MID-LOES BENEFICE MAGAZINE

Ashfield-cum-Thorpe, Charsfield with Debach, Cretingham, Dallinghoo, Earl Soham, Hoo, Letheringham, Monewden

August 2025



Benefice Holy Communion Letheringham - 10am Sunday 3rd August

All Welcome

WHO'S WHO IN THE BENEFICE

| · · | | | | |
|------------------|--|---------------|--|--|
| Rector | Revd Gary Best, The Rectory, Earl Soham (Day off Friday) | 01728 685550 | | |
| | Email: midloesoffice@gmail.com | 07493 072 695 | | |
| Assistant Priest | Revd Kathleen Martin, Firs Farm, Monewden | 01473 737285 | | |
| | Email: rev.kay@yahoo.com | 07928 799 416 | | |
| Lay Elders | Mrs. Mary Vellacott, Stretham House, Earl Soham | 01728 685 423 | | |
| | Miss Amber Pearce-Wright | | | |
| Mag. Editor | Revd Gary Best, E-Mail: midloesmagazine@gmail.com | 01728 685550 | | |
| | ASHFIELD | | | |
| Churchwardens | Robert Grimsey | 01728 685 203 | | |
| | email: robertgrimseyactpc@gmail.com | | | |
| Secretary | Robert Grimsey, as above | | | |
| Treasurer | Robert Grimsey, as above | | | |
| | CHARSFIELD | | | |
| Churchwardens | Linda Stratton | 07760 220970 | | |
| | email: linda.e.stratton@gmail.com | | | |
| | Mike Bamford | 07899 696606 | | |
| Secretary | Beverley Gugenheim, The Cottage, The Street, Charsfield email: bev@gugenheim.net | | | |
| Treasurer | Garry Stratton email: g.d.stratton@outlook.com | | | |
| | CRETINGHAM | | | |
| Churchwardens | Alister Gourlay, Tubric Cottage, Cretingham | 01728 685 335 | | |
| | Jonathan Lettin, Moat Farm, Cretingham | 07896 251 569 | | |
| Treasurer | Alister Gourlay, Tubric Cottage, Cretingham | 07799 588 106 | | |
| DALLINGHOO | | | | |
| Churchwardens | Mrs. Charlotte Sullivan | 07967 743006 | | |
| | email: charlottesullivan87@yahoo.com | | | |
| Secretary | Tina Love, 2 Blacksmiths Cottages, Dallinghoo | 01473 737653 | | |
| | | | | |

Who's Who continues on the inside back cover

Ros Bayley, ros.bayley@googlemail.com

Treasurer

The Deadline for contributions panel SEPTEMBER 2025 ISSUE is Sunday 17th August

MID LOES BENEFICE

Ashfield-cum-Thorpe, Charsfield with Debach, Cretingham, Dallinghoo, Earl Soham, Hoo, Letheringham and Monewden

AUGUST 2025

From The Rectory...

THANK YOU. THANK YOU. THANK YOU...to every single person who was either able to make a donation, or was able to join Sarah and myself for the Garden Party where we celebrated Sarah's 50th birthday, but more importantly, raised £3,393 for Dementia UK, with monies still being collected through the Just Giving page.

Of course, the day would not have been possible without the help of many in planning and organising, and giving up their time for the day. You know who you are, and you have our heart-felt thanks for all that you did to make it such a special occasion.

Dementia UK was chosen because of a very personal connection to Sarah, and using her 50th birthday as an opportunity to focus on this increasingly important charity, one that sadly, touches more and more of our lives. For those not able to attend the party, here are the words that I shared on Sarah's behalf...

'I have asked Rev (as I affectionately call him) to talk on my behalf as I'm terrified of public speaking and he really likes the sound of his own voice!

Thank you so much to you all for coming to help me celebrate a milestone birthday that I am in complete denial about, and for helping to support Dementia UK.

My wonderful Dad, Keith, was diagnosed with Dementia nearly 10 years ago. Dementia has stolen the Dad that I knew and loved so much, not just my Dad, but my walking companion, my voice of reason, my protector, my role model and the man that has always given me unwavering love and support'.

Dementia UK is a specialist nursing charity that provides support and care for the whole family, whose lives are affected through this devastating illness. Their nurses, known as Admiral Nurses, provide free advice, support and understanding to help families care for their loved one. As experts in the condition, their tailored, life-changing support helps families through the fear and confusion of dementia. From sharing practical tips for caring, to offering compassionate emotional support and helping plan for the future, they are there when people impacted by the condition need them most.

Every day, Admiral Nurses help families up and down the country to have the best life possible for as long as possible. Whether it's on their Helpline, through their virtual or face-to-face clinics or in the community, their nurses give families affected by dementia the much-needed space to talk to someone who understands. It's why so many people describe Admiral Nurses as a lifeline.

If you wish to know more about Dementia UK, or would like to make contact with them, please access their website: www.dementiauk.org; or if you are willing and able to make a donation, please go to: https://www.justgiving.com/page/sarah50thbirthday. Equally, if you wish to talk with myself or Sarah on a personal level, please feel free to contact us.

Again, thank you to everyone for making this such a special day.

Love, and Blessings, Revd Gary

September Benefice Service

Sunday 7th September, 10am

Earl Soham



"We've had a tip-off that the sermon is going to over-run again."

BENEFICE HOLY COMMUNION& LIGHT LUNCH

Thursday 14th August at Firs Farm, Monewden

A reflective Holy Communion service followed by a light lunch to which all are welcome.

Please let Revd Kathleen know if you are coming

Please let Revd Kathleen know if you are coming in order to help with planning.

b.a.martin@btconnect.com or 01473 737285

Are you caring for someone with memory loss and/or dementia?

Then we are here to help you.

We provide a carers' café, post-diagnosis support, information, advice, peer support, songs for sharing, transport and much more.

Carers' club and info café on 12 & 26 August, 2-4pm in Dove Cottage, 39 High Street, Debenham IP14 6QN (free!)

Just come along, relax and find a listening ear. (Your loved one will also be most welcome)

Further information: The-debenham-project.org.uk

Contributions to the Magazine

Please note that any contributions to the magazine need to be sent to the

following e-mail address: midloesmagazine@gmail.com

ASHFIELD NOTES

CONCERT - AUGUST 9[™], 7pm

We are pleased to announce that Ruth and Des Hart from Ashfield have agreed to give a concert playing a mix of 'lively folk music from the UK and beyond'. See enclosed flyer for full details.

CYCLE RIDE FOR SHCT, 13TH SEPTEMBER 9am to 5pm

Ashfield Church will be open to welcome cyclists for this important event. If you are able to help man the church or would like to ride for us please contact either Jane Davidson or myself.





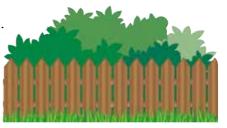
WINDOW CLEANING -THANKS

The church windows have all recently been cleaned inside and out, the transformation is quite amazing! Thank you to those of you who very generously supported this project with donations, these are much appreciated. Thank you.

Robert

HEDGE CUTTING

A gentle reminder to all residents with roadside hedges. All hedges that abut a public road should be maintained so that they are at least 20" [50cm] back from the edge of the tarmac to provide pedestrian refuge. Where visibility for access/egress is



obstructed the overall height of the hedge should not exceed 42" [105cm]. Where an overgrown hedge is endangering motorists and/or pedestrians Suffolk County Council has the power to serve a hedge cutting notice or undertake remedial works and recover the costs from the landowner. I hope that the need for intervention by SCC will not be required in Ashfield!

Robert Grimsey

Thank you Ashfield and the surrounding villages for your support after Stan's death.

Thank you for your flowers, cards and offers of help, and thank many of you for coming to the memorial service.

We are so grateful, and feel so comforted by you all.

Jane Davidson and family



ST MARY'S CHURCH, ASHFIELD PRESENTS A

CONCERT

BY

TANGLETHREAD



[Ruth and Des Hart from Ashfield]
A MIX OF LIVELY FOLK TUNES
FROM THE UK AND BEYOND

SATURDAY 9TH AUGUST AT 7PM IN THE CHURCH

FOLLOWED BY LIGHT REFRESHMENTS.

TICKETS £10 EACH. PAY ON THE NIGHT PLEASE RESERVE YOUR TICKETS WITH EITHER JANE [01728 685332] OR ROBERT [01728 685203] BY WEDS 6TH AUGUST IF POSSIBLE.

IN AID OF CHURCH FUNDS.

CHARSFIELD WITH DEBACH NOTES

| ST. PETER'S CHURCH | CHARSFIELD AUGUST CLEANING ROTA 2025 | |
|--------------------|--------------------------------------|--|
| 9 August | Margaret & Stephanie | |
| 23 August | Lucy | |





Thank you for your help with the flowers. If any of your dates listed below are not convenient, please arrange to swap with someone else on the list. Date Name 2 Aug Joyce Whitley 9 Aug Maureen Arbon 16 Aug Angela Farmer

Angela Farmer

All welcome at Charsfield Village Hall!

30 Aug

Table Tennis Pop Up

Bar

Payment

Friday 1st and 15th August 7pm – 10pm

If you are able to make a one-off donation or set up a regular giving scheme to the church, please scan the QR code to access St. Peter's Church Giving Page.



CHARSFIELD HARVEST SUPPER

Charsfield PCC have been considering reviving the tradition of a Harvest Supper which used to be a popular event in the village. As the church congregation is small, we were hoping to make this a village event, if there is enough interest. Though not many people in the village are actively involved in farming these days, we are all aware of the farmers fields surrounding the



village and the seasonal changes in these field whether through walking, exercising dogs or just driving past.

If anyone would be prepared to help with the organising, preparing and /or catering for a Harvest Supper in Charsfield Village Hall provisionally on Saturday 11 October please contact Linda Stratton (Churchwarden) linda.e.stratton@gmail.com 07760220970.

Charsfield C of E Primary School Aiming high, valuing individuals, celebrating success.

CHARSFILLD CHARSFILLD



- · Small class sizes
- Forest school and swimming lessons
- Affordable wraparound care 8am-5pm
- Close to Wickham Market, Framlingham & Woodbridge
- · Rated 'Good' by Ofsted, 2023
- · Pre-school coming soon
- · High adult to pupil ratio
- · Family feel and supportive staff
- · Inclusive, diverse curriculum

Come and see what a small school can do for your child.

Church Road, Charsfield, Woodbridge IP13 7QB, office@charsfieldprimary.org.uk, 01473 737347

You can now follow the Benefice of Mid-Loes on Facebook or Instagram - beneficeofmidloes Also, keep in touch with the Benefice through: www.mid-loes.com





www.achurchnearyou.com

If you would rather access the Benefice Magazine online through the website, or A Church Near You, rather than receive a printed copy, please let the office know, midloesoffice@gmail.com.

CHARSFIELD WITH DEBACH NOTES continued

CHURCH ROTAS

| Date | Readers | Sides person |
|----------------------------------|---|--------------|
| Aug 3rd 10am | Benefice Holy Communion at Letheringham | |
| Benefice Holy Communion | | |
| Letheringham | All We | lcome |
| Aug 10 th 10am | Readers and | Sidesperson |
| Baptism | to be confirmed | |
| Aug 17 th | No Service at Charsfield. | |
| | Please see the Magazine for details of | |
| | Services elsewhere in the Benefice | |
| Aug 24 th 10am | Lesley | Mike |
| Holy Communion | Mike | |
| Aug 31 st 10am | Sheila | Margaret |
| Morning Prayer | Margaret | |

PRAYER FOR HEALING

A small group meets every month and if you would like prayer for yourself or someone close who is ill or in any kind of need please get in touch with any of the following:

Revd Kathleen Martin 01473 737 285

Margaret Salter 01473 737 182

Mary Vellacott 01728 685423

Revd Wendy Gourlay 01728 685335

Contributions to the Magazine

Please note that any contributions to the magazine need to be sent to the

following e-mail address: midloesmagazine@gmail.com



Cream Teas at Charsfield Church 3-5pm

Sundays:
Aug 17 and Sept 21

Proceeds to Church Funds

CRETINGHAM NOTES

VILLAGE FETE

5th July. MANY THANKS to those who contributed prizes for Christine's marvellous TOMBOLA and to the PRIZE DRAW. Along with the Bookstall and donations they raised a combined £602 for Church Funds.



St Peter's was privileged to host the July Benefice Communion service which celebrated "Marriage". Seven couples with a combined 321 years of marriage renewed their vows in front of a packed congregation of 74 people – Michael & Pamela Pinner (62 years), Robert & Diana Mayhew (63 years), Brian & Kathleen Martin (55 years), Peter & Liz Bridle (51 years), Alister & Wendy Gourlay (50 years), David & Lesley Grier (43 years) and Mark and



Brigit Richardson (1 year). In the afternoon of the 13th a team of Suffolk Bellringers rang a celebratory peal lasting 2 hours and 23 minutes and featuring seven different methods — London; Westminster; Bourne; Beverley; Ipswich; Cambridge; and Norwich.

Saturday 13th September sees the annual **SPONSORED CYCLE RIDE** for the Suffolk Historic Churches Trust when cyclists take to the Suffolk byways to visit as many churches as they can in eight hours whilst being sponsored for their "home" church and the SCHT grants fund.



St Peter's will be open as usual but we depend on the generosity of local folk to be in attendance and log the visiting riders in and out.

IF YOU CAN HELP, for just an hour, between 9am and 5pm, then please contact Alister (685335 or tubric.cottage@gmail.com).

If anyone wishes to ride to support St Peter's – half of the money you raise comes back to us, the other 50% to SCHT funds – then please contact Alister who has sponsor forms and a list of participating churches across the county.



Our annual **HARVEST SUPPER** will be held on Saturday 4th October in Brandeston Village Hall. Please reserve the date in your diaries and be ready to come along and enjoy a scrumptious home-cooked meal, great company and the annual competitions for the Appleby and Tuckwell Cups.i

Friends of St Peter's Cretingham



Raffle

Cost: £15 includes supper & 1 card per round To book your place please contact Katy Shircliff NO LATER than Tuesday 26th August

07813 609772 or email: kshircliff@hotmail.com

Charity No1205705

DALLINGHOO NOTES

DALLINGHOO COFFEE MORNING

Dallinghoo Coffee morning held the first Saturday of the each month. It was lovely to meet Pauline and Juliette as well as our regulars at the July coffee morning.





We look forward to meeting more people at the next coffee morning which will be held on Saturday 2nd August 10.00 - 12.00 in the village hall.

A warm welcome to everyone, if you're popping in for a quick coffee or staying for a while, or just popping in to buy some cakes or to see what books are on sale. We just enjoy meeting you.

There are always Cheese Scones, Lemon Drizzle cake and Fat Rascals on sale (cake donations always welcome).



Dogs are welcome and they have their own little Pooch station, with drink, treats and poop bags

A huge thank you to Linda, Norman, Tina and Angela who always help to run the coffee mornings, it wouldn't be half as great without you.

FLOWERS FOR THE CHURCH

Thank to who has offered some flowers for the church. We will leave a bucket of water in the porch. If you can spare a couple of stems from the garden pop them in the bucket and Linda will work her magic.





Dallinghoo Barbeque



Sunday 7th September 12:00 to 14:00 at Dallinghoo Village Hall



Bring your own drinks

Tickets: Adults - £8; under 12 - £5
Purchase by 30th August by emailing:

dallinghoobbg@gmail.com

[No email? Call Dawn Gill on 01473 737296 to book tickets]

Contributions to the Magazine

Please note that any contributions to the magazine need to be sent to the

following e-mail address: midloesmagazine@gmail.com

You can now follow the Benefice of Mid-Loes on Facebook or Instagram - beneficeofmidloes Also, keep in touch with the Benefice through: www.mid-loes.com





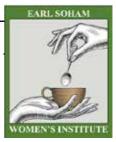
www.achurchnearyou.com

If you would rather access the Benefice Magazine online through the website, or A Church Near You, rather than receive a printed copy, please let the office know, midloesoffice@gmail.com.

EARL SOHAM NOTES

EARL SOHAM WI

A thriving, growing and friendly group. We hold interesting, informative and fun meetings. These are usually on the 4th Thursday of every month at 7.00pm at Brandeston Village Hall. New members from Earl Soham and the surrounding villages/areas are most welcome.



Next meeting:

July 24th – 7.00pm – Garden Meeting (Brandeston Village Hall)

August – There is no formal meeting but outings this month usually include theatre visits to Aldeburgh and Southwold

Find us at www.sefwi.org.uk or contact Eleri Whitham - 01728 628614



ANNUAL TOURNAMENT 2025

Saturday 6th September at 1.00 pm onwards

Spectators most welcome

Play will be continuous throughout the afternoon and tea, biscuits and other refreshments will be available

Sponsored by Longstaff Transport, Walnes Seed and Bruce Hinton (Earl Soham Business Centre).



| F | | |
|-----------|-----------------------------------|--------|
| August | Mrs Patterson | |
| September | Mrs Lancaster & Mrs Gadd | |
| | Any problems Ring Denise - 685234 | NAME : |
| | | 7 |

Contributions to the Magazine

Please note that any contributions to the magazine need to be sent to the

following e-mail address: midloesmagazine@gmail.com

Northern Light Performs Darun to Dusk

Join us for an evening of choral music performed by the choir Northern Light, from The University of Edinburgh.

The evening will include classical, folk and jazz music, from composers such as Parry, Tippet, Byrd and Rheinberger. The concert will be held at St Mary's Church, Earl Soham, with a wine reception during the interval.

ADMISSION ON THE NIGHT.

ALL PROCEEDS IN AID OF MID LOES BENEFICE.

20th September, 7pm

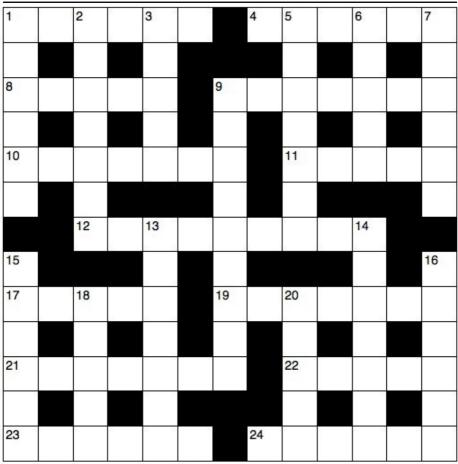
Tickets £10 (On the door)

(Wine included)

St Mary's Church, Earl Soham, IP13 7SE



CROSSWORD ANSWERS ON PAGE 26



Across

- 1 'The people were at his teaching' (Mark 1:22) (6)
- 4 'He saved -; let him save himself' (Luke 23:35) (6)
- 8 He addressed the crowd in Jerusalem on the day of Pentecost (Acts 2:14) (5)
- 9 Father of James and John (Matthew 4:21) (7)
- 10 One who charges another with an offence (Job 31:35) (7)
- 11 '- thy ministers with righteousness' (Book of Common Prayer) (5)
- 12 and 15 Down 'All is God-breathed and is for teaching, rebuking, correcting and training in righteousness' (2 Timothy 3:16) (9,6)
- $17\,{\rm 'No}-$ of the field had yet appeared on the earth and no plant of the field had yet sprung up' (Genesis 2:5) (5)
- 19 Made to feel embarrassed (Isaiah 24:23) (7)
- 21 This man built his house on sand (Matthew 7:26) (7)
- 22 David's hypocritical message to Joab on the death in battle of Uriah: 'Don't let this you' (2 Samuel 11:25) (5)
- 23 Detest (Job 10:1) (6)
- 24 'God made two great lights, the greater light to govern the day and the light to govern the night' (Genesis 1:16) (6)

Down

- 1 To make a serious request (1 Corinthians 1:10) (6)
- 2 Launches an assault against (Genesis 32:8) (7)
- 3 'The wicked man deceptive wages' (Proverbs 11:18) (5)
- 5 Tuba ale (anag.) (7)
- 6 'The day thou gavest, Lord, is ' (5)
- 7 Old Testament measure of weight, equivalent to about 12 grammes (Exodus 30:13) (6)
- 9 Where Elijah restored life to the son of a widow with whom he lodged (1 Kings 17:10) (9)
- 13 Paul said of whatever was to his profit, 'I consider them , that I may gain Christ and be found in him' (Philippians 3:8) (7)
- 14 City visited by Paul, described by the city clerk as 'the guardian of the temple of the great Artemis' (Acts 19:35) (7)
- 15 See 12 Across
- 16 Rioted (anag.) (6)
- 18 She had a surprise when she answered the door and found 8 Across outside (Acts 12:13) (5)
- 20 Maltreat (1 Chronicles 10:4) (5)

August 2025

| Date | Readings | Psalm |
|--|--|-------------|
| August 3 rd Benefice Service | Colossians 3:1-11 Luke 12:13-21 | 107:19 |
| August 10 th | Hebrews 11:13, 8-16 Luke 12:32-40 | 50:17 |
| August 17 th | Hebrews 11:29 - 12:2 Luke 12: 49-56 | 82 |
| August 24 th | Hebrews 12:18end Luke 13:10-17 | 103:18 |
| August 31 st | Hebrews 13:18, 1516 Luke 14:1, 7-14 | 81:1, 10end |

PRAYER FOR HEALING

A small group meets every month and if you would like prayer for yourself or someone close who is ill or in any kind of need please get in touch with any of the following:

Revd Kathleen Martin 01473 737 285

Margaret Salter 01473 737 182

Mary Vellacott 01728 685423

Revd Wendy Gourlay 01728 685335

CHURCH SERVICES

| | August 3 rd | August 10 th | August 17 th | August 24 th | August 31st |
|---------------------------|--|---------------------------------------|---------------------------------------|--------------------------------------|--------------------------------------|
| Church | Trinity 7 Green | Trinity 8 Green | Trinity 9 Green | Trinity 10 Green | Trinity 11 Green |
| Ashfield | | 6.30pm Evening Prayer VB | 8.30am Holy Communion KM | х | Х |
| Charsfield with Debach | | 10am Baptism WG | Х | 10am Holy Communion KM | 10am Morning Prayer KM |
| Cretingham | | 10am Morning Prayer CW | 10am Holy Communion WG | х | 10am Morning Prayer APW |
| Dallinghoo | | Х | 10am All-Age Worship APW | х | 10am Holy Communion WG |
| Earl Soham | | 10am Morning Prayer RG | 10am Holy Communion KM | 10am Morning Prayer WG | х |
| Ноо | | 8.30am Holy Communion KM | х | 8.30am Morning Prayer KM | х |
| Letheringham | 10am Benefice Holy Communion KM & WG | х | х | х | х |
| Monewden | | 10am Holy Communion KM | х | 10am All-Age Worship CW | 6.30pm Evening Prayer KM |

Key to Service Leader:

GB = Revd Gary Best;

KM = Revd Kathleen Martin;

WG = Revd Wendy Gourlay;

APW = Amber Pearce Williams, Lay Elder;

MV = Mary Vellacott, Lay Elder;

CW = Churchwarden;

VB = Veda Berriman, Reader.





The hard core fans were at the back, playing air-organ

HOO NOTES

HOO HALL OPEN GARDEN 2025

The annual Open Garden at Hoo Hall took place on 8 June, and we achieved our best result ever, with over £1,150 being raised. In addition, the concert in the church raised over £700 for Hoo Church Building Trust. We were pleased to see a mix of visitors between regulars and those who came for the first time. The combination of a lovely garden and beautiful music in a perfect country church works very well indeed.

There are a number of thank yous I must make. To Graham Nicholson, for his continued generosity in opening his garden to the public to support Hoo church, and also for organising the concert. To Mark, Graham's gardener, for his hard work in



providing such a special garden, and for all he does to care for the church. To Sonia, Mark's wife, for organising such splendid refreshments, running the kitchen and finding time to run the raffle as well. To John and Evelyn Parkinson, for again allowing us to use their farmyard for parking, and for their help during the afternoon. To my fellow PCC members for their hard work on the afternoon. Finally, to everyone, from Hoo and beyond, who came and supported us



SUFFOLK HISTORIC CHURCHES BIKE RIDE

Our next event will the the annual Suffolk Historic Churches Bike Ride, on Saturday 13 September 2025. If you are a cyclist, and would like to pedal to support Hoo church, I will be leaving a supply of sponsor forms at the church. The event is "Ride and Stride" so if you don't cycle, why not walk instead. The church will be manned during the day, so why not call in and see us.

This is a long standing event that has raised a huge amount of money over the years to support Suffolk churches, and its origins are in Hoo. I was reminded of this when I collected the forms for this year, as Mrs Frances Parkinson of Hoo was one of the main movers in starting it.

Francis Whitbread

TEDDY BEARS ARE GO - 29TH JUNE 2025 AT ST. MARY'S LETHERINGHAM

On a glorious sunny day with a light wind, our third annual

Teddy Bear Drop, was a real hit once again. We were delighted to welcome families from all neighbouring benefices - quite a few who had enjoyed the event on previous occasions. We were also delighted to welcome 5 children (and their families) from Charsfield School Choir who, under the excellent tutelage of Mrs Merry, sang their hearts out with a programme of popular songs and delighted the audience.

The BBQ, Strawberries and Cream and Pimms tent where once again a great success. But the real delight was the 'Teddy Bear Drop' with teddy bears and soft toys belonging to young children and adults alike, enthralling everyone with their brave parachuting from the ancient church tower.

Many thanks to all who supported this happy family/community event, - all proceeds go to St.Mary's restoration fund.

Save the Dates

Sunday 31st August 3pm at St.Mary's Letheringham

Hexachordia Trio Concert Music from the Court of Henry VIII",

We are delighted to welcome back the early music trio 'Hexachordia' (www. hexachordia.com) who will perform a concert entitled

"Music from the Court of Henry VIII", exploring the cultural world of the most famous king in British history. Singing and playing on instruments of the time, including the harp, lute, viol and recorder, the group will explore Henry VIII's reign, taking in his diplomatic triumphs such as the Field of the Cloth of Gold, as well as his loves, in the form of his many wives and his pastimes.

Tickets £15 to include a glass of wine and nibbles

Tickets are on sale now and can be purchased from Janet Ross

Either call on mobile: 07736 120931 or email jeross1@me.com

Or BACs directly: Letheringham Parochial Church Council, Barclays Bank, Account number 90571458 sort code 20.98.07. Please reference Hexachordia concert.

We look forward to welcoming you all.

Saturday 13th December 2025 - 7.30pm at St.Mary's, Letheringham

'Illuminati Choir' Full details to follow.

Future services:

Harvest Festival

Sunday 10th October 2025 10am

Remembrance Service

Sunday 9th November

Christmas Carol Concert

Sunday 21st December 6pm





PAROCHIAL CHURCH OF ST MARY LETHERINGHAM

The 2025 Letheringham Church Electoral Roll

The Church Electoral Roll is updated every six years and if your name appeared on the previous roll of 2019 or you live in the Parish of Letheringham or you have attended public worship in the parish, you may apply to be added to the new Electoral Roll.

Please contact Janet Ross email jeross1@me.com by Sunday 3rd August if you would like to receive an application for enrolment on the Church Electoral Roll of the Parish of Letheringham.

Music from the Court of Henry VIII

Hexachor ia

(hexachordia.com)



Sunday 31st August at 3pm

St Mary's Church, Letheringham IP13 7QY

Tickets £15 to include a glass of wine and nibbles
For Ticket sales Janet Ross mobile: 07736 120931
or email jeross1@me.com

All proceeds, In aid of the Church restoration fund

MONEWDEN NOTES

CHURCH ROTAS

| person | Coffee | |
|-----------|----------|--|
| heringham | | |
| eath | W. Heath | |
| | | |

| Date | Flowers/Brasses | Church Cleaning | Sidesperson | Coffee |
|---------|-----------------|------------------|-----------------|----------|
| Aug. 3 | | Benefice Service | at Letheringham | |
| Aug. 10 | C. Saxby | M. Sills | W. Heath | W. Heath |
| Aug. 17 | | | | |
| Aug 24 | F. Watts | L. Grier | P. Keeble | C. Saxby |
| Aug. 31 | | | | |

CHURCH READERS

Aug. 10 Caroline, Jean.

Aug. 31 James, Wendy





FIRS FARM COMMUNION

This month's service will be on Thursday, August 14th, at 12 noon, and will be taken by Revd. Kathleen Martin.

SATURDAY CAFE

Our next **SATURDAY CAFE** will be on Saturday, August 16th from 10 a.m. onwards. Real coffee, tea, breakfast and bacon rolls will be served. Come and join us, this monthly event is now very popular. The 100 Club draw prizes for August will be drawn at this event.



THE POP UP PUB

THE POP UP PUB which was held on Friday, July 18 at the village hall was a great success. The weather was kind to us so that most of the event was able to be held outdoors. There was a very good attendance, a good number of whom appreciated the excellent barbecue, which complemented the really fine local beer. Final figures are not yet available, but a good profit will have been made.

THE DEBENHAM PROJECT

A Month of Mixed Emotions - Honouring, Celebrating, and Remembering

June has been a month full of emotion — a time of great pride and gratitude, but also of heartfelt sorrow. One of our longest-standing members was honoured in a very special way, we came together for a joyful afternoon of connection and celebration, and sadly, we also said goodbye to a dearly loved friend.

Let me begin by congratulating **Russell Ling**, who has been awarded the **British Empire Medal** for his longstanding service to the Otley community. Russell joined the Debenham Project in its earliest days while caring for his wife, Rita. They were part of our very first Lunch Club in October 2009, and later, the Carers Club. After Rita's passing in 2012, Russell continued to be a part of our family – attending, helping, and contributing to our events and gatherings. His commitment perfectly reflects our ethos: "When you become a member of the Debenham Project family, you always belong."

Congratulations, Russell – you truly deserve this recognition.

Last week, we welcomed familiar faces – past and present – to a warm and lively summer afternoon as part of our **Annual Garden Gathering.** Hosted with great generosity by **Mike and Lyn Rouse**, the day was filled with shared memories, laughter, and a true sense of community. It was a wonderful way to reflect on all that the Project has achieved and to say thank you to everyone who has helped make it possible. The support of our community continues to be the heartbeat of everything we do.

And now, some sad news. **Carole Wood**, one of our earliest and dearest members, has passed away after a long illness. Carole came to us seeking support while caring for her beloved husband Brian. Together, they were a treasured part of our Carers and Lunch Clubs. After Brian's passing in 2014, Carole stayed on as a kind and committed volunteer, giving her time to the Fit Club and Carers Club. She touched so many lives with her warmth and care. We will miss her deeply.

Please join us in remembering Carole at a service of thanksgiving on Thursday, 10th July at 12.00pm at St. Mary's Church.

We are sorry for the mix-up and truly appreciate your understanding as we come together to honour her memory.

LOOKING AHEAD!

Get ready to twist and shout at our sensational 1960's Party — it's time to get your groove on! With the electrifying Elvis Experience featuring the incredible Andy Ottley, this is one throwback bash you won't want to miss. Break out your bell bottoms, slick back that hair, and join us for an afternoon of retro fun, rock 'n' roll, and good vibes. Tickets are available now, and everyone's welcome, so grab your friends and let's party!

With warmest wishes.

Lynden lynden.jackson@the-debenhamproject.org.uk 01728 862003









Crossword Answers

ACROSS:

- 1, Amazed. 4, Others. 8, Peter.
- 9, Zebedee. 10, Accuser.
- 11, Endue. 12, Scripture. 17, Shrub.
- 19, Abashed. 21, Foolish. 22, Upset.
- 23, Loathe. 24, Lesser.

DOWN:

- 1, Appeal. 2, Attacks. 3, Earns.
- 5, Tableau. 6, Ended. 7, Shekel.
- 9, Zarephath. 13, Rubbish.
- 14, Ephesus. 15, Useful.
- 16, Editor. 18, Rhoda. 20, Abuse.

OUR READERS ARE PLEASED TO HAVE LOCAL BUSINESSESS TO CONTACT WHEN THEY NEED PROFESSIONAL SERVICES.

If you would like to advertise in this magazine's **Directory of Local Businesses** please contact Mrs. Caroline Saxby, our advertising Manager who will be pleased to give you full details. Get in touch with her by phoning 01473 277146 or e-mailing: saxbies@hotmail.com

S.G.Parker Painting & Decorating

Interior & Exterior
City & Guilds
Over 30 years experience
Reliable & friendly service
For a free estimate
Please call:
01728685980 or 07572966167





Gull Cottage Cattery

A safe, peaceful and attractive rural retreat, exclusively for cats, where cuddles are guaranteed.

Dallinghoo, Woodbridge, Suffolk IP13 0LT

Contact Lawrence & Juliet Frohn **Tel: 01473 737 450**

E-mail: cats@gullcottagecattery.co.uk www.gullcottagecattery.co.uk

WF BRICKWORK M 07899 696507 E willfrohn@icloud.com @ wfbrickwork BRICKWORK - BLOCKWORK REPOINTING - PATHS LANDSCAPING - PAVING PATIOS - RENDERING



PATIOS

DECKING

FULL LANDSCAPING AND ALL TYPES OF GARDEN WORK FENCING

TURFING

PERGOLAS & PONDS

TEL: 01728746649 MOB: 07879810483









ALL ASPECTS OF INTERIOR & EXTERIOR PAINTING, DECORATING & REPAIR WORK UNDERTAKEN.

FULLY
FULLY
OF TREED

NO OBLIGATION quote on 01728 684383 or 07469 146888 or 07879 226777

or email me on bpsdecorators@gmail.com



For More Advice & Help
Call Christopher:
07772 111 222

www.christopherthelocksmith.co.uk



Jean Powis, registered homeopath.

Minor ailments and full consultations.

From childhood to the golden years.

Find out more at:

www.thehomeopathicgarden.co.uk 01473 737 717

jeanpowishomeopathicgarden@gmail.com

Tree & Garden Care

Local. Qualified. Experienced.

tree pruning • felling • removal garden maintenance • hedge-cutting grass-cutting • mulch supply



100% 5-star reviews

Contact: Justin Smith 07854 792822 info@coastvalley.co.uk www.coastvalley.co.uk



Bicycle Repairs and Renovations

Local collection and delivery service available

Call: 07954 341972



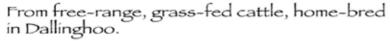
Looking for a garden refresh or makeover, or just a winter garden clearence? Contact usto help bring your ideas to life, from designing and planning through to delivering the best outdoor space to compliment your home!

contact Lee - 07847280267 Ian - 07921977296 or email - info@cretinghamlandscapes.com

or check out our website or facebook page

www.cretinghamlandscapes.com

Brook Farm Beef



Each box to contain roasting joints, a selection of steaks, diced stewing steak and mince.



Price £120 per 10kg box Free local delivery within Mid-Loes benefice.

Please ring Chris on 07979 667247 or email fcgreen@btconnect.com



HOMEOPATHY: Embark on a journey of natural healing, which is gentle and safe to use at all stages of life.

Caroline Smith, Registered Homeopath (LHCEA, RS Hom)
Tel: 07796332459. Email: flowerandfoxnaturalhealing@gmail.com
Website: www.flowerandfoxnaturalhealing.co.uk

Oak Corner Garden Care Alan Sutcliffe Garden Care Qualified lawn specialist with 30yrs as a head greenkeeper All types of garden work undertaken, fully insured, reliable and friendly service.

3 Oak Corner, Cretingham, Woodbridge

Alan.sutcliffe33@gmail.com 07795368768

J. FELTON

- CLEAN & FRIENDLY SERVICE
- FULLY INSURED
- SMOKE TESTS
- INSURANCE CERTIFICATES
- CCTV INSPECTIONS
- COMPETITIVE RATES

PLEASE CALL 01986 799175



REGISTERED MEMBER OF THE INSTITUTE OF CHIMNEY SWEEPS

Graham Fowler Painter & Decorator

For reliable, professional work at very reasonable prices.

All interior and exterior work undertaken. Fully Insured with over 20 years experience.

References available.

Also available for all those small jobs around the house that no one else wants to come out and do.

For a free quote call now on 01728 685 448 07798832636

Yew Tree Court

Framlingham Road, Earl Soham

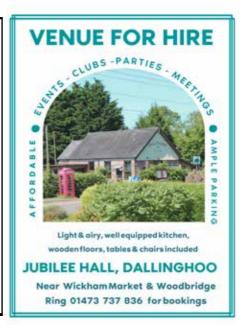
For Sale

Serviced Plots to Build Own
Business Premises
For details contact Bruce Hinton

Tel: 01728 685060

Mobile: 07711 016664

brucehinton@suffolkonline.net



LONGSTAFF TRANSPORT

Ready Mixed Concrete delivered in up to 8m³ loads

REDWOOD, EARL SOHAM, WOODBRIDGE, SUFFOLK, IP13 7RU

Contact our yard on:

07860 274 974

LOCAL WINDOW CLEANER

I am a registered sole trader and have been cleaning windows over 15 years I offer a conscientious service and do insides as well if required. Conservatories and windows above them can be done too.

Feel free to give me a call and arrange a free quote.

call Kevin Saunders on 07549147871

TREES WANTED FOR FIREWOOD

REMOVED PROFESSIONALLY FREE OF CHARGE



ROBERT GRAY 01473 737462 07788267311



Production, Design & Fitting of All Aspects of Joinery & Furniture

Gt. Finborough • Suffolk

07880 776845 mobile mrjoinery@live.com

01449 771338 evening milesrolfejoinery.co.uk

Suffolk Dog Training

· Dog Agility

.Dog & Puppy Training at Crowfield

Affordable Private Lesson's



Kennel Club accredited instructor

Contact: Sue 07971 030960 or 01394 410051www.suffolkdogtraining.co.uk

Optimal Heating

Father & Son Team with over 30 years experience

Specialist Heating Engineers
Oil, Natural Gas & LPG Servicing and Repairs



Tel: 01728 628687 Mobile: 07806 660399



DAVID HANNATT

Home: 01473 333268 Mob: 07899 288546

Email: davidhannatt@gmail.com
PAINTING AND DECORATING
CERAMIC TILES
GENERAL GARDENING
& GRASS CUTTING
FREE ESTIMATES

CARAVAN STORAGE

Telephone Mike Lloyds 07764 515100

LESTER MAYES Peasenhall

Carpet & Upholstery Cleaning

FRIENDLY, LOCAL SERVICE
Carpet & Fabric Protectors
applied

Moth Treatments available

01728 660186 Mobile: 07867 681571

WANTED for CASH

Old postcards of EARL SOHAM

Tel: Norman on 01728 685234



Kindlewood

Tree surgeons.

we also carry out Hedge cutting, Grass cutting, Tractor flail mowing, Log splitting, Timber extraction.

Please contact for a free quote.

NPTC qualified - Fully insured

Please call phil: 077867 34706

lee: 07891 845966

Email: info@kindlewood.biz www.kindlewood.biz



8CW WINDOW CLEANING

For all your window cleaning needs, regular or one-off.

Well established window cleaner who also cleans and clears gutters, fascia's & conservatories.

Simon Burton

www.8CW.co.uk simon@8CW.co.uk 07515 733 600





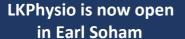
Need help with your PC?

...or your Laptop, iPad, TV... Friendly help, advice and training Hardware & Software Repairs & Upgrades

Phone Chris on 0757 069 5279

Or Email: info@ubestree.co.uk
Web: www.ubestree.co.uk

Debenham and District





LK PHYSIO

Move Better, Feel Better

Shockwave Therapy Acupuncture Massage Kinesio Taping Epley Manoeuvre Rehabilitation (Sports & Post Operative)

07887 613042 www.lkphysio.co.uk

> Units 10 & 11 Yew Tree Court, Earl Scham IP13 7SG



















ACRE BAKERY

Country Sourdough | Malted Tin Loaf | Rye Seeded Loaf | Baguettes | Focaccia Seasonal Sweet Treats + Bakes

Bake Days: Tuesdays + Fridays

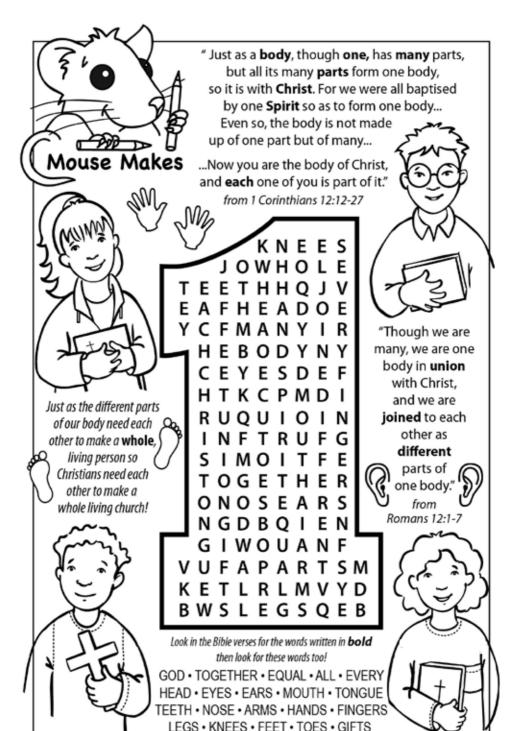
Simply order online and we deliver to your door!

www.acrefarm.org

hello@acrefarm.org | 07585552972

| USEFUL CONTACTS | | | | |
|-----------------|--|--|--|--|
| | Clerks to Parish Councils | | | |
| Ashfield | Mrs Sarah Clare E-mail: actpc.clerk@gmail.com Tel: 01449 781671 | | | |
| Charsfield | Viviane Ward E-mail: charsfieldparishcouncil@gmail.com Tel: 07710 187570 | | | |
| Cretingham | Acting Clerk : Caroline Saxby E-mail: cmhparishcouncil@gmail.com | | | |
| Dallinghoo | Chris Ling E-mail: dallinghoo@outlook.com Tel: 07963305205 | | | |
| Earl Soham | Guy Harvey E-mail: espcclerk@gmail.com Tel: 01728 685729 | | | |
| Ноо | Caroline Saxby (see Cretingham above) | | | |
| Letheringham | Mr Trevor Gill E-mail: letheringhamparishcouncil@gmail.com Website: https://letheringham.onesuffolk.net | | | |
| Monewden | Caroline Saxby (see Cretingham above) | | | |
| Villa | ge Hall/Community Centre Booking Secretaries: | | | |
| Ashfield | Geoff Henney Tel: 07507 040041 Email: sueandgeoffhenney@hotmail.co.uk | | | |
| Charsfield | Website: www.charsfieldvillagehall.org.uk Email: enquiries@charsfieldvillagehall.org.uk Or Tel: 07935 445193 | | | |
| Dallinghoo | Mr Chris Pennington Tel: 01473 737 836 | | | |
| Earl Soham | Village Hall Committee Tel: 07961 606647 Email: esvhbookings@gmail.com Website: earlsohamvillagehall.org | | | |
| Monewden | Sian Kingston Tel: 07887606717 Email: sian@rskingston.com | | | |

| | VILLAGE ORGANISATIONS | | | | |
|------------|------------------------------------|---|---------------|--|--|
| ASHFIELD | Community Council | Ms Sam Thomas | 07985 807683 | | |
| и | Ladies Group | Mrs Susan Hansen | 01728 685 738 | | |
| CHARSFIELD | CEVC Primary School | Mr Mark Taylor | 01473 737 347 | | |
| и | WI Secretary | Mrs Rosalin Baley | 01473 737171 | | |
| и | Rec. Ground Com | charsfieldrc@gmail.com | | | |
| u | Tennis Club | charsfieldrgtennis@yahoo.com | | | |
| и | Flower Show Secretary | Mrs Pip Smith | 01473 277166 | | |
| и | Village Hall | Pam Hembra committee@charsfieldvillagehall. | org.uk | | |
| CRETINGHAM | Friends of St. Peters | Mr Charles Wright | 01728 684 065 | | |
| DALLINGHOO | Rec. Ground Com. | Mr Derek Spall | 01473 737 565 | | |
| и | Carpet Bowls Club | Mr Cliff Green | 01473 737 421 | | |
| и | Village Hall Com. | Mr Derek Spall | 01473 737 565 | | |
| EARL SOHAM | FO St. Mary's | Mr John Stott | 01728 861 340 | | |
| и | Primary School | Mrs Jen Carlyle | 01728 685 359 | | |
| u | WI Secretary | Eleri Whitham | 01728 628614 | | |
| u | Village Hall Secretary | Mrs Susie Starke | 01728 684 385 | | |
| u | 100 Club | Janice Meakin | 07921 263632 | | |
| u | Tennis Club | Mrs Mary Patterson | 01728 685 362 | | |
| u | Bowls Club | Martin Dorey | 01728 684880 | | |
| и | Scouts/Cubs/Beavers | 1dv.group@suffolkscouts.org.uk | 01728 723 712 | | |
| u | Rainbows, Brownies, Guides | Marion Russell | 01728 684840 | | |
| u | Carpet Bowls Club | Chris Pratt | 07395 918937 | | |
| | Allotment/Gardeners Association | Mr Tony Carr | 07717 302214 | | |



WHO'S WHO IN THE BENEFICE (Continued from inside front cover)

EARL SOHAM

| Churchwardens | Dr. John Elmore, Hill Farm, Earl Soham | 01728 685 814 |
|---------------|---|---------------|
| Secretary | Mrs. Mavis Kerridge, The Malt House, Earl Soham | 01728 685 700 |
| Treasurer | Christopher Pratt, 5 Clarke Drive, Framlingham | 07395 918 937 |

| НОО | | | | |
|---|--|------------------------------|--|--|
| Churchwardens | Vacancy | | | |
| Secretary | Mr Trevor Branton, The Poplars, Pound Hill, Dallinghoo | 01473 737 246 | | |
| Treasurer Mr Francis Whitbread, Archers Keep, Butts Lane, Deben Email fwhitbread57@gmail.com | | nham. 07788 563827 | | |
| | LETHERINGHAM | | | |
| Churchwardens | Malcolm Ross, Pips Cottage, Cooks Hill, Letheringham Email malcolmnross@icloud.com | 07720 213472 | | |
| Secretary | Janet Ross, Pips Cottage, Cooks Hill, Letheringham Email jeross1@me.com | 01728 746228 07736 120931 | | |
| Treasurer | Terence Carlin. Email terence.carlin@btinternet.com | 01728 746480 | | |
| MONEWDEN | | | | |

| Churchwardens | David Grier, Northgates, Monewden | 01473 737 298 |
|---------------|--|---------------|
| | Mr Brian Martin, Firs Farm, Monewden | 01473 737 285 |
| Secretary | Mrs. Caroline Saxby, Maple Ho, Rookery Rd. Mon'den | 01473 277 146 |
| Treasurer | David & Lesley Grier, Northgates, Monewden | 01473 737 298 |

In order to keep this information up to date please inform the Editor of changes as they occur. midloesmagazine@gmail.com

> The Deadline for contributions panel **SEPTEMBER 2025** ISSUE is **Sunday 17th August**

Music from the Court of Henry VIII

Hexachor ia

(hexachordia.com)



Sunday 31st August at 3pm

St Mary's Church, Letheringham IP13 7QY

Tickets £15 to include a glass of wine and nibbles
For Ticket sales Janet Ross mobile: 07736 120931
or email jeross1@me.com

All proceeds, In aid of the Church restoration fund