Brandeston Village Hall. Lots of frantic betting, cheering on of your favourite horse shouts of "Nooooo" as your horse was pipped at the post by your neighbours horse!!! Ploughmans supper, bar and prizes made for a great evening and resulted in just over £700 raised – thank you all so much.

Next COFFEE & CHAT in St. Peters Church is Friday 19th April 10 am to 12 noon.





Still time to see our EASTER FLOWERS in Church

Do pop in and visit to view the marvellous flower displays in each window and on each ledge celebrating Easter.

St. Peters Church Cretingham's Annual Parochial Church Meeting is on Sunday 5th May after the Benefice service at Charsfield. We start the meeting joined with some of our friends from the Benefice, then breaking to discuss matters in our individual parishes. Meet at Charsfield Village Hall

11 am for refreshments before an 11.30 start.

SERVICES IN ST. PETER FOR APRIL ARE -

7th April – Benefice Service at Hoo Church, 10am

14th April - Morning Prayer, 10am

21st April – Holy Communion, 10aml

UP AND COMING EVENTS FOR YOUR DIARY –

- Sunday 23rd June at 11.30 am Patronal Festival in St. Peters followed bring your own picnic and chairs to have with friends and neighbours in the churchyard.
- Saturday 13th July Village/Church Summer Fete on Oak Corner.

Cretingham Village Fete & Fun Day

Saturday 13th July 2024

3pm At Oak Corner for stalls and games Followed by BBQ and live music at the Cretingham Bell

More details to follow

CHURCH ROTAS

Date	Flowers/ Brasses	Church Cleaning	Sidesperson	Coffee
April 7		Benefice C	ommunion	
April 14	C. Saxby	J. Vonberg	D. Grier	L. Grier
April 21				
April 28	F. Watts	W. Heath	L. Grier	W. Heath

CHURCH READERS

7th Benefice Communion. 14th Martine, Anne.

MARCH 100 CLUB WINNERS

£25 J. Vonberg; £15 R. Aitchinson; £15 P. Grier.

Our next **COFFEE MORNING** will be on Saturday, April 20th from 10 a.m. onwards. Real coffee, tea, breakfast and bacon rolls will be served. Come and join us, this monthly event is now very popular. The 100 Club draw prizes for April will be drawn at this event.

BENEFICE HOLY COMMUNION AND LIGHT LUNCH Thursday 11th April

from 12 noon at Firs Farm, Monewden

Please let Revd Kathleen know if you are coming in order to help with planning.

b.a.martin@btconnect.com or 01473 737285

IF YOU WISH TO ADVERTISE IN THIS MAGAZINE, PLEASE CONTACT:

Caroline Saxby, Advertising Manager:

Tel: 01473 277146

E-mail: saxbies@hotmail.com



QUAYNOTES

Just a reminder that local music group Quaynotes are performing at Hoo church on the evening of **13 April**. More details can be found on the flyer with this magazine. Please come along and join us for what promises to be a special evening, refreshments including a glass of wine will be served at the conclusion of the concert.

OPEN GARDEN

If you haven't already got it in your diary, the garden at Hoo Hall will be open in aid of Hoo church, is on **Sunday 9 June 2024**, between 2 and 5.30pm. If you have been before, we look forward to seeing you again, if not, come along and enjoy some relaxing hours in a lovely garden.

SUFFOLK HISTORIC CHURCHES CYCLE RIDE

This will take place as usual on the second Saturday in September and I am reminded that it was this event which started my connection with Hoo church. In the 1990s I lived and worked in Essex, but on the second Saturday of each September I would load my bike into the car and drive to Needham Market, which was the start and end point for a day spent visiting thirty or so Suffolk country churches, one of which was Hoo. One of the reasons for doing the ride in Suffolk rather than Essex was the fact that in those days there was someone to give a warm welcome at virtually all the Suffolk churches, whereas in Essex it was the exception rather than the rule. The welcome at Hoo and it became, over the years, the place I paused for something to eat and a longer chat, initially with Mrs Frances Parkinson and Perry Branton, who I learned was one of the churchwardens, then in later years with Perry and Margaret. In the years when I met Mrs Parkinson, I felt very privileged to be given a glass of sherry, which certainly made Hoo unique among the churches I visited.

These days fewer churches are manned for the cycle ride but Hoo is one that is, and the welcome is as warm as ever. If you don't cycle, we will still be pleased to see you, but if you or your friends are pedallers, please pay our lovely little church a visit as part of your ride. I cycled over to Hoo from Debenham last weekend on the same Claud Butler bike I used for many years on the annual cycle ride. It is over thirty years old now, but still running well, and it was great to be riding it to Hoo church again and reliving some of the many happy memories of cycling days there.

Francis Whitbread

SONGS OF SEA AND SHORE

You are invited to join us at Hoo Church on Saturday 13th April 2024 for an evening of music



Quaynotes are a local folk trio who play a mix of traditional and contemporary songs and tunes with guitar, tenor and bass ukulele, autoharp, Celtic harp and voices all delivered with rich harmonies, good humour and a passion for their music.

'We came together to share songs soon after lockdown and now we never tire of playing the music we love. We hope you enjoy it too.' (Julia, Penny and Claudia)

Doors open 6.30, concert begins at 7.00 and lasts for 50 minutes, followed by refreshments.

Free entry – donations to the church welcome

CHARSFIELD WITH DEBACH NOTES

CHURCH ROTAS

Date	Readers	Sides person	
April 7 th 10 am	Benefice Holy	/ Communion	
Benefice Holy	at Hoo		
Communion, Hoo	All welcome		
April 14 th	No Service at Charsfield		
	Please check the magazine for details of Services elsewhere		
	in the Benefice		
April 21 st 6.30pm	Gill Linda		
Evening Prayer	Linda		
April 28 th 10am	Sheila Pauline		
Holy Communion	Pauline		

St Peter's Church Charsfield Fabric Fund 2024

Coffee Morning on Friday 17 May 2024 10am – 12noon

Hill Farm, Charsfield (opposite Hall Road)

Tea, Coffee & Cake

*Cakes & Preserves * Bric-a-Brac * Books* Plants * Raffle

Please do come and support

Offers of cakes, preserves, bric-a-brac, books and plants greatly appreciated. Please contact Linda 737771 or Margaret 737182

We can collect. Offers of Plants particularly welcome.

Charsfield with Debach PCC

NOTICES FOR THE BAPTIST CHAPEL

Charsfield Baptist Coffee Pot has been suspended for the time being, whilst the Chapel Hall is out of action.

Sunday services are at 11am every Sunday. The Easter service to be taken by Pastor John Green.

Due to circumstances arising from the October flood damage, morning prayer times in the Chapel have been suspended until further notice.

CHARSFIELD WITH DEBACH NOTES

St. Peter's Church Cleaning Rota - April 2024			
April 13th April 27th			
Stephanie and Margaret	Lucy		

St. Peter's Church Flower Rota - April 2024			
April 6th April 13th April 20th April 27th			
Everyone Sheila Green Sheila Green Lucy Fox			

CREAM TEAS

Cream Teas will start again from June to September in St. Peter's Charsfield. This year they will be held on 3rd Sunday of the month, 3-5pm. Home-made scones and cake and a chance to chat with friends with a cup of tea. All proceeds will be going to Church Funds.





Church Road, Charsfield, Woodbridge IP13 7QB, office@charsfieldprimary.org.uk, 01473 737347



ANNUAL PAROCHIAL CHURCH MEETING

(APCM)

Please note the following dates for the benefice churches APCMs.

Charsfield / Dallinghoo / Ashfield / Cretingham / Letheringham / Monewden

Sunday 5th May - Charsfield Village Hall - 11.30am

Hoo Monday May 13th - Hoo Church - 2pm

Earl Soham Monday 22nd April - St. Mary's Church, Earl Soham - 7pm

Please refer to the back cover for further information.



Charsfield Flower Show 2024

Here is a list of the subjects for the Flower Show Photo classes for this year. We hope that you find something that inspires you to take that perfect prize winning picture!

Classes

- 72. Into the Wild
- 73. Bridge(s)
- 74. A dessert
- 75. A Charsfield scene.
- 76. Coast
- 77. Pet(s)
- 78. A Favourite plant in your garden
- 79. Your choice of coloured photo
- 80. Insect(s)
- 81. A black and white photograph

Also

71. Novice Class - Photo can be of any subject. (Entry to this class is restricted to a competitor who has not won a first place in any photography class at Charsfield Flower Show in the last 3 years.)

Unless otherwise stated photos should be in colour and a maximum size of 7"x 5".

As well as photography the different areas covered by the Flower Show are flowers both growing in pots and cut flowers, floral art, home grown vegetables, cake, biscuits, and bread making, eggs, preserves and crafts as well as a section for children's crafts, baking and handwriting.

Charsfield Flower Show has been very grateful to sponsors for the 92 different classes over the years and if anyone feels that they would like to sponsor a class or classes (£3 a class) to support this village community event please contact:

> Maureen Arbon (01473 737 346), email- thearbons@btinternet.com

	April 7th	April 14th	April 21st	April 28th
Church	2nd of Easter	3rd of Easter	4th of Easter	5th of Easter
Church	White	White	White	White
Ashfield		6.30pm Evening Prayer GB	8.30am Holy Communion KM	×
Charsfield		×	6.30pm Evening Prayer GB	10am Holy Communion KM
Cretingham		10am Morning Prayer APW	10am Holy Communion GB	x
Dallinghoo		6.30pm Holy Communion ₩ G	10am All-Age Worship KM	x
Earl Soham		10am All-Age Worship MV	10am Holy Communion WG	10am Morning Prayer GB
Ноо	10am Benefice HC KM & WG	8.30am Holy Communion KM	×	8.30am Morning Prayer GB
Letheringham		x	×	х
Monewden		10am Holy Communion GB	×	10am All-Age Worship CW



Regular worshippers were upgraded to first class



DALLINGHOO NOTES

CHURCH SERVICES FOR APRIL

14th April	6.30pm	Holy Communion
21st April	10am	Family Service

INSTALLATION SERVICE

Thanks to everyone who contributed to the lovely service in March when Gary was formally installed as Rector of the Benefice. The music at the service was lovely and it was great to hear the choir in full voice. Also a special thanks to everyone who contributed refreshments after the service.

CHURCHYARD TIDY UP 13 APRIL FROM 10AM

Do come along and help us get the church and churchyard ready for the summer season. All helpers welcome. There are a wide variety of tasks to be completed both large and small. There will also be some inside jobs in case of rain!

PLANT SALE AND CAKE STALL 28 APRIL

This will take place at the Jubilee Hall. A great opportunity to stock up for your garden ahead of summer. There will also be refreshments and a cake stall.

WELCOME TO DALLINGHOO!

Poppy & Tyler have bought into No 3, Church Road and are making some necessary improvements before they move in.

Charlotte & Jake have bought Rose Cottage but there's even more work to do there to make it liveable so it will probably be a while before they can actually move in.

All four are most welcome & we hope their lives here are very happy ones.

THANK YOU

A thank you to all those kind people who gave us small plastic plant pots for our Plant & Cake Sale on Sunday 28th April. You know who you are - I don't because bags of pots just appeared - we are grateful!

Jeremy Quinlan



LEATHERINGHAM NOTES

The Letheringham PCC are delighted to welcome Letheringham Parishioner, Malcolm Ross, to the PCC. Malcolm and his wife, Janet, (also on the LPCC) have lived in Letheringham for five years and have become fully involved in the life of the village and fundraising for St.Mary's. Malcolm has kindly offered to take on the role of Churchwarden. Polly Ffitch, who has acted as pro-temp Churchwarden for many years and who has given many years of service and dedication to St. Mary's and LPCC has decided to step down. Polly is now in charge of the Church Flower rota and would greatly appreciate any offers of help and support.

> Malcolm can be contacted on his mobile: 07720 213472 or email at malcolmnross@icloud.com

FORTHCOMING SERVICES AT

THE PRIORY CHURCH OF ST.MARY'S LETHERINGHAM

SUNDAY 31ST MARCH 9.30AM - EASTER SERVICE

WEDNESDAY 19TH JUNE 6.30PM - TAIZE SERVICE

LETHERINGHAM PARISH COUNCIL

CLERK REQUIRED

Letheringham Parish Council is seeking a Parish Clerk. This is an employed position on this small and friendly Council, for further information please contact us at: **letheringhamparishcouncil@gmail.com**

IF YOU WISH TO ADVERTISE IN THIS MAGAZINE, PLEASE CONTACT:

Caroline Saxby, Advertising Manager:

Tel: 01473 277146

E-mail: saxbies@hotmail.com

MAGAZINE DONATIONS

Thank you to everyone who has already made a donation towards the costs of the Magazine, your help is greatly appreciated.

It has come to my attention that some people have experienced difficulty when trying to make an electronic payment this seems to relate to the account name which must be quoted in full. Whilst 'Ashfield PCC' is acceptable for cheques for electronic [online] payments the account name has to be 'Ashfield Parochial Church Council'. My apologies if you have tried unsuccessfully to make a donation and I hope that you will feel able to try again.

The full payment details for a bank transfer are; Account No: 70124427, Sort Code: 20-98-07, Account Name: ASHFIELD PAROCHIAL CHURCH COUNCIL, Ref: Mag24.

If you prefer to make a cash or cheque donation these can be left with Jane at 'Ashfield Hall' or myself at 'Corner View'.

Thank you, Robert

WANTED

ASHFIELD PARISH COUNCIL exists to work for residents achieving what it can for the betterment of the village for all residents. We are a consultee on various topics and in particular things that have the potential to have a significant Impact on the village and its residents. Our representations are taken into account when decisions are taken on planning applications etc. Governed by the size of the population Ashfield PC can have up to seven Councillors at the present time we are a Council of four. The role of a Parish Councillor does not have to be onerous with the prime requirement to attend four or five Parish Council meetings over the course of the year. Obviously if you want to get more involved there is scope to get involved with particular projects which nevertheless are seldom labour intensive yet at the same time can make a real difference!

It would be really good to have a 'full' Council of seven Councillors would you like to join us? If you are thinking about it and would like to find out more do please speak to one of us for a broader conversation about it. Anyone with property interests in the parish may become a Councillor once they have been resident/owned the property for two years.

Please give this some consideration.

Thank you, Robert, Myles, Simon and Chris [your Parish Councillors]

QUIZ NIGHT

On behalf of the team 'The Dee Gees' I would like to thank the Community Council for putting on the Quiz Night. We certainly enjoyed ourselves and would imagine everyone of the good sized crowd also did!

Thank you again, Robert

ASHFIELD FOOTPATHS

I am sorry that due to the incessant wet weather it has not been possible for me to carry out my annual audit of the footpaths in Ashfield as yet. I am hoping to get to this in the next few weeks as it [hopefully] dries out.

It goes without saying that some, in particular cross field paths are going to be rather muddy at the moment. There are various good routes that can be taken without the need to walk across fields. If you are not familiar with our paths please speak to Malcolm Pease or myself and we can let you have a map.



Recently after some delay I have managed to replace the signpost at a X of paths along Waddlegoose Lane.

Whilst I would like to think that all of our routes are open and accessible at all times there can be occasions when things are not as they should be. Please do let Malcolm or myself know ASAP if you come across any problems so we can get these sorted.

Thank you, Robert.



Hi everyone,

The last time I penned (that has become a forgotten term!) my article was in last November. We are now in a New Year, and I wish everyone a very Happy New Year.

January is the traditional month for reviewing the past year and looking forward to the new. So, it is also with The Debenham Project, and why the trustees and the leaders of our groups, activities and services get together to hear about and discuss the whole breadth of the Project – What we do, how many we support, what it costs, the benefits, and what we could do better this year. During the year we tend to concentrate on our individual bits of the Project as volunteers and participants and rarely think about the spectrum of support we offer and whether we would like to know more about one or many of the other bits.

So here they all are:

Carers Club/Info Café; Fit Club; Lunch Clubs; TLC (Talking, Listening, Caring) Group; Post Diagnosis Support; Songs for Sharing; On-line Support Package; Events; Website; Information and Advice; Transport; Publicity and Promotion; Project Management; Funding and finance.

All of it is based upon the very real needs of local carers and those they care for. The amazing generosity our community, and often (sadly) by donations made in the memory of those loved ones and friends who have passed away. Please do let anyone you know who might be struggling to care for a partner, mum, dad, relative, friend or neighbour about The Debenham Project, or if you would like to become a volunteer with us, to call me on 01728 862003.

> With all my thanks and best wishes, Lynden Jackson www.the-debenham-project.org.uk 01728 862003



Food Donations across the Benefice

The benefice churches are delighted to be supporting FIND (Families in Need) a local charity based in Ipswich supporting people across the local villages and towns.

For over 30 years, Families in Need (FIND) Ipswich, has offered a lifeline to people in Ipswich and the surrounding areas who are experiencing poverty and despair.

FIND provides free food parcels and personal care items to help people get through a crisis, as well as furniture, bedding and other household items where the person or family has none.

An army of over 80 volunteers regularly give their time freely to check and sort the donated food, collect items from local stores, make up the food parcels and deliver them.

It's a six-day a week operation.

The demand for food parcels has risen year on year and FIND now distributes an average of 120-150 parcels every week and even more at Christmas - more than 7,000 every year.

Going Forward

Each church within the benefice has now become a donation point where there are boxes in the church porches in which donations can be left. The donations will then be collected on a regular basis and taken to the offices of FIND. Currently, the food requirements are as follows:

> Long grain rice - Long-life whole milk Toiletries for men, women and children Tinned vegetables, meat, fruit/desserts Coffee - Sugar - Jam - Soup Pet food (dog, cat, fish, rabbit/guinea pig)

If you are able to donate, thank you.

OUR READERS ARE PLEASED TO HAVE LOCAL BUSINESSESS TO CONTACT WHEN THEY NEED PROFESSIONAL SERVICES.

If you would like to advertise in this magazine's **Directory of Local Businesses** please contact Mrs. Caroline Saxby, our advertising Manager who will be pleased to give you full details. Get in touch with her by phoning 01473 277146 or e-mailing: saxbies@hotmail.com

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Each box to contain roasting joints, a selection of steaks, diced stewing steak and mince.

Price £120 per 10kg box Free local delivery within Mid-Loes benefice.

Please ring Chris on 07979 667247 or email fcgreen@btconnect.com



MOB: 07879810483



Discover the benefits of homeopathy. Does something feel out of balance in your body, or are you struggling with an issue that won't go away? Homeopathy is a holistic

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Hoo Caroline Sa	axby (see Cretingham above)
Trevor Gill	
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Website: h	ttps://letheringham.onesuffolk.net
Monewden Caroline Sa	axby (see Cretingham above)
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Email: suea	andgeoffhenney@hotmail.co.uk
Charsfield Website: w	/ww.charsfieldvillagehall.org.uk
Email: end	uiries@charsfieldvillagehall.org.uk
Or <i>Tel:</i> 079	935 445193
Dallinghoo Mr Chris Po	ennington
Tel: 01473	737 836
Earl Soham Village Hal	l Committee
Tel: 0796	1 606647
Email: esvł	1bookings@gmail.com
Website: e	arlsohamvillagehall.org
Monewden Sian Kingst	
Tel: 07887	
Email: sian	@rskingston.com

VILLAGE ORGANISATIONS				
ASHFIELD	Community Council	Ms Sam Thomas 07985 80768		
"	Ladies Group	Mrs Susan Hansen	01728 685 738	
CHARSFIELD	CEVC Primary School	Mr Mark Taylor	01473 737 347	
"	WI Secretary	Mrs Rosalin Baley	01473 737171	
u	Rec. Ground Com	Gerry Smith	01473 277166	
u	Tennis Club	charsfieldrgtennis@yahoo.com	1	
u	Flower Show Secretary	Mrs Pip Smith	01473 277166	
u	Village Hall	Pam Hembra committee@charsfieldvillagehall.org.uk		
CRETINGHAM	100 Club	Mr Alister Gourlay 01728 685 335		
DALLINGHOO	Rec. Ground Com.	Mr Derek Spall	01473 737 565	
u	Carpet Bowls Club	Mr Cliff Green	01473 737 421	
u	Village Hall Com.	Mr Derek Spall	01473 737 565	
EARL SOHAM	FO St. Mary's	Mr John Stott	01728 861 340	
u	Primary School	Mrs Jen Carlyle	01728 685 359	
u	WI Secretary	Mrs Daphne Dale	01728 621 292	
u	Village Hall Secretary	Mrs Susie Starke	01728 684 385	
u	100 Club	Christopher Pratt	07395 918937	
u	Tennis Club	Mrs Mary Patterson	01728 685 362	
u	Bowls Club	Martin Dorey	01728 684880	
u	Scouts/Cubs/Beavers	Mrs J. Lovett	01728 723 712	
u	Carpet Bowls Club	Chris Pratt	07395 918937	
	Allotment/Gardeners Association	Mrs Susie Starke Mrs Janice Meakin	01728 684385 07921 263632	



WHO'S WHO IN THE BENEFICE (Continued from inside front cover)

EARL SOHAM

Churchwardens	Dr. John Elmore, Hill Farm, Earl Soham	01728 685 814
Secretary	Mrs. Mavis Kerridge, The Malt House, Earl Soham	01728 685 700
Treasurer	Christopher Pratt, 5 Clarke Drive, Framlingham	07395 918 937

HOO

Churchwardens Secretary Treasurer	Vacancy Mr Trevor Branton, The Poplars, Pound Hill, Dallinghoo Mr Francis Whitbread, Archers Keep, Butts Lane, Deber Email fwhitbread57@gmail.com	01473 737 246 ham. 07788 563827
LETHERINGHAM		
Churchwardens	Vacancy	
Secretary	Janet Ross, Pips Cottage, Cooks Hill, Letheringham Email jeross1@me.com	01728 746228
Treasurer	Terence Carlin. Email terence.carlin@btinternet.com	01728 746480
MONEWDEN		
Churchwardens	David Grier, Northgates, Monewden	01473 737 298
	Mr Brian Martin, Firs Farm, Monewden	01473 737 285
Secretary	Mrs. Caroline Saxby, Maple Ho, Rookery Rd. Mon'den	01473 277 146
Treasurer	David & Lesley Grier, Northgates, Monewden	01473 737 298
CHARSFIELD BAPTIST CHAPEL		
Pastor	John Green, The Manse, The Street, Charsfield	01473 737861
Secretary/		
Treasurer	Vacant	
Deacon	Philip Read, 2, Owners Cottages, Hall Road, Charsfield	01473 737372

In order to keep this information up to date please inform the Editor of changes as they occur. midloesmagazine@gmail.com

The Deadline for contributions to the MAY 2024 edition is Sunday 21st April

Annual Parochial Church Meeting (APCM)

Please note the following dates for the benefice churches APCMs.

Charsfield / Dallinghoo / Ashfield / Cretingham / Letheringham / Monewden

Sunday 5th May - Charsfield Village Hall - 11.30am

HOO Monday May 13th - Hoo Church - 2pm

Earl Soham

Monday 22nd April - St. Mary's Church, Earl Soham - 7pm

The Parochial Church Council (PCC) is the governing body of a church, overseeing the church resources, assets, and buildings, with responsibility for ensuring compliance with policies such as health and safety, and safeguarding. The PCC also collaborates with the Rector and Ministry Team in discerning and promoting the mission and ministry of the church.

The PCC is required to hold an APCM at which reports are shared, accounts approved, new members and officers are elected and questions may be asked about any area of the church's ministry. Anyone may attend the annual meeting and raise questions; only those on the electoral roll may vote in any formal resolutions that might be made.

If you would like to become more involved in your local church, please contact Revd Gary, revgarybest@gmail.com; 01728 685 550.