MID-LOES BENEFICE MAGAZINE Ashfield-cum-Thorpe, Charsfield with Debach, Cretingham, Dallinghoo, Earl Soham, Hoo, Letheringham, Monewden

March 2023



Benefice Communion Service 10am Sunday 5th March St. Mary's Church, Monewden

WHO'S WHO IN THE BENEFICE

Priest-in-Charge	Revd Gary Best, The Rectory, Earl Soham (Day off Friday) Email: revgarybest@gmail.com	01728 685550 07493 072 695		
Curate	Revd Kathleen Martin, Firs Farm, Monewden Email: rev.kay@yahoo.com	01473 737285 07928 799 416		
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Secretary Treasurer	Robert Grimsey, as above Robert Grimsey, as above			
	CHARSFIELD			
Churchwardens	Linda Stratton Mike Bamford	01473 737771		
Secretary Treasurer	Beverley Gugenheim, The Cottage, The Street, Charsfield Email: bev@gugenheim.net Ros Wilson, Buttons Farmhouse, Monewden Road, Charsfield. Email: arw@headstart.it	01473 737667		
	CRETINGHAM			
Churchwardens	Alister Gourlay, Tubric Cottage, Cretingham Mrs. Heather Runacres, Dove Farm Cotts. Cretingham	01728 685 335 01728 685736		
Secretary Treasurer	Alister Gourlay, Tubric Cottage, Cretingham	01728 685 335		
DALLINGHOO				
Churchwardens "	Mrs. Charlotte Sullivan, email : charlottesullivan87@yahoo.com	07967743006		
Secretary Treasurer	Tina Love, 2 Blacksmiths Cottages, Dallinghoo Ros Bayley, ros.bayley@googlemail.com	01473 737653		

Who's Who continues on the inside back cover

The Deadline for contributions to the APRIL/MAY 2023 edition is SUNDAY 19th MARCH

MID LOES BENEFICE Ashfield-cum-Thorpe, Charsfield with Debach Cretingham, Dallinghoo, Earl Soham, Hoo, Letheringham and Monewden

March 2023

From The Rectory...

To give or not to give...

As you read this editorial, the season of Lent is already under way, but what is Lent and how does it, or can it, affect our daily lives?

Lent is the six-week period leading up to Easter and is one of the most important times of year for many Christians around the world, and this will be no different here in Mid-Loes.

Lent is traditionally seen as a time of solemn observance and preparation for the celebration of the death and resurrection of Jesus Christ at Easter. From its start on Ash Wednesday, until its conclusion on Easter Sunday, the 40 days of Lent is a traditional time for fasting or abstinence, chocolate and alcohol being the most favoured to abstain from. But I have often been challenged about why it needs to be about abstinence. What about giving? Rather than give something up for Lent, how about giving something for Lent?

1

Whilst I understand the theology of Lent, the understanding of Jesus' time in the wilderness, the preparation of ourselves for the passion of Christ and his resurrection, I am challenged as to why it must always be about personal abstinence. How would it feel if we gave something to others? How would it feel to contribute to society in a way that might feel uncomfortable to ourselves? How would it feel if we stepped out of our comfort zone and gave some time to a charity that we might have supported financially but have no direct experience? How would it feel to knock on a neighbours' door to say hello, despite having nodded your head to them in passing for a few years, but have no idea who they are? How would it feel if you made a conscious decision during Lent to make contact with a member of your own family who you may have had differences in the past, but perhaps now is the time to pick up the phone or write a letter and simply say 'hello' or, dare I say it, 'sorry'?

Lent offers the opportunity to reflect on our own lives and what good we can do with it.

Whatever you choose to do, may Lent be a time of reflection for you all.

Love and Blessings, Revd Gary Best

2

PRAYER FOR HEALING

A small group meets every month and if you would like prayer for yourself or someone close who is ill or in any kind of need please get in touch with any of the following:

> Kathleen Martin - 01473 737 285 Pauline Cobley - 01473 737 317 Margaret Salter - 01473 737 182 Mary Vellacott - 01728 685423

Lent Lunches

March 1st and 15th, taking place from 12noon at Firs Farm, Monewden.

A reflective service, with a simple lunch and with Holy Communion, to which all are welcome. If you know you are coming, please could you let Revd Kathleen know in order to help with the planning. b.a.martin@btconnect.com; 01473 737 285

Benefice Choir

Thank you to all who were present at the choir's first service, which took place at Charsfield on February 5th.

The response from everyone who attended the service

was very positive and, there is no doubt, that the choir brought something very special to the service itself.

The next service where the choir will be present, is being held at:

St. Mary's Church, Monewden

Sunday 5th March — Choir present from 9am

If you would like more information, please contact Revd Gary Best or David Irlande.

Revd Gary Best - revgarybest@gmail.com; 01728 685 550 **David Irlande** - davidirlande@gmail.com; 07931 594 325

Rota for the Altar and Roll of Honour Flowers and Brasses — St. Mary's		
APRIL 8th-30th only Mrs Lebus		
May	Mrs Stott	
Any Problems Ring Denise —685234		

March Services at St. Mary's 12th March - Holy Communion - 10am 19th March - All-Age Service - 10am 26th March - Morning Prayer - 10am

APCM

This year's Annual Parochial Church Meeting takes place at St. Mary's Church on Monday 16th May, 7.30pm.



EARL SOHAM BOWLS CLUB Earl Soham Bowls Club members play every Saturday afternoon from 22 April until 23 September 2023 at the bowling green (opposite John Hutton Butchers) at 2.30pm. We are looking for new members to join. No previous experience necessary so, if you

would like to come along one Saturday afternoon and have a go, you would be most welcome.

If you have any further questions, please contact:

Martin Dorey (Club Secretary) on telephone: 01728 684880, or email: <u>martin.dorey58@btinternet.com</u>

EARL SOHAM NOTES

EARL SOHAM WI

Is a friendly group with around 50 members, holding interesting, informative, and entertaining meetings normally on the 4th Thursday of each month at 7pm.



Our next meeting is on **Thursday 23rd March** in Brandeston village hall at 7.00pm.

Musical entertainment will be provided by Fever Pitch

Visitors and new members are always welcome at our meetings. So why not come along and give us a try.

For more information and to contact Earl Soham WI please find us at <u>www.sefwi.org.uk</u> or contact Eleri Whitham - 01728 628614.

BENEFICE MAGAZINE EDITOR

The Benefice Magazine is seeking a new Editor to manage the editorial content and layout of this magazine.
The role of the Editor will involve proof-reading the copy and laying out the pages, as well as having 'artistic licence' to keep the magazine exciting and relevant.
A good understanding of Microsoft Word, Excel and Publisher would be an advantage.
If you wish to have a further conversation, please contact

Revd Gary Best: 01728 685 550

revgarybest@gmail.com

Flower and Cleaning Rota 2023			
Altar Flowers Cleaning			
March	Mrs Runacres	Mrs Runacres	
April	Mrs Coe	Mr & Mrs Gourlay	

Church Cleaning Rota (1 hour in the year!)

Thank you to those who got in contact regarding keeping our beautiful church clean for all visitors. I will be in contact shortly to confirm your date! If you haven't signed up yet please just email me a week you would like to drop into church for an hour with a duster and some spray.... just one hour slot on the 2023 calendar! *When we all help each other life is so much better.*

Heather (Churchwarden) heather.runacres@hotmail.co.uk



MOTHERING SUNDAY

Holy Communion Service—Sunday 19th March, at 10am, led by Revd. Kathleen Martin. Please do come and join us.

COFFEE & CHAT

St. Peters Church, Cretingham (heating will be put on early!)



10.30am - 12noon on Monday 13th March

OPEN TO EVERYONE from any village ... just bring yourself for a cup of coffee/tea and biscuit and enjoy the company. <u>We look forward to seeing you</u> xx

Don't miss

A battling good BEETLE DRIVE

Book your places now for a home cooked hot

supper and bar in

Kettleburgh Village Hall.

Saturday 4th March at 7pm



£10 Adults / £5 Children

Rattle those dice - shout BEETLE !

Let Pauline or Heather know if you are coming so we can make sure there is plenty of food to go round.

Pauline 01473 737317 or Heather 07895534702 or email heather.runacres@hotmail.co.uk

SAVE THE DATE

Palm Sunday - 2nd April - Benefice Service

If you are able to undertake the walk, meet at Oak Corner at 9.45am, where there will be a Palm Procession to the church

Easter Stall - Saturday 8th April 10am-12noon

Easter Holy Communion Service - Sunday 9th April, 9.30am

Annual Church Meeting – Sunday 14th May, 11.30am (in Monewden Village Hall after the Church Service).

Patronal Festival in St. Peters Church – 25th June, 3pm, followed by afternoon tea in the churchyard.

DATE	BRASSES ONLY DURING LENT	CLEANING	SIDESPERSON	COFFEE
March 5th		M. Sills		
March 12th	J. Coe		B. Martin	C. Saxby
March 19th		L. Grier		
March 26th	A. Hamilton		D. Grier	L. Grier

READERS FOR MARCH: 5th Benefice Service, Monewden.

26th Communion, Jean, Wendy.

100 CLUB WINNERS: February £25 Eric Branton; £15 Sheila Green. £10 Jo Hubbard.

MARCH BENEFICE SERVICE will be at St. Mary's, Monewden at 10am when Archdeacon Jeanette Gosney will be preaching. After the service there will be a reception in the village hall. Everyone is cordially invited to attend where light refreshments will be served.

Our next **COFFEE MORNING** will be on Saturday, March 18th from 10am onwards. Coffee, tea, breakfast and bacon rolls will be served. Come and join us, this monthly event is now very popular. The 100 Club draw prizes for March will be drawn.

DATE FOR YOUR DIARY

The Benefice Service for March 5th, will be held at St. Mary's, Monewden, where we will be delighted to welcome Archdeacon Jeanette Gosney, who will preside and preach at one of her last parish services before retiring in April.

MONEWDEN NOTES

EASTER SERVICES (Please make a note of dates and times)

Good FridayHour at the Cross 2pmEaster Saturday11.45pmEaster Sunday11am

PCC MEETING: The next meeting of the PCC will be on Tuesday, April 4th, 7.30pm at Firs Farm.

Contributions to the Magazine

Please note that any contributions to the magazine need to be sent to the following e-mail address: **midloesmagazine@gmail.com**

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DALLINGHOO NOTES



Please join us for

Coffee & Chat

on Saturday 4th March 10am-12noon Held in the Church Vestry

Dallinghoo Hall Village Quiz

Saturday 4th March at 6.45pm

 (In aid of the Village Hall disabled toilet fund) Revetts Sausage Supper and Dessert
 Adults £10 Children under 15 - £5 Raffle (any contributions welcome) Teams of 6 approximately
 To book please contact Pauline on 01473. 737830 or auntiepoohfromdallinghoo@ gmail.com

DATE FOR YOUR DIARY

Saturday 1st April

Please come and join the churchyard working party on Saturday 1st April from 10:00. We will be checking rainwater gutters are clear and continuing to remove elder saplings and brambles.

Dallinghoo Car Boot Sale Village Hall IP13 OJX 10:00-1:00



Set up from 9:30. Pitches 20ft² £10.00

Prior booking & payment essential

Call: 01473 737700

Payment to:

https://www.justgiving.com/campaign/ dallinghoochurch

Tea & coffee

Plant and Cake Sale!

Food Bank

Food can be donated to the Food Bank at a collection point in the porch of Charsfield Church. Currently the Food Bank are requesting Cup a Soup, tinned vegetables, fruit and potatoes, instant mash, instant noodles and microwave puddings/cake. Also, toiletries, toothpaste and toothbrushes.

St. Valentine's Coffee Morning



A St. Valentine's coffee morning was held at Charsfield church to raise funds for a new flagpole. The morning was well attended, and everyone enjoyed the delicious homemade cakes and biscuits. The event raised a very welcome £ 228. Many thanks

to all who attended and gave so generously, as well as those who baked, ran the raffle and helped at the coffee morning.

Percy and Phyllis Bench

A few words of dedication of the bench in memory of Phyllis and Percy Mapperley, were said by Revd Kathleen Martin during the Morning Prayer Service at Charsfield Church. Many memories of both Percy and Phyllis were brought to mind during the service.



The bench is sited outside the entrance of the church, (where Percy was church warden for many years), a welcome spot for people to sit and rest.

Our thanks to Charsfield Parish Council for organising the purchase and siting of the bench.

Trudy and Cynthia (Percy and Phylliss's daughters and Sarah (a family friend) seated on the bench.

CHARSFIELD WITH DEBACH NOTES

Date	Readers	Sides person
March 5th - 10am Benefice Service Holy Communion Monewden	Benefice Holy Communion at Monewden All Welcome	
March 12th	No Service at Charsfield Please check the Church Magazine for details of all Services within the Benefice	
March 19th 6.30pm Evening Prayer	Stephanie Pauline	Pauline
March 26th 10am Holy Communion	Kurt Margaret	Margaret

Flower Rota March 2023

No Flowers during Lent

Cleaning Rota March 2023

March 12th

March 26th

Fran

Stephanie & Margaret



Coffee Morning Hill Farm Friday 12 May 10-12noon

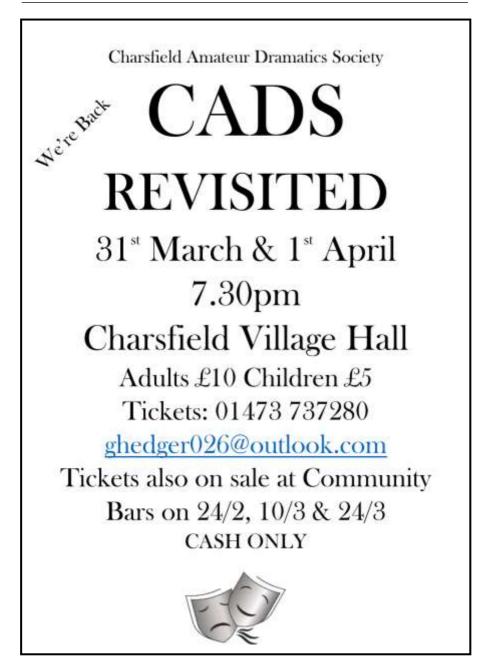
Advance notice of the Hill Farm Coffee Morning

We would be particularly grateful for plants for the plant stall.

Please help if you can and let Margaret know on 01473 737182.

Similarly, if you have books or bric-a-brac, contact Margaret.

We are very happy to collect people if that would help



Charsfield and Dallinghoo Women's Institute

We invite you to join us or visit us and enjoy interesting speakers, friendly company and excellent catering!

Our meetings are held at either Dallinghoo village hall (in the summer) or Charsfield

village hall (in the winter) on the second Monday of the month at 7.45pm.

Guests and new members are always welcome - for more information contact the President, Maureen Arbon at **thearbons@btinternet.com** or 01473 737346

We would love to have some new members join us. Give us a try, come along as a guest and see what we're like!

Planned Speakers for the next two months are:

13th Mar CVH 7.45pm Suffolk & Cambridgeshire Blood Runners TBD

Charsfield Baptist Coffee Pot,

held every Tuesday morning **10.30am** - **12noon** in the Chapel Hall. Everyone welcome

INSPIRING WOMEN



The chapel continues to be open for morning prayer, but currently only **Tuesday** - **Friday**, **10** - **10.30am**.

Our March **Sing-along Supper** will be held on **Friday March 3rd at 6.30pm**. All welcome. No tickets required.

Join us for **Sunday worship at 11 am** each week in the Chapel Hall. We also meet for **prayer and Bible study** once a fortnight, in homes. For more details about this, please contact John Green 01473 737861.



PARISH COUNCIL.

The next scheduled meeting of the Parish Council will take place on Monday 13th March in the Village Hall at 7.30pm. As always parishioners are welcome to attend the meetings and matters of concern may be raised during the 'Public Forum' at the start of the meeting. If these are something we can resolve there and then we will otherwise the matter will be put on the agenda of the next available meeting.

In 2023 we as Councillors come to the end of a four year term of office. Everyone has to seek nomination to stand for a further term. In the event that there are more than seven valid nominations then a contested election will be held on Thursday 4th May. ROBERT GRIMSEY.

ST MARY'S CHURCH.

At a recent meeting of the PCC [Parochial Church Council] dates were fixed for a number of social events to take place during 2023. The first two of these are;

Beetle Drive; Saturday 11th March, 7pm for 7.30pm in the village hall. Soup and Puddings along with 12 rounds of 'Beetle'. We are repeating this following the tremendous success of a similar event last autumn! Details from Jane Davidson 01728 685332.

On Saturday 13th May we welcome the **Pastoral Quire** to St Mary's. More details in the April Magazine.

In addition to these, later in the year we are planning some Summer Concerts, a Harvest Supper and as yet to be confirmed social event in November.

Please speak to either Jane or Robert if you need more information on any of the above. Obviously these events take a lot of time and effort to put on, if you would be able to help in any way to make these happen please speak to either of us or Revd Gary.

Growing in God

Last November, a launch service was held of a new initiative, Growing in God, which was held at St. Mary's Church, Dallinghoo, attended by more than 40 people, for which I was very grateful.

Growing in God is an initiative that will help form a 5-year plan for the benefice, along with a focus on individual parishes.

As a starting point, we have four areas from which to consider your church today and what it might look like in 5 years time, with a view to choosing 3-5 main priorities for ministry and mission within the benefice:

Growing in Depth -	to deepen our awareness of God with us through prayer and worship.
Growing in Influence -	to participate in God's loving movement towards the world in partnership with other denominations and people of good will.
Growing in Number -	to witness to the person and way of Jesus Christ, in word and worship, in service and in daily life.
Growing Younger -	to engage all generations, allowing them to shape church and investing in them in the present and for the future.

In order to choose 3-5 main priorities, there are three simple steps to creating a Plan for Growth.

Your church will listen, will choose, will plan.

You will have an opportunity to share your thoughts on your church and how you see its role today and for the future. You will have a chance to consider your own faith and how the church might be able to journey alongside you, whatever stage you might be, whether someone searching and exploring, or someone who already has a deep faith, but looking at exploring your faith in a deeper way. Wherever you are in your faith journey, you will have a chance to share your thoughts at a Listening Event, detailed below. Each event is designed for you to come along and share your thoughts on your church today and what you think it will look like in 5 years time.

Listening Events across the Benefice

These are casual drop-in events, with refreshments also being served.

Saturday 4th March - Earl Soham Village Hall

10am - **12noon** St. Mary's, Earl Soham.

Saturday 11th March - Charsfield Village Hall 10am - 12noon

St. Peter's, Charsfield; St. Mary's, Letheringham.





Mothering Sunday - 19th March



Mothering Sunday is a day of mixed emotions. For many it's a happy, joyous day, but for others it's one of pain and grief. A day to celebrate love, while acknowledging those who cannot have children or have lost them and those who have no relationship with their mother.

In the dying moments of His life, Jesus honored Mary His mother by showing her love and care. He entrusted His mother to John's protection:

'When Jesus saw His mother there, and the disciple whom He loved standing nearby, He said to her, 'Woman, here is your son,' and to the disciple, 'Here is your mother.' From that time on, this disciple took her into his home.' (John 19:26,27). While affirming the importance of mothers, Jesus reminds us that the love we show on Mothering Sunday is just a token of our continuous appreciation of them.

Jesus also creates a new way of being family, marking the beginnings of the church. In the past, people would go back to their 'mother' church on this Sunday, to acknowledge its importance in their lives. Jesus invites us into this new family of love and mutual belonging, where we can find a place, irrespective of our own family circumstances.

Church is not always an easy place to be, because we are shaped by our own experience of mothering. We may find it hard to give or receive love without ourselves getting in the way. However, God's help is available to change things, *'because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.'* (Romans 5:5)

Time to get walking again!

With Spring on its way we start to think about getting out to walk in



the beautiful English countryside again, but where to find new and interesting walks?

Walking in Suffolk <u>https://</u> <u>www.walkinginengland.co.uk/suffolk</u> has loads of walks to download and print, free, it also has books of walks, details of all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the

information is there in one place.

John Harris (who maintains the website) said 'There is so much walking information on the web but it is difficult to find. Walking in Suffolk (part of the Walking in England website) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So home or away, check out the websites and get walking!

<u>Lent Lunches</u> March 1st and 15th, taking place from 12noon at Firs Farm, Monewden.

A reflective service, with a simple lunch and with Holy Communion, to which all are welcome. If you know you are coming, please could you let Revd Kathleen know in order to help with the planning b.a.martin@btconnect.com; 01473 737 285

Easter Services across the Benefice

Palm Sunday - Benefice Service

Sunday 2nd April - St. Peter's Church, Cretingham

(if you are able to undertake the walk, meet at Oak Corner at 9.45am, where there will be a Palm Procession to the church)

Maundy Thursday - April 6th

St. Peter's, Cretingham - Stripping of the Altar - 7pm

Good Friday - Friday 7th April

St. Mary's, Ashfield - Service of Reflection - 10am St. Mary's, Earl Soham - Walk of Witness - 9.45am (If you are able to undertake the walk, meet at the Village Green,

where there will be a walk to the church)

St. Mary's, Monewden - Hour at the Cross - 2pm (A service of music and reflection)

Easter Sunday

Holy Communion at all Easter Day Services, to which all are welcome.

St. Mary's, Ashfield - 8.30am

St. Peter's, Charsfield - 9.30am

St. Peter's, Cretingham - 9.30am

St. Mary's, Dallinghoo - 11am

St. Mary's, Earl Soham - 11am

St. Andrew and St. Eustachius, Hoo - 8.30am

St. Mary's, Letheringham - 9.30am

St. Mary's, Monewden - 11am

Services for March 2023

	March 5th	March 12th	March 19th	March 26th
Church	2nd of Lent	3rd of Lent	4th of Lent	5th of Lent
	Purple	Purple	Mothering Sunday Purple	Purple
Ashfield		4pm Evening Prayer KM	8.30am Holy Communion GB	x
Charsfield		x	6.30pm Evening Prayer GB	10am Holy Communion GB
Cretingham		10am Morning Prayer KM	10am Holy Communion KM	x
Dallinghoo		6.30pm Holy Communion GB	10am All-Age Service APW	x
Earl Soham		10am Holy Communion GB	10am All-Age Service JR	10am Morning Prayer MV
Hoo		8.30am Holy Communion GB	x	8.30am Morning Prayer KM
Letheringham		x	10am Mothering Sunday GB	x
Monewden	10am Benefice Service Holy Communion GB	10am All-Age Service JR	x	10am Holy Communion KM

Key to Service Leader: GB = Revd Gary Best; KM = Revd Kathleen Martin;

WG = Revd Wendy Gourlay; JR = Jo Reed, Lay Elder;

APW = Amber Pearce Williams, Lay Elder; CW = Churchwarden.

Bible Readings for March 2023

Date	Readings	Psalm
March 5th	Romans 4: 1-5, 13-17	121
	John 3: 1-7	
March 12th	Romans 5: 1-11	95
	John 4: 5-42	
March 19th	Colossians 3: 12-17	34: 11-20
	Luke 2: 33-35	
March 26th	Romans 8: 6-11	130
	John 11: 1-45	

Please note that the next issue of the magazine will be a double issue, April-May.

The deadline for contributions to the APRIL/MAY 2023 edition is SUNDAY 19th MARCH

Anything sent after this date will not be included.

E-mail: midloesmagazine@gmail.com

BENEFICE MAGAZINE EDITOR

The Benefice Magazine is seeking a new Editor to manage the editorial content and layout of this magazine. The role of the Editor will involve proof-reading the copy and laying out the pages, as well as having 'artistic licence' to keep the magazine exciting and relevant. A good understanding of Microsoft Word, Excel and Publisher would be an advantage. If you wish to have a further conversation, please contact Revd Gary Best:

01728 685 550 revgarybest@gmail.com

Framlingham Medical Practice

Update as at 13 February 2023

Staff

During January 2023 we said a goodbye to 2 Care Navigators. We wish then all the best for the future.

In February 2023 we welcomed our relief Care Navigator Rachel. She has worked previously in a GP practice and is supporting the team whilst the practice advertises and appoints 2 new care navigators.

Reception

We are in the process of recruiting 2 Care Navigators to join our team. We understand the loss of 2 care navigators has had an impact on our patient facing service and are working hard to answer the telephones to book appointments and handle queries. We ask for your patience during this time.

On The Day Team

The practices On the Day team is staffed by highly qualified Nurse Practitioners and Paramedics. Their primary role is to see patients with acute illness ie sore throat, chest infection, ear ache etc. Our paramedic also undertakes home visits for our housebound patients. Our On the Day team is overseen by a GP who will provide advice and guidance if required. We are in the process of expanding the team to provide more On the Day appointments with the addition of a Paramedic who is due to start in April 2023

Physiotherapist

The practice has a Physiotherapist who provides initial assessment for patients with Musculoskeletal problems ie Hip, Knee, Back, Shoulder pain etc. Our care navigators can book patients directly into the physiotherapy clinic which will either be a face to face or telephone appointment. If the physiotherapist, after assessment, believes the patient needs a referral to a specialist they will ask the doctor to refer the patient.

Covid and Flu vaccinations

Free Covid vaccines for the under 50 year old group ceased on 12th February 2023. If you are over the age of 50 years old and still want a Covid Vaccination you can contact GOV.UK or 119 to book an appointment.

If you haven't had a flu vaccination and are in one of the following eligible categories

2 – 3 Year old child (Nasal Flu)

65 years and over

16-64 years old with a long term health condition

50-64 with no underlying health conditions

and would like a flu vaccination, please ring the medical practice and book an appointment.

The flu vaccination programme finishes on 31st March 2023 and will restart late September/early October 2023.

Patient Participation Group

We had a very productive Patient Participation Group meeting on 2nd February 2023. We would still like more members. We are looking for patients from all age groups which will give a good range of voices to represent our patient demographic.

You can take part in one or all three parts of the Patient Participation Group.

- Answer surveys and give opinions regarding practice services via the telephone
- Answer surveys and give opinions regarding practice services via questionnaire
- Attend the Practice Participation Group

The Practice will ask for feedback on new and innovative ways of working.

If you would like to support the practice by either completing surveys by email or phone or by becoming a member of the steering group and attending a quarterly meeting please contact the practice by emailing <u>sneeicb-ies.framlingham-medical-practice@nhs.net</u>

OUR READERS ARE PLEASED TO HAVE LOCAL BUSINESSESS TO CONTACT WHEN THEY NEED PROFESSIONAL SERVICES.

If you would like to advertise in this magazine's **Directory of Local Businesses** please contact Mrs. Caroline Saxby, our advertising Manager who will be pleased to give you full details. Get in touch with her by phoning 01473 277146 or e-mailing: saxbies@hotmail.com

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BENEFICE MAGAZINE EDITOR

The Benefice Magazine is seeking a new Editor to manage the editorial content and layout of this magazine. The role of the Editor will involve proof-reading the copy and laying out the pages, as well as having 'artistic licence' to keep the magazine exciting and relevant. A good understanding of Microsoft Word, Excel and Publisher would be an advantage. If you wish to have a further conversation, please contact Revd Gary Best:

01728 685 550 revgarybest@gmail.com

Contributions to the Magazine

Please note that any contributions to the magazine need to be sent to the following e-mail address:

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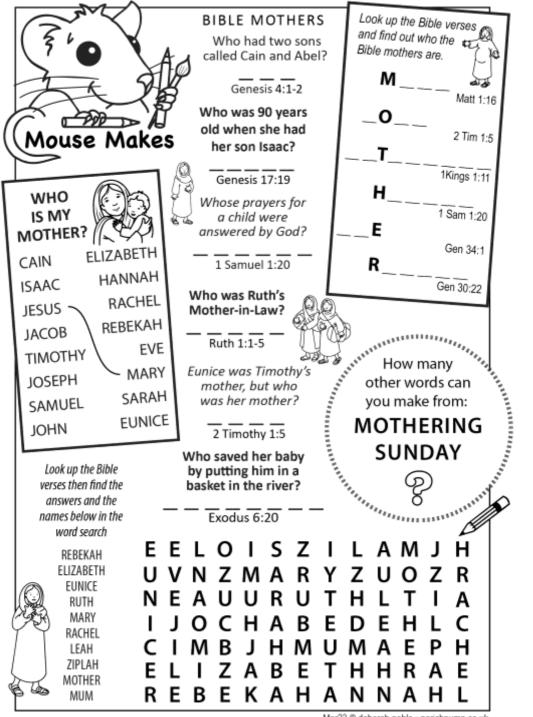
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	USEFUL CONTACTS		
Clerks to Parish Councils			
Ashfield	Mrs Sarah Clare E-mail: actpc.clerk@gmail.com Tel: 01449 781671		
Charsfield	Pamela Hembra E-mail: charsfieldparishcouncil@gmail.com Tel: 01473 737655		
Cretingham	Acting Clerk : Caroline Saxby E-mail: cmhparishcouncil@gmail.com Tel:		
Dallinghoo	Chris Ling E-mail: Dallinghoo.parish@outlook.com Tel: 07963305205		
Earl Soham	Guy Harvey E-mail: espcclerk@gmail.com Tel: 01728 685729		
Ноо	Caroline Saxby (see Cretingham above)		
Letheringham	David Allan E-mail: letheringham@btinternet.com 07411 277784		
Monewden	Caroline Saxby (see Cretingham above)		
Village Ha	all/Community Centre Booking Secretaries:		
Ashfield	Geoff Henney Tel: 07507 040041 Email: sueandgeoffhenney@hotmail.co.uk		
Charsfield	Website: www.charsfieldvillagehall.org.uk Email: enquiries@charsfieldvillagehall.org.uk Or <i>Tel:</i> 07935 445193		
Dallinghoo	Mr Chris Pennington Tel: 01473 737 836		
Earl Soham	Lorna Perkins Tel: 01728 684827 Email: esvhbookings@gmail.com		
Monewden	Sian Kingston Tel: 07887606717 Email: sian@rskingston.com		

Village Organisations			
ASHFIELD	Community Council	Ms Sam Thomas	07985 807683
u	Ladies Group	Mrs Susan Hansen	01728 685 738
CHARSFIELD	CEVC Primary School	Mr Mark Taylor	01473 737 347
u	WI Secretary	Mrs Rosalin Baley	01473 737171
u	Rec. Ground Com	Mrs Jan Pedgrift	01473 737 701
u	Tennis Club	charsfieldrgtennis@yahoo.c	om
u	Flower Show Secretary	Mrs Pip Smith	01473 277166
"	Village Hall	Pam Hembra committee@charsfieldvillag	gehall.org.uk
CRETINGHAM	100 Club	Mr Alister Gourlay	01728 685 335
DALLINGHOO	Rec. Ground Com.	Mr Derek Spall	01473 737 565
u	Carpet Bowls Club	Mr Cliff Green	01473 737 421
u	Village Hall Com.	Mr Derek Spall	01473 737 565
EARL SOHAM	FO St. Mary's	Mr John Stott	01728 861 340
u	Primary School	Mrs Jen Carlyle	01728 685 359
u			
u	WI Secretary	Mrs Daphne Dale	01728 621 292
u	Village Hall Com.	Lorna McCurrach	01394 388807
u	100 Club	Christopher Pratt	01728 685 745
u	Tennis Club	Mrs Mary Patterson	01728 685 362
u	Bowls Club	Martin Dorey	01728 684880
u	Scouts/Cubs/Beavers	Mrs J. Lovett	01728 723 712
u	Carpet Bowls Club	Chris Pratt	01728 685745
	Allotment/Gardeners Association	Mrs Mavis Kerridge Mr. John Stark	01728 685 700 01728 684 385



WHO'S WHO IN THE BENEFICE (Continued from inside front cover)

EARL SOHAM

Churchwardens	Dr. John Elmore, Hill Farm, Earl Soham	01728 685 814
Secretary Treasurer	Mrs. Mavis Kerridge, The Malt House, Earl Soham Christopher Pratt, Waters Edge, Low Road, E. Soham	01728 685 700 01728 685 745
	НОО	
Churchwardens	Vacancy	
Secretary Treasurer	Mr.Trevor Branton, The Poplars, Pound Hill, Dallinghoo Mr Francis Whitbread Archers Keep Butts Ln Deben- ham fwhitbread57@gmail.com	01473 737 246 07788 563827
	LETHERINGHAM	
Churchwardens	Vacancy	
Secretary Treasurer	Terence Carlin. Email terence.carlin@btinternet.com	01728 746480
	MONEWDEN	
Churchwardens " Secretary Treasurer	David Grier, Northgates, Monewden Mr Brian Martin, Firs Farm, Monewden Mrs. Caroline Saxby, Maple Ho, Rookery Rd. Mon'den David & Lesley Grier, Northgates, Monewden	01473 737 298 01473 737 285 01473 277 146 01473 737 298
	CHARSFIELD BAPTIST CHAPEL	
Leader/ Evangelist Secretary/ Treasurer Deacon	John Green, The Manse, The Street, Charsfield	01473 737861
	Mary Rowe, 15 Broad Road, Wickham Market	O1728 582243
	Philip Read, 2, Owners Cottages, Hall Road, Charsfield	01473 737372

In order to keep this information up to date please inform the Editor of changes as they occur. midloesmagazine@gmail.com

The Deadline for contributions to the APRIL/MAY 2023 edition is SUNDAY 19th MARCH

Listening Events across the Benefice

Would you like an opportunity to share your thoughts on your church and how you see its role today and for the future?

Would you like a chance to consider your own faith and how the church might be able to journey alongside you?

Whether a regular church-goer or not, and wherever you are in your faith journey, you have a chance to share your thoughts at a series of Listening Events taking place around the benefice, to which you are invited to come along, adults and children alike. Further information from Revd Gary Best—01728 685 550; revgarybest@gmail.com.

The morning is an informal drop-in format, with refreshments also available.

Saturday 4th March - Earl Soham Village Hall 10am - 12noon St. Mary's, Earl Soham.

Saturday 11th March - Charsfield Village Hall 10am - 12noon

St. Peter's, Charsfield; St. Mary's, Letheringham.

Please note that the next issue of the magazine will be a double issue, April-May.

The deadline for contributions to the APRIL/MAY 2023 edition is SUNDAY 19th MARCH

Anything sent after this date will not be included. E-mail: midloesmagazine@gmail.com